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The American Journal of Psychiatry Residents' Journal

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AJP in Advance

Discover the latest research advances before they appear in print

Increased Activity or Energy as a Primary Criterion for the Diagnosis of Bipolar Mania in DSM-5: Findings From the STEP-BD Study

Adding increased activity to criterion A for DSM-5 bipolar disorder reduced the prevalence of mania and hypomania and appeared to increase the prevalence of depression with mixed features. The new criterion did not affect global or functional ratings at 1-year follow-up.

Neurometabolic Disorders: Potentially Treatable Abnormalities in Patients With Treatment-Refractory Depression and Suicidal Behavior

CSF metabolite abnormalities were identified in 21 of 33 patients with treatment-refractory depression. Cerebral folate deficiency was found in 12 patients, and treatment with folinic acid led to a significant decrease in mean depression score.



AJP CME

Earn CME credit: 3 courses per issue

This month's courses appear on pages 1253–1256. Each short course is based on one article in this issue and can earn up to 1 *AMA PRA Category 1 Credit™*. CME credit is issued only **online**, and a paid subscription to AJP's CME course program is required.

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AJP Multimedia

Access Audio or Video for highlights of each issue

In AJP Audio this month, Deputy Editor Susan K. Schultz, M.D., discusses combat attachment behaviors in former service members with PTSD, postpartum psychosis, the association between pain and opioid use disorder, work productivity in relation to depression outcome, neural response to rewards as a predictor of depression, and adjustment disorder following trauma exposure.

In this month's video, Deputy Editor Daniel S. Pine, M.D., discusses whether prescription opioid use disorder is associated with disabling pain after three years and the prevalence of adjustment disorder 12 months after severe injury.



History of Psychiatry

Revisit the field's rich history through the pages of AJP

50 years ago this month: "Changes in a Population of Hospitalized Patients With Affective Disorders, 1945–1965"

Among the notable findings in Dr. Saul H. Rosenthal's discharge-record study were that, within the category of affective disorders, patients were younger on average, and "admissions of patients with diagnoses of involuntional psychotic reaction and manic-depressive reaction decreased ... and were replaced by a large number of patients diagnosed as depressive reactions." He suggests a variety of possible reasons for the changes and emphasizes that they "may parallel the redefinition of mental illness and the greater acceptance of psychiatric hospitalization" between 1945 and 1965.