Table 1: Specialty Mental Health and Substance Abuse Providers--Services They Deliver and Populations They Serve

Hospital-Based MHSA Specialty Providers

General Hospitals with Specialty Units

Specialty Hospitals

Treatments delivered:

- Short-term hospitalization for stabilizing patients before transitioning them into less intensive care settings
- Long-term hospitalizations for patients who are a danger to themselves or others
- Long-term hospitalizations for forensic patients referred by the criminal justice system

Populations served:

- Individuals in acute crises that may be an imminent danger to themselves or others
- Individuals who cannot be safely or effectively treated on an outpatient basis
- Individuals eligible for treatment in Department of Veterans Affairs (DVA) hospitals (included with specialty MHSA units in general hospitals)
- Civilly-committed patients and forensic patients referred by the criminal justice system

Office-Based MHSA Specialty Providers

Psychiatrists

Other Professionals

Treatments delivered:

- Behavioral therapy and/or medication management
- Treatment delivered by psychiatrists, psychologists, MH and SA counselors and clinical social workers within the scope of their licenses

Populations served:

• Individuals whose conditions can be treated through outpatient care and who usually have private insurance or Medicaid coverage, or who can pay out of pocket for treatment

Specialty Center-Based MHSA Providers

Specialty MH Centers

Specialty SA Centers

Treatments delivered:

- Individual and group psychotherapy
- Psychosocial rehabilitation
- Pharmacotherapy
- Ambulatory detoxification

- Crisis intervention
- Relapse prevention
- · Recovery coaching
- Care management
- Other specialized treatment to vulnerable populations, including those with co-occurring conditions such as HIV/AIDS

Populations served:

- Homeless, uninsured, or Medicaid enrollees without access to other specialty outpatient treatment
- Persons deinstitutionalized beginning in the early 1970s
- Patients in need of long- or short-term residential care in a structured therapeutic behavioral health care program from a multidisciplinary team of professionals