



Have you ever wanted to research our research?

You can by visiting our Clinical Trial Registry.

Whether favorable or not, you'll find detailed summaries of clinical trial results posted for all Phase I-III studies at first approval/launch of a Lilly product, and all Phase II-IV thereafter. The site also includes bibliographies of published articles containing clinical trial results.

The accuracy and completeness of the registry are reviewed by an external, independent auditor whose findings are posted on the site.

To learn more, visit [www.lillytrials.com](http://www.lillytrials.com).

*Answers in action.*

MG48529-A 1107 PRINTED IN USA © 2007, ELI LILLY AND COMPANY. ALL RIGHTS RESERVED.

*Lilly*  
Answers That Matter.



### Important Safety Information

- **Antidepressants increased the risk of suicidal thinking and behavior (suicidality) in short-term studies in children, adolescents, and young adults with major depressive disorder (MDD) and other psychiatric disorders.**
- **Patients of all ages started on therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior.**
- **Cymbalta is not approved for use in pediatric patients.**

Cymbalta should not be used concomitantly with monoamine oxidase inhibitors (MAOIs) or in patients with uncontrolled narrow-angle glaucoma.

**Clinical worsening and suicide risk: All patients being treated with an antidepressant for any indication should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially within the first few months of treatment and when changing the dose.** Consider changing the therapeutic regimen if the depression is persistently worse or there are symptoms that are severe, sudden, or were not part of the patient's presentation. If discontinuing treatment, taper the medication. **Families and caregivers of patients being treated with**

**antidepressants for any indication should be alerted about the need to monitor patients.**

Postmarketing, severe elevations of liver enzymes or liver injury with a hepatocellular, cholestatic, or mixed pattern have been reported.

Cymbalta should ordinarily not be prescribed to patients with substantial alcohol use or evidence of chronic liver disease.

Cases of orthostatic hypotension and/or syncope as well as cases of hyponatremia have been reported.

Development of a potentially life-threatening serotonin syndrome may occur with SNRIs and SSRIs, including Cymbalta treatment, particularly with concomitant use of serotonergic drugs, including triptans. Concomitant use is not recommended.

SSRIs and SNRIs, including Cymbalta, may increase the risk of bleeding events. Patients should be cautioned about the risk of bleeding associated with concomitant use of Cymbalta and NSAIDs, aspirin, warfarin, or other drugs that affect coagulation.

On discontinuation, adverse events, some of which may be serious, have been reported with SSRIs and SNRIs. A gradual reduction in dose rather than abrupt cessation is recommended when possible.

Coadministration of Cymbalta with potent CYP1A2 inhibitors or thioridazine should be avoided.

Milestones reached since coming to market in 2004:

**9 million patients** treated in the United States<sup>1</sup>

**28 million** prescriptions written<sup>2</sup>

**Over 322,000** prescribing physicians<sup>3</sup>

**Fastest-growing** branded antidepressant  
in 2006<sup>4</sup> and to date in 2007<sup>5†</sup>



Helping you help your patients, one at a time.

Caution is advised in using Cymbalta in patients with conditions that may slow gastric emptying (eg, some diabetics).

Cymbalta should ordinarily not be administered to patients with any hepatic insufficiency or patients with end-stage renal disease (requiring dialysis) or severe renal impairment (CrCl <30 mL/min).

As observed in DPNP clinical trials, Cymbalta treatment worsens glycemic control in some patients with diabetes. In the extension phases up to 52 weeks, an increase in HbA<sub>1c</sub> in both the Cymbalta (0.5%) and routine care groups (0.2%) was noted.

If symptoms of urinary hesitation develop during Cymbalta treatment, this effect may be drug-related. In postmarketing experience, urinary retention has been observed.

The most commonly reported adverse events (≥5% and at least twice placebo) for Cymbalta vs placebo in controlled clinical trials (N=3563 vs 2178) were: nausea, dry mouth, somnolence,\* constipation,\* decreased appetite,\* and increased sweating.

\*Events for which there was a significant dose-dependent relationship in fixed-dose studies, excluding 3 MDD studies which did not have a placebo lead-in period or dose titration.

**See Brief Summary of full Prescribing Information, including Boxed Warning, on following spread.**

**References:**

1. Data on file, Lilly Research Laboratories: CYM20080111A.
  2. IMS Health, November 2007.
  3. IMS Health, July 2007.
  4. IMS, National Prescription data, January 2007.
  5. IMS, National Prescription data, November 2007.
- † Data current as of November 2007.



**Cymbalta**<sup>®</sup> DELAYED  
duloxetine HCl RELEASE  
CAPSULES

# CYMBALTA®

(duloxetine hydrochloride) Delayed-release Capsules

Brief Summary: Consult the package insert for complete prescribing information.

## WARNING: SUICIDALITY AND ANTIDEPRESSANT DRUGS

Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of Cymbalta or any other antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction in risk with antidepressants compared to placebo in adults aged 65 and older. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. Cymbalta is not approved for use in pediatric patients. [See Warnings and Precautions and Use in Specific Populations.]

**INDICATIONS AND USAGE: Major Depressive Disorder**—Cymbalta is indicated for the acute and maintenance treatment of major depressive disorder (MDD).

**Diabetic Peripheral Neuropathic Pain**—Cymbalta is indicated for the management of neuropathic pain associated with diabetic peripheral neuropathy.

**Generalized Anxiety Disorder**—Cymbalta is indicated for the acute treatment of generalized anxiety disorder (GAD).

**CONTRAINDICATIONS: Monoamine Oxidase Inhibitors**—Concomitant use in patients taking monoamine oxidase inhibitors (MAOIs) is contraindicated due to the risk of serious, sometimes fatal, drug interactions with serotonergic drugs. These interactions may include hyperthermia, rigidity, myoclonus, autonomic instability with possible rapid fluctuations of vital signs, and mental status changes that include extreme agitation progressing to delirium and coma. These reactions have also been reported in patients who have recently discontinued serotonin reuptake inhibitors and are then started on an MAOI. Some cases presented with features resembling neuroleptic malignant syndrome [see Warnings and Precautions].

**Uncontrolled Narrow-Angle Glaucoma**—In clinical trials, Cymbalta use was associated with an increased risk of mydriasis; therefore, its use should be avoided in patients with uncontrolled narrow-angle glaucoma [see Warnings and Precautions].

**WARNINGS AND PRECAUTIONS: Clinical Worsening and Suicide Risk**—Patients with major depressive disorder (MDD), both adult and pediatric, may experience worsening of their depression and/or the emergence of suicidal ideation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. Suicide is a known risk of depression and certain other psychiatric disorders, and these disorders themselves are the strongest predictors of suicide. There has been a long-standing concern, however, that antidepressants may have a role in inducing worsening of depression and the emergence of suicidality in certain patients during the early phases of treatment.

Pooled analyses of short-term placebo-controlled trials of antidepressant drugs (SSRIs and others) showed that these drugs increase the risk of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults (ages 18-24) with major depressive disorder (MDD) and other psychiatric disorders. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction with antidepressants compared to placebo in adults aged 65 and older.

The pooled analyses of placebo-controlled trials in children and adolescents with MDD, obsessive compulsive disorder (OCD), or other psychiatric disorders included a total of 24 short-term trials of 9 antidepressant drugs in over 4400 patients. The pooled analyses of placebo-controlled trials in adults with MDD or other psychiatric disorders included a total of 295 short-term trials (median duration of 2 months) of 11 antidepressant drugs in over 77,000 patients. There was considerable variation in risk of suicidality among drugs, but a tendency toward an increase in the younger patients for almost all drugs studied. There were differences in absolute risk of suicidality across the different indications, with the highest incidence in MDD. The risk of differences (drug vs placebo), however, were relatively stable within age strata and across indications. These risk differences (drug-placebo difference in the number of cases of suicidality per 1000 patients treated) are provided in Table 1.

Table 1

Age Range	Drug-Placebo Difference in Number of Cases of Suicidality per 1000 Patients Treated
	Increases Compared to Placebo
<18	14 additional cases
18-24	5 additional cases
	Decreases Compared to Placebo
25-64	1 fewer case
≥65	6 fewer cases

No suicides occurred in any of the pediatric trials. There were suicides in the adult trials, but the number was not sufficient to reach any conclusion about drug effect on suicide.

It is unknown whether the suicidality risk extends to longer-term use, i.e., beyond several months. However, there is substantial evidence from placebo-controlled maintenance trials in adults with depression that the use of antidepressants can delay the recurrence of depression.

Cymbalta® (duloxetine hydrochloride)

PV 5907 AMP

All patients being treated with antidepressants for any indication should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases.

