

TABLE S1. Presentation BMIs in Bulimia Nervosa Clinical Trials^a

Study	Treatment ^b	Baseline Mean BMI (SD)
Agras et al., 2000 (1)	CBT and IPT	23.0 (4.7)
Bailer et al., 2004 (2)	Self-help group CBT group	21.7 (3.1) 20.7 (2.4)
Beumont et al., 1997 (3)	Nutritional counseling and fluoxetine	22 (2)
Bulik et al., 1998 (4)	CBT and exposure	22.4 (2.5)
Carruba et al., 2001 (5)	Moclobemide Placebo	20.35 (0.43) 20.49 (0.41)
Carter et al., 2003 (6)	Self-help	23 (5)
Chen et al., 2003 (7)	Group vs. individual CBT	22.19 (2.81)
Esplen et al., 1998 (8)	Guided imagery Control	21.0 (1.0) 21.3 (1.3)
Fairburn et al., 1991 (9)	CBT, IPT, BT	22.2
Faris et al., 2000 (10)	Ondansetron	21.6 (2.5)
Fichter et al., 1996 (11)	Fluvoxamine Placebo	20.7 (4.0) 19.9 (3.3)
Fluoxetine Group, 1992 (12)	Placebo Fluoxetine, 20 mg/day Fluoxetine, 60 mg/day	22.6 (3.3) 22.7 (4.2) 22.4 (3.2)
Goldbloom et al., 1997 (13)	Fluoxetine and CBT	23 (2.5)
Goldstein et al., 1999 (14)	Fluoxetine 8 week trial Fluoxetine 16 week trial	22 21
Kennedy et al., 1993 (15)	Brofaromine Placebo	26.2 (6.5) 24.2 (4.8)
Laessle et al., 1991 (16)	Stress management Nutritional management	20.6 (1.9) 21.2 (1.8)
Mitchell et al., 2002 (17)	IPT Antidepressants	23.2 (3.7) 21.9 (2.5)
Romano et al., 2002 (18)	Fluoxetine Placebo	22.5 (3.9) 23.0 (3.8)
Safer et al., 2001 (19)	DBT	23.7 (5.6)
Sundgot-Borgen et al., 2002 (20)	Exercise Cognitive Nutrition Waiting list Control	21.0 (2.0) 20.0 (1.9) 21.0 (2.1) 22.0 (2.5) 21.0 (1.9)
Thiels et al., 1998 (21)	CBT Guided self-change	21.1 (3.1) 22.6 (3.9)
Treasure et al., 1999 (22)	CBT MET	26.3 (9.3) 24.0 (6.5)

Walsh et al., 2004 (23)	Guided self-help plus fluoxetine	21.8 (3.4)
	Guided self-help plus placebo	22.8 (4.3)
	Pills only (fluoxetine)	24.3 (5.5)
	Pills only (placebo)	24.0 (3.7)
Walsh et al., 1991 (24)	Placebo	22.0 (2.3)
	Desipramine	22.4 (1.9)
Walsh et al., 1997 (25)	CBT + medication	21.6 (2.2)
	CBT + placebo	22.1 (2.1)
	Supportive psychotherapy + medication	21.7 (2.3)
	Supportive psychotherapy + placebo	21.7 (2.2)
	Medication only	22.3 (2.1)
	Combined	21.9 (2.2)
Wilfley et al., 1993 (26)	Group CBT and IPT	32.8 (5.2)

^a Data presented, when available, for total sample, or by treatment group, or as presented in text. Data from Berkman ND, Bulik CM, Brownley KA, Lohr KN, Sedway JA, Rooks A, Gartlehner G: Management of Eating Disorders (Evidence Report/Technology Assessment No. 135; Prepared by the RTI International-University of North Carolina Evidence-Based Practice Center under contract no. 290-02-0016; AHRQ Publication No. 06-E010). Rockville, MD, Agency for Healthcare Research and Quality, April 2006.

^b CBT=cognitive-behavioral therapy; MET=motivation enhancement therapy; DBT=dialectical behavioral therapy; BT=behavioral therapy; IPT=interpersonal psychotherapy.

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