The following symptoms, anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania, have been reported in adult and pediatric patients being treated with antidepressants for major depressive disorder as well as for other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depression and/or the emergence of suicidal impulses has not been established, there is concern that such symptoms may represent precursors to emerging suicidality.

Consideration should be given to changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms.

If the decision has been made to discontinue treatment, medication should be tapered, as rapidly as is feasible, but with recognition that abrupt discontinuation can be associated with certain symptoms [see Warnings and Precautions, Discontinuation of Treatment with Cymbalta].

Families and caregivers of patients being treated with antidepressants for major depressive disorder or other indications, both psychiatric and nonpsychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to health care providers. Such monitoring should include daily observation by families and caregivers. Prescriptions for Cymbalta should be written for the smallest quantity of capsules consistent with good patient management, in order to reduce the risk of overdose.

**Screening Patients for Bipolar Disorder**—A major depressive episode may be the initial presentation of bipolar disorder. It is generally believed (though not established in controlled trials) that treating such an episode with an antidepressant alone may increase the likelihood of precipitation of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a conversion is unknown. However, prior to initiating treatment with an antidepressant, patients with depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide, bipolar disorder, and depression. It should be noted that Cymbalta (duloxetine) is not approved for use in treating bipolar depression.

**Hepatotoxicity**—Cymbalta increases the risk of elevation of serum transaminase levels. Liver transaminase elevations resulted in the discontinuation of 0.3% (73/23,983) of Cymbalta-treated patients. In these patients, the median time to detection of the transaminase elevation was about two months. In placebo-controlled trials in any indication, elevation of ALT >3 times the upper limit of normal occurred in 1.1% (75/6871) of Cymbalta-treated patients compared to 0.3% (13/5036) of placebo-treated patients. In placebo-controlled studies using a fixed-dose design, there was evidence of a dose-response relationship for ALT and AST elevation of >3 times the upper limit of normal and >5 times the upper limit of normal, respectively. Postmarketing reports have described cases of hepatitis with abdominal pain, hepatomegaly and elevation of transaminase levels to more than twenty times the upper limit of normal with or without jaundice, reflecting a mixed or hepatocellular pattern of liver injury. Cases of cholestatic jaundice with minimal elevation of transaminase levels have also been reported.

The combination of transaminase elevations and elevated bilirubin, without evidence of obstruction, is generally recognized as an important predictor of severe liver injury. In clinical trials, three Cymbalta patients had elevations of transaminases and bilirubin, but also had elevation of alkaline phosphatase, suggesting an obstructive process; in these patients, there was evidence of heavy alcohol use and this may have contributed to the abnormalities seen. Two placebo-treated patients also had transaminase elevations with elevated bilirubin. Postmarketing reports indicate that elevated transaminases, bilirubin and alkaline phosphatase have occurred in patients with chronic liver disease or cirrhosis. Because it is possible that duloxetine and alcohol may interact to cause liver injury or that duloxetine may aggravate pre-existing liver disease, Cymbalta should ordinarily not be prescribed to patients with substantial alcohol use or evidence of chronic liver disease.

**Orthostatic Hypotension and Syncope**—Orthostatic hypotension and syncope have been reported with therapeutic doses of duloxetine. Syncope and orthostatic hypotension tend to occur within the first week of therapy but can occur at any time during duloxetine treatment, particularly after dose increases. The risk of blood pressure decreases may be greater in patients taking concomitant medications that induce orthostatic hypotension (such as antihypertensives) or are potent CYP1A2 inhibitors [see Warnings and Precautions and Drug Interactions] and in patients taking duloxetine at doses above 60 mg daily. Consideration should be given to discontinuing duloxetine in patients who experience symptomatic orthostatic hypotension and/or syncope during duloxetine therapy.

**Serotonin Syndrome**—The development of a potentially life-threatening serotonin syndrome may occur with SNRIs and SSRIs, including Cymbalta treatment, particularly with concomitant use of serotonergic drugs (including triptans) and with drugs which impair metabolism of serotonin (including MAOIs). Serotonin syndrome symptoms may include mental status changes (e.g., agitation, hallucinations, coma), autonomic instability (e.g., tachycardia, labile blood pressure, hyperthermia), neuromuscular aberrations (e.g., hyperreflexia, incoordination) and/or gastrointestinal symptoms (e.g., nausea, vomiting, diarrhea).

The concomitant use of Cymbalta with MAOIs intended to treat depression is contraindicated [see Contraindications].

If concomitant treatment of Cymbalta with a 5-hydroxytryptamine receptor agonist (triptan) is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases [see Drug Interactions].

The concomitant use of Cymbalta with serotonin precursors (such as tryptophan) is not recommended [see Drug Interactions].

Cymbalta® (duloxetine hydrochloride)

PV 5907 AMP

**Abnormal Bleeding**—SSRIs and SNRIs, including duloxetine, may increase the risk of bleeding events. Concomitant use of aspirin, nonsteroidal anti-inflammatory drugs, warfarin, and other anti-coagulants may add to this risk. Case reports and epidemiological studies (case-control and cohort design) have demonstrated an association between use of drugs that interfere with serotonin reuptake and the occurrence of gastrointestinal bleeding. Bleeding events related to SSRIs and SNRIs use have ranged from ecchymoses, hematomas, epistaxis, and petechiae to life-threatening hemorrhages.

Patients should be cautioned about the risk of bleeding associated with the concomitant use of duloxetine and NSAIDs, aspirin, or other drugs that affect coagulation.

**Discontinuation of Treatment with Cymbalta**—Discontinuation symptoms have been systematically evaluated in patients taking duloxetine. Following abrupt or tapered discontinuation in placebo-controlled clinical trials, the following symptoms occurred at a rate greater than or equal to 1% and at a significantly higher rate in duloxetine-treated patients compared to those discontinuing from placebo: dizziness, nausea, headache, fatigue, paresthesia, vomiting, irritability, nightmares, insomnia, diarrhea, anxiety, hyperhidrosis and vertigo.

During marketing of other SSRIs and SNRIs (serotonin and norepinephrine reuptake inhibitors), there have been spontaneous reports of adverse events occurring upon discontinuation of these drugs, particularly when abrupt, including the following: dysphoric mood, irritability, agitation, dizziness, sensory disturbances (e.g., paresthesias such as electric shock sensations), anxiety, confusion, headache, lethargy, emotional lability, insomnia, hypomania, tinnitus, and seizures. Although these events are generally self-limiting, some have been reported to be severe.

Patients should be monitored for these symptoms when discontinuing treatment with Cymbalta. A gradual reduction in the dose rather than abrupt cessation is recommended whenever possible. If intolerable symptoms occur following a decrease in the dose or upon discontinuation of treatment, then resuming the previously prescribed dose may be considered. Subsequently, the physician may continue decreasing the dose but at a more gradual rate.

**Activation of Mania/Hypomania**—In placebo-controlled trials in patients with major depressive disorder, activation of mania or hypomania was reported in 0.1% (2/2327) of duloxetine-treated patients and 0.1% (1/1460) of placebo-treated patients. No activation of mania or hypomania was reported in DPNP or GAD placebo-controlled trials. Activation of mania or hypomania has been reported in a small proportion of patients with mood disorders who were treated with other marketed drugs effective in the treatment of major depressive disorder. As with these other agents, Cymbalta should be used cautiously in patients with a history of mania.

**Seizures**—Duloxetine has not been systematically evaluated in patients with a seizure disorder, and such patients were excluded from clinical studies. In placebo-controlled clinical trials, seizures/convulsions occurred in 0.04% (3/8504) of patients treated with duloxetine and 0.02% (1/6123) of patients treated with placebo. Cymbalta should be prescribed with care in patients with a history of a seizure disorder.

**Effect on Blood Pressure**—In clinical trials across indications, relative to placebo, duloxetine treatment was associated with mean increases of up to 2.1 mm Hg in systolic blood pressure and up to 2.3 mm Hg in diastolic blood pressure. There was no significant difference in the frequency of sustained (3 consecutive visits) elevated blood pressure. In a clinical pharmacology study designed to evaluate the effects of duloxetine on various parameters, including blood pressure at supratherapeutic doses with an accelerated dose titration, there was evidence of increases in supine blood pressure at doses up to 200 mg BID. At the highest 200 mg BID dose, the increase in mean pulse rate was 5.0 to 6.8 beats and increases in mean blood pressure were 4.7 to 6.8 mm Hg (systolic) and 4.5 to 7 mm Hg (diastolic) up to 12 hours after dosing.

Blood pressure should be measured prior to initiating treatment and periodically measured throughout treatment [see *Adverse Reactions, Vital Sign Changes*].

**Clinically Important Drug Interactions**—Both CYP1A2 and CYP2D6 are responsible for duloxetine metabolism.

**Potential for Other Drugs to Affect Cymbalta**—*CYP1A2 Inhibitors*—Co-administration of Cymbalta with potent CYP1A2 inhibitors should be avoided [see *Drug Interactions*].

*CYP2D6 Inhibitors*—Because CYP2D6 is involved in duloxetine metabolism, concomitant use of duloxetine with potent inhibitors of CYP2D6 would be expected to, and does, result in higher concentrations (on average of 60%) of duloxetine [see *Drug Interactions*].

**Potential for Cymbalta to Affect Other Drugs**—*Drugs Metabolized by CYP2D6*—Co-administration of Cymbalta with drugs that are extensively metabolized by CYP2D6 and that have a narrow therapeutic index, including certain antidepressants (tricyclic antidepressants [TCAs], such as nortriptyline, amitriptyline, and imipramine), phenothiazines and Type 1C antiarrhythmics (e.g., propafenone, flecainide), should be approached with caution. Plasma TCA concentrations may need to be monitored and the dose of the TCA may need to be reduced if a TCA is co-administered with Cymbalta. Because of the risk of serious ventricular arrhythmias and sudden death potentially associated with elevated plasma levels of thioridazine, Cymbalta and thioridazine should not be co-administered [see *Drug Interactions*].

**Other Clinically Important Drug Interactions**—*Alcohol*—Use of Cymbalta concomitantly with heavy alcohol intake may be associated with severe liver injury. For this reason, Cymbalta should ordinarily not be prescribed for patients with substantial alcohol use [see *Warnings and Precautions and Drug Interactions*].

**CNS Acting Drugs**—Given the primary CNS effects of Cymbalta, it should be used with caution when it is taken in combination with or substituted for other centrally acting drugs, including those with a similar mechanism of action [see *Warnings and Precautions and Drug Interactions*].

**Hyponatremia**—Hyponatremia may occur as a result of treatment with SSRIs and SNRIs, including Cymbalta. In many cases, this hyponatremia appears to be the result of the syndrome of inappropriate antidiuretic hormone secretion (SIADH). Cases with serum sodium lower than 110 mmol/L have been reported and appeared to be reversible when Cymbalta was discontinued. Elderly patients may be at greater risk of developing hyponatremia with SSRIs and SNRIs. Also, patients taking diuretics or who are otherwise volume depleted may be at greater risk [see *Use in Specific Populations*]. Discontinuation of Cymbalta should be considered in patients with symptomatic hyponatremia and appropriate medical intervention should be instituted.

**Use in Patients with Concomitant Illness**—Clinical experience with Cymbalta in patients with concomitant systemic illnesses is limited. There is no information on the effect that alterations in gastric motility may have on the stability of Cymbalta's enteric coating. In extremely acidic conditions, Cymbalta, unprotected by the enteric coating, may undergo hydrolysis to form naphthol. Caution is advised in using Cymbalta in patients with conditions that may slow gastric emptying (e.g., some diabetics).

Cymbalta has not been systematically evaluated in patients with a recent history of myocardial infarction or unstable coronary artery disease. Patients with these diagnoses were generally excluded from clinical studies during the product's premarketing testing.

**Hepatic Insufficiency**—Cymbalta should ordinarily not be used in patients with hepatic insufficiency [see *Warnings and Precautions and Use in Specific Populations*].

**Severe Renal Impairment**—Cymbalta should ordinarily not be used in patients with end-stage renal disease or severe renal impairment (creatinine clearance <30 mL/min). Increased plasma concentration of duloxetine, and especially of its metabolites, occur in patients with end-stage renal disease (requiring dialysis) [see *Use in Specific Populations*].

**Controlled Narrow-Angle Glaucoma**—In clinical trials, Cymbalta was associated with an increased risk of mydriasis; therefore, it should be used cautiously in patients with controlled narrow-angle glaucoma [see *Contraindications*].

**Glycemic Control in Patients with Diabetes**—As observed in DPNP trials, Cymbalta treatment worsens glycemic control in some patients with diabetes. In three clinical trials of Cymbalta for the management of neuropathic pain associated with diabetic peripheral neuropathy, the mean duration of diabetes was approximately 12 years, the mean baseline fasting blood glucose was 176 mg/dL, and the mean baseline hemoglobin A<sub>1c</sub> (HbA<sub>1c</sub>) was 7.8%. In the 12-week acute treatment phase of these studies, Cymbalta was associated with a small increase in mean fasting blood glucose as compared to placebo. In the extension phase of these studies, which lasted up to 52 weeks, mean fasting blood glucose increased by 12 mg/dL in the Cymbalta group and decreased by 11.5 mg/dL in the routine care group. HbA<sub>1c</sub> increased by 0.5% in the Cymbalta and by 0.2% in the routine care groups.

**Urinary Hesitation and Retention**—Cymbalta is in a class of drugs known to affect urethral resistance. If symptoms of urinary hesitation develop during treatment with Cymbalta, consideration should be given to the possibility that they might be drug-related.

In post marketing experience, cases of urinary retention have been observed. In some instances of urinary retention associated with duloxetine use, hospitalization and/or catheterization has been needed.

**Laboratory Tests**—No specific laboratory tests are recommended.

**ADVERSE REACTIONS: Clinical Trial Data Sources**—The data described below reflect exposure to duloxetine in placebo-controlled trials for MDD (N=2327), DPNP (N=568) and GAD (N=668). The population studied was 17 to 89 years of age; 64.8%, 38.7%, and 64.7% female; and 85.5%, 77.6%, and 84.6% Caucasian for MDD, DPNP, and GAD, respectively. Most patients received doses of a total of 60 to 120 mg per day.

The stated frequencies of adverse reactions represent the proportion of individuals who experienced, at least once, a treatment-emergent adverse reaction of the type listed. A reaction was considered treatment-emergent if it occurred for the first time or worsened while receiving therapy following baseline evaluation. Reactions reported during the studies were not necessarily caused by the therapy, and the frequencies do not reflect investigator impression (assessment) of causality.

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

**Adverse Reactions Reported as Reasons for Discontinuation of Treatment in Placebo-Controlled Trials**—**Major Depressive Disorder**—Approximately 9% (209/2327) of the patients who received duloxetine in placebo-controlled trials for MDD discontinued treatment due to an adverse reaction, compared with 4.7% (68/1460) of the patients receiving placebo. Nausea (duloxetine 1.3%, placebo 0.5%) was the only common adverse reaction reported as a reason for discontinuation and considered to be drug-related (i.e., discontinuation occurring in at least 1% of the duloxetine-treated patients and at a rate of at least twice that of placebo).

**Diabetic Peripheral Neuropathic Pain**—Approximately 14.3% (81/568) of the patients who received duloxetine in placebo-controlled trials for DPNP discontinued treatment due to an adverse reaction, compared with 7.2% (16/223) for placebo. Common adverse reactions reported as a reason for discontinuation and considered to be drug-related (as defined above) were nausea (duloxetine 3.5%, placebo 0.4%), dizziness (duloxetine 1.6%, placebo 0.4%), somnolence (duloxetine 1.6%, placebo 0.0%), and fatigue (duloxetine 1.1%, placebo 0.0%).

**Generalized Anxiety Disorder**—Approximately 15.3% (102/668) of the patients who received duloxetine in placebo-controlled trials for GAD discontinued treatment due to an adverse reaction, compared with 4.0% (20/495) for placebo. Common adverse reactions reported as a reason for discontinuation and considered to be drug-related (as defined above) included nausea (duloxetine 3.7%, placebo 0.2%), vomiting (duloxetine 1.3%, placebo 0.0%), and dizziness (duloxetine 1.0%, placebo 0.2%).

**Adverse Reactions Occurring at an Incidence of 5% or More Among Duloxetine-Treated Patients in Placebo-Controlled Trials**—The incidence of treatment-emergent adverse reactions in placebo-controlled trials (N=3563 Cymbalta; N=2178 placebo) for approved indications that occurred in 5% or more of patients treated with duloxetine and with an incidence greater than placebo were: nausea, dry mouth, diarrhea, dizziness\*, insomnia (includes middle insomnia, early morning awakening, and initial insomnia), fatigue\* (includes asthenia), somnolence\* (includes hypersomnia and sedation), constipation\*, decreased appetite\* (includes anorexia), and hyperhidrosis. \*Events for which there was a significant dose-dependent relationship in fixed-dose studies, excluding three MDD studies which did not have a placebo lead-in period or dose titration.

The most commonly observed adverse reactions in duloxetine-treated patients (incidence of 5% or greater and at least twice the incidence in placebo patients) were nausea, dry mouth, somnolence, constipation, decreased appetite, and hyperhidrosis.

**Adverse Reactions Occurring at an Incidence of 2% or More Among Duloxetine-Treated Patients in Placebo-Controlled Trials**—**Pooled MDD and GAD Trials**—Table 3 in full PI gives the incidence of treatment-emergent adverse reactions in MDD and GAD placebo-controlled trials (N=2995 Cymbalta; N=1955 placebo) for approved indications that

occurred in 2% or more of patients treated with duloxetine and with an incidence greater than placebo were: **Cardiac Disorders**—palpitations; **Eye Disorders**—vision blurred; **Gastrointestinal Disorders**—nausea, dry mouth, diarrhea, constipation\*, abdominal pain (includes abdominal pain upper, abdominal pain lower, abdominal tenderness, abdominal discomfort, and gastrointestinal pain), vomiting; **General Disorders and Administration Site Conditions**—fatigue (includes asthenia); **Investigations**—weight decreased\*; **Metabolism and Nutrition Disorders**—decreased appetite (includes anorexia); **Nervous System Disorders**—dizziness, somnolence (includes hypersomnia and sedation), tremor; **Psychiatric Disorders**—insomnia (includes middle insomnia, early morning awakening, and initial insomnia), agitation (includes feeling jittery, nervousness, restlessness, tension, and psychomotor agitation), anxiety, decreased libido (includes loss of libido), orgasm abnormal (includes anorgasmia), abnormal dreams (includes nightmare); **Reproductive System and Breast Disorders**—erectile dysfunction, ejaculation delayed, ejaculation disorder (includes ejaculation failure and ejaculation dysfunction); **Respiratory, Thoracic, and Mediastinal Disorders**—yawning; **Skin and Subcutaneous Tissue Disorders**—hyperhidrosis; **Vascular Disorders**—hot flush. \*Events for which there was a significant dose-dependent relationship in fixed-dose studies, excluding three MDD studies which did not have a placebo lead-in period or dose titration.

The most commonly observed adverse reactions in duloxetine-treated MDD/GAD patients (incidence of 5% or greater and at least twice the incidence in placebo patients) were nausea, dry mouth, constipation, somnolence, decreased appetite, and hyperhidrosis.

**Diabetic Peripheral Neuropathic Pain**—Treatment-emergent adverse events that occurred in 2% or more of patients treated with Cymbalta in the premarketing acute phase of DPN placebo-controlled trials (N=225 Cymbalta 60 mg BID; N=228 Cymbalta 60 mg QD; N=115 Cymbalta 20 mg QD; N=223 placebo) with an incidence greater than placebo were: **Gastrointestinal Disorders**—nausea, constipation, diarrhea, dry mouth, vomiting, dyspepsia, loose stools; **General Disorders and Administration Site Conditions**—fatigue, asthenia, pyrexia; **Infections and Infestations**—nasopharyngitis; **Metabolism and Nutrition Disorders**—decreased appetite, anorexia; **Musculoskeletal and Connective Tissue Disorders**—muscle cramp, myalgia; **Nervous System Disorders**—somnolence, headache, dizziness, tremor; **Psychiatric Disorders**—insomnia; **Renal and Urinary Disorders**—pollakiuria; **Reproductive System and Breast Disorders**—erectile dysfunction; **Respiratory, Thoracic and Mediastinal Disorders**—cough, pharyngolaryngeal pain; **Skin and Subcutaneous Tissue Disorders**—hyperhidrosis.

The following events were reported by at least 2% of patients treated with Cymbalta for DPN and had an incidence ≤ placebo: edema peripheral, influenza, upper respiratory tract infection, back pain, arthralgia, pain in extremity, and pruritus.

The most commonly observed adverse events in Cymbalta-treated DPN patients (incidence ≥5% and at least twice the incidence in placebo patients) were: nausea; somnolence; dizziness; constipation; dry mouth; hyperhidrosis; decreased appetite; and asthenia.

**Effects on Male and Female Sexual Function**—Changes in sexual desire, sexual performance and sexual satisfaction often occur as manifestations of psychiatric disorders or diabetes, but they may also be a consequence of pharmacologic treatment. Because adverse sexual reactions are presumed to be voluntarily underreported, the Arizona Sexual Experience Scale (ASEX), a validated measure designed to identify sexual side effects, was used prospectively in 4 MDD placebo-controlled trials. In these trials, patients treated with Cymbalta experienced significantly more sexual dysfunction, as measured by the total score on the ASEX, than did patients treated with placebo. Gender analysis showed that this difference occurred only in males. Males treated with Cymbalta experienced more difficulty with ability to reach orgasm (ASEX Item 4) than males treated with placebo. Females did not experience more sexual dysfunction on Cymbalta than on placebo as measured by ASEX total score. Physicians should routinely inquire about possible sexual side effects. See Table 5 in full PI for specific ASEX results.

**Vital Sign Changes**—In clinical trials across indications, relative to placebo, duloxetine treatment was associated with mean increases of up to 2.1 mm Hg in systolic blood pressure and up to 2.3 mm Hg in diastolic blood pressure. There was no significant difference in the frequency of sustained (3 consecutive visits) elevated blood pressure [see **Warnings and Precautions**].

Duloxetine treatment, for up to 13-weeks in placebo-controlled trials typically caused a small increase in heart rate compared to placebo of up to 3 beats per minute.

**Weight Changes**—In placebo-controlled clinical trials, MDD and GAD patients treated with Cymbalta for up to 10-weeks experienced a mean weight loss of approximately 0.5 kg, compared with a mean weight gain of approximately 0.2 kg in placebo-treated patients. In DPN placebo-controlled clinical trials, patients treated with Cymbalta for up to 13-weeks experienced a mean weight loss of approximately 1.1 kg, compared with a mean weight gain of approximately 0.2 kg in placebo-treated patients.

**Laboratory Changes**—Cymbalta treatment in placebo-controlled clinical trials, was associated with small mean increases from baseline to endpoint in ALT, AST, CPK, and alkaline phosphatase; infrequent, modest, transient, abnormal values were observed for these analytes in Cymbalta-treated patients when compared with placebo-treated patients [see **Warnings and Precautions**].

**Electrocardiogram Changes**—Electrocardiograms were obtained from duloxetine-treated patients and placebo-treated patients in clinical trials lasting up to 13-weeks. No clinically significant differences were observed for QTc, QT, PR, and QRS intervals between duloxetine-treated and placebo-treated patients. There were no differences in clinically meaningful QTcF elevations between duloxetine and placebo. In a positive-controlled study in healthy volunteers using duloxetine up to 200 mg BID, no prolongation of the corrected QT interval was observed.

**Other Adverse Reactions Observed During the Premarketing and Postmarketing Clinical Trial Evaluation of Duloxetine**—Following is a list of treatment-emergent adverse reactions reported by patients treated with duloxetine in clinical trials. In clinical trials of all indications, 23,983 patients were treated with duloxetine. Of these, 6,702 took duloxetine for at least 6 months, and 3,006 for at least one year. The following listing is not intended to include reactions (1) already listed in previous tables or elsewhere in labeling, (2) for which a drug cause was remote, (3) which were so general as to be uninformative, (4) which were not considered to have significant clinical implications, or (5) which occurred at a rate equal to or less than placebo.

Reactions are categorized by body system according to the following definitions: frequent adverse reactions are those occurring in at least 1/100 patients; infrequent adverse reactions are those occurring in 1/100 to 1/1000 patients; rare reactions are those occurring in fewer than 1/1000 patients. **Cardiac Disorders**—*Frequent*: palpitations; *Infrequent*: myocardial infarction and tachycardia; **Ear and Labyrinth Disorders**—*Frequent*: vertigo; *Infrequent*: ear pain and tinnitus; **Endocrine Disorders**—*Infrequent*: Hypothyroidism; **Eye Disorders**—*Frequent*: vision blurred; *Infrequent*: diplopia and visual disturbance; **Gastrointestinal Disorders**—*Frequent*: flatulence; *Infrequent*: eructation, gastritis, halitosis, and stomatitis; *Rare*: gastric ulcer, hematochezia, and melena; **General Disorders and Administration Site Conditions**—*Frequent*: chills/rigors; *Infrequent*: feeling abnormal, feeling hot and/or cold, malaise, and thirst; *Rare*: gait disturbance; **Infections and Infestations**—*Infrequent*: gastroenteritis and laryngitis; **Investigations**—*Frequent*: weight increased; *Infrequent*: blood cholesterol increased; **Metabolism and Nutrition Disorders**—*Infrequent*: dehydration and hyperlipidemia; *Rare*: dyslipidemia; **Musculoskeletal and Connective Tissue Disorders**—*Frequent*: musculoskeletal pain; *Infrequent*: muscle tightness and muscle twitching; **Nervous System Disorders**—*Frequent*: dysgeusia, lethargy, and parasthesia/hypoesthesia; *Infrequent*: disturbance in attention, dyskinesia, myoclonus, and poor quality sleep; *Rare*: dysarthria; **Psychiatric Disorders**—*Frequent*: abnormal dreams and sleep disorder; *Infrequent*: apathy, bruxism, disorientation/confusional state, irritability, mood swings, and suicide attempt; *Rare*: completed suicide; **Renal and Urinary Disorders**—*Infrequent*: dysuria, micturition urgency, nocturia, polyuria, and urine odor abnormal; **Reproductive System and Breast Disorders**—*Frequent*: anorgasmia/orgasm abnormal; *Infrequent*: menopausal symptoms, and sexual dysfunction; **Respiratory, Thoracic and Mediastinal Disorders**—*Frequent*: yawning; *Infrequent*: throat tightness; **Skin and Subcutaneous Tissue Disorders**—*Infrequent*: cold sweat, dermatitis contact, erythema, increased tendency to bruise, night sweats, and photosensitizing reaction; *Rare*: ecchymosis; **Vascular Disorders**—*Frequent*: hot flush; *Infrequent*: flushing, orthostatic hypotension, and peripheral coldness.

**Postmarketing Spontaneous Reports**—The following adverse reactions have been identified during postapproval use of Cymbalta. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

Adverse reactions reported since market introduction that were temporally related to duloxetine therapy and not mentioned elsewhere in labeling include: anaphylactic reaction, aggression and anger (particularly early in treatment or after treatment discontinuation), angioneurotic edema, erythema multiforme, extrapyramidal disorder, glaucoma, hallucinations, hyperglycemia, hypersensitivity, hypertensive crisis, muscle spasm, rash, supraventricular arrhythmia, tinnitus (upon treatment discontinuation), trismus, and urticaria.

Serious skin reactions including Stevens-Johnson Syndrome that have required drug discontinuation and/or hospitalization have been reported with duloxetine.

**DRUG INTERACTIONS:** Both CYP1A2 and CYP2D6 are responsible for duloxetine metabolism.

**Inhibitors of CYP1A2**—When duloxetine 60 mg was co-administered with fluvoxamine 100 mg, a potent CYP1A2 inhibitor, to male subjects (n=14) duloxetine AUC was increased approximately 6-fold, the C<sub>max</sub> was increased about 2.5-fold, and duloxetine t<sub>1/2</sub> was increased approximately 3-fold. Other drugs that inhibit CYP1A2 metabolism include cimetidine and quinolone antimicrobials such as ciprofloxacin and enoxacin [see **Warnings and Precautions**].

**Inhibitors of CYP2D6**—Concomitant use of duloxetine (40 mg QD) with paroxetine (20 mg QD) increased the concentration of duloxetine AUC by about 60%, and greater degrees of inhibition are expected with higher doses of paroxetine. Similar effects would be expected with other potent CYP2D6 inhibitors (e.g., fluoxetine, quinidine) [see **Warnings and Precautions**].

**Dual Inhibition of CYP1A2 and CYP2D6**—Concomitant administration of duloxetine 40 mg BID with fluvoxamine 100 mg, a potent CYP1A2 inhibitor, to CYP2D6 poor metabolizer subjects (n=14) resulted in a 6-fold increase in duloxetine AUC and C<sub>max</sub>.

**Drugs that Interfere with Hemostasis (e.g., NSAIDs, Aspirin, and Warfarin)**—Serotonin release by platelets plays an important role in hemostasis. Epidemiological studies of the case-control and cohort design that have demonstrated an association between use of psychotropic drugs that interfere with serotonin reuptake and the occurrence of upper gastrointestinal bleeding. These studies have also shown that concurrent use of an NSAID or aspirin may potentiate this risk of bleeding. Altered anticoagulant effects, including increased bleeding, have been reported when SSRIs or SNRIs are coadministered with warfarin. Patients receiving warfarin therapy should be carefully monitored when duloxetine is initiated or discontinued [see **Warnings and Precautions**].

**Lorazepam**—Under steady-state conditions for duloxetine (60 mg Q 12 hours) and lorazepam (2 mg Q 12 hours), the pharmacokinetics of duloxetine were not affected by co-administration.

**Temazepam**—Under steady-state conditions for duloxetine (20 mg qhs) and temazepam (30 mg qhs), the pharmacokinetics of duloxetine were not affected by co-administration.

**Drugs that Affect Gastric Acidity**—Cymbalta has an enteric coating that resists dissolution until reaching a segment of the gastrointestinal tract where the pH exceeds 5.5. In extremely acidic conditions, Cymbalta, unprotected by the enteric coating, may undergo hydrolysis to form naphthol. Caution is advised in using Cymbalta in patients with conditions that may slow gastric emptying (e.g., some diabetics). Drugs that raise the gastrointestinal pH may lead to an earlier release of duloxetine. However, co-administration of Cymbalta with aluminum- and magnesium-containing antacids (51 mEq) or Cymbalta with famotidine, had no significant effect on the rate or extent of duloxetine absorption after administration of a 40-mg oral dose. It is unknown whether the concomitant administration of proton pump inhibitors affects duloxetine absorption [see **Warnings and Precautions**].

**Drugs Metabolized by CYP1A2**—*In vitro* drug interaction studies demonstrate that duloxetine does not induce CYP1A2 activity. Therefore, an increase in the metabolism of CYP1A2 substrates (e.g., theophylline, caffeine) resulting from induction is not anticipated, although clinical studies of induction have not been performed. Duloxetine is an inhibitor of the CYP1A2 isoform in *in vitro* studies, and in two clinical studies the average (90% confidence interval) increase in theophylline AUC was 7% (1%-15%) and 20% (13%-27%) when co-administered with duloxetine (60 mg BID).

**Drugs Metabolized by CYP2D6**—Duloxetine is a moderate inhibitor of CYP2D6. When duloxetine was administered (at a dose of 60 mg BID) in conjunction with a single 50-mg dose of desipramine, a CYP2D6 substrate, the AUC of desipramine increased 3-fold [see *Warnings and Precautions*].

**Drugs Metabolized by CYP2C9**—Duloxetine does not inhibit the *in vitro* enzyme activity of CYP2C9. Inhibition of the metabolism of CYP2C9 substrates is therefore not anticipated, although clinical studies have not been performed.

**Drugs Metabolized by CYP3A**—Results of *in vitro* studies demonstrate that duloxetine does not inhibit or induce CYP3A activity. Therefore, an increase or decrease in the metabolism of CYP3A substrates (e.g., oral contraceptives and other steroidal agents) resulting from induction or inhibition is not anticipated, although clinical studies have not been performed.

**Drugs Metabolized by CYP2C19**—Results of *in vitro* studies demonstrate that duloxetine does not inhibit CYP2C19 activity at therapeutic concentrations. Inhibition of the metabolism of CYP2C19 substrates is therefore not anticipated, although clinical studies have not been performed.

**Monoamine Oxidase Inhibitors—Switching Patients to or from a Monoamine Oxidase Inhibitor**—At least 14 days should elapse between discontinuation of an MAOI and initiation of therapy with Cymbalta. In addition, at least 5 days should be allowed after stopping Cymbalta before starting an MAOI [see *Contraindications and Warnings and Precautions*].

**Serotonergic Drugs**—Based on the mechanism of action of SNRIs and SSRIs, including Cymbalta, and the potential for serotonin syndrome, caution is advised when Cymbalta is co-administered with other drugs that may affect the serotonergic neurotransmitter systems, such as triptans, linezolid (an antibiotic which is a reversible non-selective MAOI), lithium, tramadol, or St. John's Wort. The concomitant use of Cymbalta with other SSRIs, SNRIs or tryptophan is not recommended [see *Warnings and Precautions*].

**Triptans**—There have been rare postmarketing reports of serotonin syndrome with use of an SSRI and a triptan. If concomitant treatment of Cymbalta with a triptan is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases [see *Warnings and Precautions*].

**Alcohol**—When Cymbalta and ethanol were administered several hours apart so that peak concentrations of each would coincide, Cymbalta did not increase the impairment of mental and motor skills caused by alcohol.

In the Cymbalta clinical trials database, three Cymbalta-treated patients had liver injury as manifested by ALT and total bilirubin elevations, with evidence of obstruction. Substantial intercurrent ethanol use was present in each of these cases, and this may have contributed to the abnormalities seen [see *Warnings and Precautions*].

**CNS Drugs**—[see *Warnings and Precautions*].

**Drugs Highly Bound to Plasma Protein**—Because duloxetine is highly bound to plasma protein, administration of Cymbalta to a patient taking another drug that is highly protein bound may cause increased free concentrations of the other drug, potentially resulting in adverse reactions.

**USE IN SPECIFIC POPULATIONS: Pregnancy—Teratogenic Effects, Pregnancy Category C**—In animal reproduction studies, duloxetine has been shown to have adverse effects on embryo/fetal and postnatal development.

When duloxetine was administered orally to pregnant rats and rabbits during the period of organogenesis, there was no evidence of teratogenicity at doses up to 45 mg/kg/day (7 times the maximum recommended human dose [MRHD, 60 mg/day] and 4 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis, in rat; 15 times the MRHD and 7 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis in rabbit). However, fetal weights were decreased at this dose, with a no-effect dose of 10 mg/kg/day (2 times the MRHD and ≈1 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis in rat; 3 times the MRHD and 2 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis in rabbits).

When duloxetine was administered orally to pregnant rats throughout gestation and lactation, the survival of pups to 1 day postpartum and pup body weights at birth and during the lactation period were decreased at a dose of 30 mg/kg/day (5 times the MRHD and 2 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis); the no-effect dose was 10 mg/kg/day. Furthermore, behaviors consistent with increased reactivity, such as increased startle response to noise and decreased habituation of locomotor activity, were observed in pups following maternal exposure to 30 mg/kg/day. Post-weaning growth and reproductive performance of the progeny were not affected adversely by maternal duloxetine treatment.

There are no adequate and well-controlled studies in pregnant women; therefore, duloxetine should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Nonteratogenic Effects**—Neonates exposed to SSRIs or serotonin and norepinephrine reuptake inhibitors (SNRIs), late in the third trimester have developed complications requiring prolonged hospitalization, respiratory support, and tube feeding. Such complications can arise immediately upon delivery. Reported clinical findings have included respiratory distress, cyanosis, apnea, seizures, temperature instability, feeding difficulty, vomiting, hypoglycemia, hypotonia, hypertonia, hyperreflexia, tremor, jitteriness, irritability, and constant crying. These features are consistent with either a direct toxic effect of SSRIs and SNRIs or, possibly, a drug discontinuation syndrome. It should be noted that, in some cases, the clinical picture is consistent with serotonin syndrome [see *Warnings and Precautions*].

When treating pregnant women with Cymbalta during the third trimester, the physician should carefully consider the potential risks and benefits of treatment. The physician may consider tapering Cymbalta in the third trimester.

**Labor and Delivery**—The effect of duloxetine on labor and delivery in humans is unknown. Duloxetine should be used during labor and delivery only if the potential benefit justifies the potential risk to the fetus.

**Nursing Mothers**—Duloxetine is excreted into the milk of lactating women. The estimated daily infant dose on a mg/kg basis is approximately 0.14% of the maternal dose. Because the safety of duloxetine in infants is not known, nursing while on Cymbalta is not recommended. However, if the physician determines that the benefit of duloxetine

Cymbalta® (duloxetine hydrochloride)

PV 5907 AMP

therapy for the mother outweighs any potential risk to the infant, no dosage adjustment is required as lactation did not influence duloxetine pharmacokinetics.

**Pediatric Use**—Safety and effectiveness in the pediatric population have not been established [see *Boxed Warning and Warnings and Precautions*]. Anyone considering the use of Cymbalta in a child or adolescent must balance the potential risks with the clinical need.

**Geriatric Use**—Of the 2418 patients in premarketing clinical studies of Cymbalta for MDD, 5.9% (143) were 65 years of age or over. Of the 1074 patients in the DPNP premarketing studies, 33% (357) were 65 years of age or over. Premarketing clinical studies of GAD did not include sufficient numbers of subjects age 65 or over to determine whether they respond differently from younger subjects. In the MDD and DPNP studies, no overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. SSRIs and SNRIs, including Cymbalta have been associated with cases of clinically significant hyponatremia in elderly patients, who may be at greater risk for this adverse event [see *Warnings and Precautions*].

**Gender**—Duloxetine's half-life is similar in men and women. Dosage adjustment based on gender is not necessary.

**Smoking Status**—Duloxetine bioavailability (AUC) appears to be reduced by about one-third in smokers. Dosage modifications are not recommended for smokers.

**Race**—No specific pharmacokinetic study was conducted to investigate the effects of race.

**Hepatic Insufficiency**—[see *Warnings and Precautions*].

**Severe Renal Impairment**—[see *Warnings and Precautions*].

**DRUG ABUSE AND DEPENDENCE: Abuse**—In animal studies, duloxetine did not demonstrate barbiturate-like (depressant) abuse potential.

While Cymbalta has not been systematically studied in humans for its potential for abuse, there was no indication of drug-seeking behavior in the clinical trials. However, it is not possible to predict on the basis of premarketing experience the extent to which a CNS active drug will be misused, diverted, and/or abused once marketed. Consequently, physicians should carefully evaluate patients for a history of drug abuse and follow such patients closely, observing them for signs of misuse or abuse of Cymbalta (e.g., development of tolerance, incrementation of dose, drug-seeking behavior).

**Dependence**—In drug dependence studies, duloxetine did not demonstrate dependence-producing potential in rats.

**OVERDOSAGE: Signs and Symptoms**—In postmarketing experience, fatal outcomes have been reported for acute overdoses, primarily with mixed overdoses, but also with duloxetine only, at doses as low as 1000 mg. Signs and symptoms of overdose (duloxetine alone or with mixed drugs) included somnolence, coma, serotonin syndrome, seizures, syncope, tachycardia, hypotension, hypertension, and vomiting.

**Management of Overdose**—There is no specific antidote to Cymbalta, but if serotonin syndrome ensues, specific treatment (such as with cyproheptadine and/or temperature control) may be considered. In case of acute overdose, treatment should consist of those general measures employed in the management of overdose with any drug.

**NONCLINICAL TOXICOLOGY: Carcinogenesis, Mutagenesis, and Impairment of Fertility—Carcinogenesis**—Duloxetine was administered in the diet to mice and rats for 2 years.

In female mice receiving duloxetine at 140 mg/kg/day (11 times the maximum recommended human dose [MRHD, 60 mg/day] and 6 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis), there was an increased incidence of hepatocellular adenomas and carcinomas. The no-effect dose was 50 mg/kg/day (4 times the MRHD and 2 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis). Tumor incidence was not increased in male mice receiving duloxetine at doses up to 100 mg/kg/day (8 times the MRHD and 4 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis).

In rats, dietary doses of duloxetine up to 27 mg/kg/day in females (4 times the MRHD and 2 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis) and up to 36 mg/kg/day in males (6 times the MRHD and 3 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis) did not increase the incidence of tumors.

**Mutagenesis**—Duloxetine was not mutagenic in the *in vitro* bacterial reverse mutation assay (Ames test) and was not clastogenic in an *in vivo* chromosomal aberration test in mouse bone marrow cells. Additionally, duloxetine was not genotoxic in an *in vitro* mammalian forward gene mutation assay in mouse lymphoma cells or in an *in vitro* unscheduled DNA synthesis (UDS) assay in primary rat hepatocytes, and did not induce sister chromatid exchange in Chinese hamster bone marrow *in vivo*.

**Impairment of Fertility**—Duloxetine administered orally to either male or female rats prior to and throughout mating at doses up to 45 mg/kg/day (7 times the maximum recommended human dose of 60 mg/day and 4 times the human dose of 120 mg/day on a mg/m<sup>2</sup> basis) did not alter mating or fertility.

**PATIENT COUNSELING INFORMATION:** See FDA-approved Medication Guide and Patient Counseling Information section of full PI.

Literature revised December 13, 2007

PV 5907 AMP

PRINTED IN USA

Eli Lilly and Company  
Indianapolis, IN 46285, USA  
www.Cymbalta.com

Copyright © 2007, Eli Lilly and Company. All rights reserved.

Cymbalta® (duloxetine hydrochloride)

PV 5907 AMP



# Control acute agitation with **GEODON**<sup>®</sup> for *Injection* (ziprasidone mesylate)

*In schizophrenia. . .*

## Rapid control\* with low EPS<sup>1-4</sup>

- Low incidence of movement disorders<sup>1-4</sup>
- Smooth transition, with continued improvement, from IM to oral therapy<sup>3,4</sup>
- May be used concomitantly with benzodiazepines<sup>2,3,5</sup>

\* In 2 pivotal studies vs control, significance was achieved at the 2-hour primary end point (10 mg study) and at the 4-hour primary end point (20 mg study).



**GEODON**<sup>®</sup>  
*Oral Capsules* (ziprasidone HCl)  
and *Injection* (ziprasidone mesylate)

GEODON for Injection is indicated for the treatment of acute agitation in schizophrenic patients for whom treatment with GEODON is appropriate and who need intramuscular antipsychotic medication for rapid control of the agitation.

**Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. GEODON is not approved for the treatment of patients with dementia-related psychosis.**

**GEODON is contraindicated in patients with a known history of QT prolongation, recent acute myocardial infarction, or uncompensated heart failure, and should not be used with other QT-prolonging drugs. GEODON has a greater capacity to prolong the QT<sub>c</sub> interval than several antipsychotics. In some drugs, QT prolongation has been associated with torsade de pointes, a potentially fatal arrhythmia. In many cases this would lead to the conclusion that other drugs should be tried first.**

As with all antipsychotic medications, a rare and potentially fatal condition known as neuroleptic malignant syndrome (NMS) has been reported with GEODON. NMS can cause hyperpyrexia, muscle rigidity, diaphoresis, tachycardia, irregular pulse or blood pressure, cardiac dysrhythmia, and altered mental status. If signs and symptoms appear, immediate discontinuation, treatment, and monitoring are recommended.

Prescribing should be consistent with the need to minimize tardive dyskinesia (TD), a potentially irreversible dose- and duration-dependent syndrome. If signs and symptoms appear, discontinuation should be considered since TD may remit partially or completely.

Hyperglycemia-related adverse events, sometimes serious, have been reported in patients treated with atypical antipsychotics. There have been few reports of hyperglycemia or diabetes in patients treated with GEODON, and it is not known if GEODON is associated with these events. Patients treated with an atypical antipsychotic should be monitored for symptoms of hyperglycemia.

Precautions include the risk of rash, orthostatic hypotension, and seizures.

In fixed-dose, pivotal studies, the most commonly observed adverse events associated with the use of GEODON for Injection (incidence  $\geq 5\%$ ) and observed at a rate in the higher GEODON dose groups (10 mg, 20 mg) of at least twice that of the lowest GEODON dose group (2 mg control) were somnolence (20%), headache (13%), and nausea (12%).

*Please see brief summary of prescribing information on adjacent page.*





Realize the possibilities...

*Gina, 37  
Real patient,  
Manager*

Diagnosis: bipolar disorder  
Last episode: mixed

- Effectively treats acute manic and mixed episodes
- Target 120–160 mg/day on Day 2
- Well-established tolerability profile
- Initiate dosing at 80 mg/day with meals

GEODON is indicated for the treatment of acute manic or mixed episodes associated with bipolar disorder, with or without psychotic symptoms.

**Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. GEODON is not approved for the treatment of patients with dementia-related psychosis.**

GEODON is contraindicated in patients with a known history of QT prolongation, recent acute myocardial infarction, or uncompensated heart failure, and should not be used with other QT-prolonging drugs. **GEODON has been associated with prolongation of the QT<sub>c</sub> interval. In some drugs, QT prolongation has been associated with torsade de pointes, a potentially fatal arrhythmia. Patients who are at risk for significant electrolyte disturbances should have baseline measurements performed before initiating GEODON. Patients on diuretics should be monitored.**

As with all antipsychotic medications, a rare and potentially fatal condition known as neuroleptic malignant syndrome (NMS) has been reported with GEODON. NMS can cause hyperpyrexia, muscle rigidity, diaphoresis, tachycardia, irregular pulse or blood pressure, cardiac dysrhythmia, and altered mental status. If signs and symptoms appear, immediate discontinuation, treatment, and monitoring are recommended.

Prescribing should be consistent with the need to minimize tardive dyskinesia (TD), a potentially irreversible dose- and duration-dependent syndrome. If signs and symptoms appear, discontinuation should be considered since TD may remit partially or completely.

Hyperglycemia-related adverse events, sometimes serious, have been reported in patients treated with atypical antipsychotics. There have been few reports of hyperglycemia or diabetes in patients treated with GEODON, and it is not known if GEODON is associated with these events. Patients treated with an atypical antipsychotic should be monitored for symptoms of hyperglycemia.

Precautions include the risk of rash, orthostatic hypotension, and seizures.

The most common adverse events associated with GEODON in bipolar mania were somnolence, extrapyramidal symptoms, dizziness, akathisia, and abnormal vision.

In short-term schizophrenia clinical trials, 10% of GEODON-treated patients experienced a weight gain of  $\geq 7\%$  of body weight vs 4% for placebo.

Individual results may vary.

Please see brief summary of prescribing information on adjacent page.

For more information, please visit [www.pfizerpro.com/GEODON](http://www.pfizerpro.com/GEODON)

**GEODON**<sup>®</sup>  
(ziprasidone HCl) **Capsules**





**NEW**

Introducing  
**A NEW SNRI**  
therapy

for major depressive  
disorder in adults



### IMPORTANT TREATMENT CONSIDERATIONS

PRISTIQ 50 mg is indicated for the treatment of major depressive disorder in adults.

#### WARNING: SUICIDALITY AND ANTIDEPRESSANT DRUGS

Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of Major Depressive Disorder (MDD) and other psychiatric disorders. Anyone considering the use of PRISTIQ or any other antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction in risk with antidepressants compared to placebo in adults aged 65 and older. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. PRISTIQ is not approved for use in pediatric patients.

#### Contraindications

- PRISTIQ is contraindicated in patients with a known hypersensitivity to PRISTIQ or venlafaxine.
- PRISTIQ must not be used concomitantly with an MAOI or within 14 days of stopping an MAOI. Allow 7 days after stopping PRISTIQ before starting an MAOI.


#### Warnings and Precautions

- All patients treated with antidepressants should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the first few months of treatment and when changing the dose. Consider changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse or includes symptoms of anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia, hypomania, mania, or suicidality that are severe, abrupt in onset, or were not part of the patient's presenting symptoms. Families and caregivers of patients being treated with antidepressants should be alerted about the need to monitor patients.
- Development of a potentially life-threatening serotonin syndrome may occur with SNRIs and SSRIs, including PRISTIQ, particularly with concomitant use of serotonergic drugs, including triptans, and with drugs that impair the metabolism of serotonin (including MAOIs). If concomitant use is clinically warranted, careful observation of the patient is advised, particularly during treatment initiation and dose increases. Concomitant use of PRISTIQ with serotonin precursors is not recommended.
- Patients receiving PRISTIQ should have regular monitoring of blood pressure since sustained increases in blood pressure were observed in clinical studies. Pre-existing hypertension should be controlled before starting PRISTIQ. Caution should be exercised in treating patients with pre-existing hypertension or other underlying conditions that might be compromised by increases in blood pressure. Cases of elevated blood pressure requiring immediate treatment have been reported. For patients who experience a sustained increase in blood pressure, either dose reduction or discontinuation should be considered.

For major depressive disorder in adults

# New SNRI therapy. From the start: One dose. No titration.

- The major active metabolite of Effexor XR® (venlafaxine HCl)<sup>1</sup>
- One simple 50-mg dose, no need to titrate<sup>1</sup>
  - Dosage adjustment is necessary in patients with severe renal impairment or end-stage renal disease and is recommended when discontinuing therapy
- PRISTIQ may help your patients with depression—emotionally, physically, and functionally<sup>1-3</sup>
- Discontinuation rate due to adverse events was comparable to placebo in clinical studies at 50 mg<sup>1</sup>

New  **Pristiq**<sup>™</sup>  
desvenlafaxine  
EXTENDED-RELEASE TABLETS

- SSRIs and SNRIs, including PRISTIQ, may increase the risk of bleeding events. Concomitant use of aspirin, NSAIDs, warfarin, and other anticoagulants may add to this risk.
- Mydriasis has been reported in association with PRISTIQ; therefore, patients with raised intraocular pressure or those at risk of acute narrow-angle glaucoma (angle-closure glaucoma) should be monitored.
- PRISTIQ is not approved for use in bipolar depression. Prior to initiating treatment with an antidepressant, patients should be adequately screened to determine the risk of bipolar disorder.
- As with all antidepressants, PRISTIQ should be used cautiously in patients with a history or family history of mania or hypomania, or with a history of seizure disorder.
- Caution is advised in administering PRISTIQ to patients with cardiovascular, cerebrovascular, or lipid metabolism disorders. Increases in blood pressure and small increases in heart rate were observed in clinical studies with PRISTIQ. PRISTIQ has not been evaluated systematically in patients with a recent history of myocardial infarction, unstable heart disease, uncontrolled hypertension, or cerebrovascular disease.
- Dose-related elevations in fasting serum total cholesterol, LDL (low density lipoprotein) cholesterol, and triglycerides were observed in clinical studies. Measurement of serum lipids should be considered during PRISTIQ treatment.
- On discontinuation, adverse events, some of which may be serious, have been reported with PRISTIQ and other SSRIs and SNRIs. Abrupt discontinuation of PRISTIQ has been associated with the appearance of new symptoms. Patients should be monitored for symptoms when discontinuing treatment. A gradual reduction in dose (by giving 50 mg of PRISTIQ less frequently) rather than abrupt cessation is recommended whenever possible.
- Dosage adjustment (50 mg every other day) is necessary in patients with severe

renal impairment or end-stage renal disease (ESRD). The dose should not be escalated in patients with moderate or severe renal impairment or ESRD.

- Products containing desvenlafaxine and products containing venlafaxine should not be used concomitantly with PRISTIQ.
- Hyponatremia may occur as a result of treatment with SSRIs and SNRIs, including PRISTIQ. Discontinuation of PRISTIQ should be considered in patients with symptomatic hyponatremia.
- Interstitial lung disease and eosinophilic pneumonia associated with venlafaxine (the parent drug of PRISTIQ) therapy have been rarely reported.

#### Adverse Reactions

- The most commonly observed adverse reactions in patients taking PRISTIQ vs placebo for MDD in short-term fixed-dose premarketing studies (incidence  $\geq 5\%$  and twice the rate of placebo in the 50-mg dose group) were nausea (22% vs 10%), dizziness (13% vs 5%), hyperhidrosis (10% vs 4%), constipation (9% vs 4%), and decreased appetite (5% vs 2%).

**References:** 1. Pristiq<sup>™</sup> (desvenlafaxine) Prescribing Information, Wyeth Pharmaceuticals Inc. 2. Data on file, Wyeth Pharmaceuticals Inc. 3. Sheehan DV. Sheehan Disability Scale. In: Rush AJ Jr, Pincus HA, First MB, et al, eds. *Handbook of Psychiatric Measures*. 1st ed. Washington, DC: American Psychiatric Association; 2000:113-115.

Please see brief summary of Prescribing Information on adjacent pages.

Effexor XR<sup>®</sup> is a registered trademark of Wyeth Pharmaceuticals Inc.

**Pristiq**<sup>™</sup>  
desvenlafaxine

Wyeth<sup>®</sup>

© 2008, Wyeth Pharmaceuticals Inc.  
Philadelphia, PA 19101 227558-01





**NSAIDs, Aspirin, and Warfarin)-** Serotonin release by platelets plays an important role in hemostasis. Epidemiological studies of case-control and cohort design have demonstrated an association between use of psychotropic drugs that interfere with serotonin reuptake and the occurrence of upper gastrointestinal bleeding. These studies have also shown that concurrent use of an NSAID or aspirin may potentiate this risk of bleeding. Altered anticoagulant effects, including increased bleeding, have been reported when SSRIs and SNRIs are coadministered with warfarin. Patients receiving warfarin therapy should be carefully monitored when Pristiq is initiated or discontinued. **Ethanol-** A clinical study has shown that desvenlafaxine does not increase the impairment of mental and motor skills caused by ethanol. However, as with all CNS-active drugs, patients should be advised to avoid alcohol consumption while taking Pristiq. **Potential for Other Drugs to Affect Desvenlafaxine-Inhibitors of CYP3A4 (ketoconazole)-** CYP3A4 is a minor pathway for the metabolism of Pristiq. Concomitant use of Pristiq with potent inhibitors of CYP3A4 may result in higher concentrations of Pristiq. **Inhibitors of other CYP enzymes-** Based on *in vitro* data, drugs that inhibit CYP isozymes 1A1, 1A2, 2A6, 2D6, 2C8, 2C9, 2C19, and 2E1 are not expected to have significant impact on the pharmacokinetic profile of Pristiq. **Potential for Desvenlafaxine to Affect Other Drugs- Drugs metabolized by CYP2D6 (desipramine)-** *In vitro* studies showed minimal inhibitory effect of desvenlafaxine on CYP2D6. Clinical studies have shown that desvenlafaxine does not have a clinically relevant effect on CYP2D6 metabolism at the dose of 100 mg daily. Concomitant use of desvenlafaxine with a drug metabolized by CYP2D6 can result in higher concentrations of that drug. **Drugs metabolized by CYP3A4 (midazolam)-** *In vitro*, desvenlafaxine does not inhibit or induce the CYP3A4 isozyme. Concomitant use of Pristiq with a drug metabolized by CYP3A4 can result in lower exposures to that drug. **Drugs metabolized by CYP1A2, 2A6, 2C8, 2C9 and 2C19-** *In vitro*, desvenlafaxine does not inhibit CYP1A2, 2A6, 2C8, 2C9, and 2C19 isozymes and would not be expected to affect the pharmacokinetics of drugs that are metabolized by these CYP isozymes. **P-glycoprotein Transporter-** *In vitro*, desvenlafaxine is not a substrate or an inhibitor for the P-glycoprotein transporter. The pharmacokinetics of Pristiq are unlikely to be affected by drugs that inhibit the P-glycoprotein transporter, and desvenlafaxine is not likely to affect the pharmacokinetics of drugs that are substrates of the P-glycoprotein transporter. **Electroconvulsive Therapy-** There are no clinical data establishing the risks and/or benefits of electroconvulsive therapy combined with Pristiq treatment. **USE IN SPECIFIC POPULATIONS: Pregnancy-** Patients should be advised to notify their physician if they become pregnant or intend to become pregnant during therapy. **Teratogenic effects - Pregnancy Category C-** There are no adequate and well-controlled studies of Pristiq in pregnant women. Therefore, Pristiq should be used during pregnancy only if the potential benefits justify the potential risks. **Non-teratogenic effects-** Neonates exposed to SNRIs (Serotonin and Norepinephrine Reuptake Inhibitors), or SSRIs (Selective Serotonin Reuptake Inhibitors), late in the third trimester have developed complications requiring prolonged hospitalization, respiratory support, and tube feeding. Such complications can arise immediately upon delivery. Reported clinical findings have included respiratory distress, cyanosis, apnea, seizures, temperature instability, feeding difficulty, vomiting, hypoglycemia, hypotonia, hypertonia, hyperreflexia, tremor, jitteriness, irritability, and constant crying. These features are consistent with either a direct toxic effect of SSRIs and SNRIs or, possibly, a drug discontinuation syndrome. It should be noted that, in some cases, the clinical picture is consistent with serotonin syndrome [see *Warnings and Precautions* (5.2)]. When treating a pregnant woman with Pristiq during the third trimester, the physician should carefully consider the potential risks and benefits of treatment [see *Dosage and Administration* (2.2)]. **Labor and Delivery-** The effect of Pristiq on labor and delivery in humans is unknown. Pristiq should be used during labor and delivery only if the potential benefits justify the potential risks. **Nursing Mothers-** Desvenlafaxine (0-desmethylvenlafaxine) is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from Pristiq, a decision should be made whether or not to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. Only administer Pristiq to breastfeeding women if the expected benefits outweigh any possible risk. **Pediatric Use-** Safety and effectiveness in the pediatric population have not been established [see *Box Warning and Warnings and Precautions* (5.1)]. Anyone considering the use of Pristiq in a child or adolescent must balance the potential risks with the clinical need. **Geriatric Use-** Of the 3,292 patients in clinical studies with Pristiq, 5% were 65 years of age or older. No overall differences in safety or efficacy were observed between these patients and younger patients, but greater sensitivity of some older individuals cannot be ruled out. For elderly patients, possible reduced renal clearance of desvenlafaxine should be considered when determining dose [see *Dosage and Administration* (2.2) and *Clinical Pharmacology* (12.6) in the full prescribing information]. **Renal Impairment-** In subjects with renal impairment the clearance of Pristiq was decreased. In subjects with severe renal impairment (24-hr CrCl < 30 mL/min) and end-stage renal disease, elimination half-lives were significantly prolonged, increasing exposures to Pristiq; therefore, dosage adjustment is recommended in these patients [see *Dosage and Administration* (2.2) and *Clinical Pharmacology* (12.6) in the full prescribing information]. **Hepatic Impairment-** The mean  $t_{1/2}$  changed from approximately 10 hours in healthy subjects and subjects with mild hepatic impairment to 13 and 14 hours in moderate and severe hepatic impairment, respectively. No adjustment in starting dosage is necessary for patients with hepatic impairment.

**OVERDOSAGE: Human Experience with Overdosage-** There is limited clinical experience with desvenlafaxine succinate overdose in humans. In premarketing clinical studies, no cases of fatal acute overdose of desvenlafaxine were reported. The adverse reactions reported within 5 days of an overdose > 600 mg that were possibly related to Pristiq included headache, vomiting, agitation, dizziness, nausea, constipation, diarrhea, dry mouth, paresthesia, and tachycardia. Desvenlafaxine (Pristiq) is the major active metabolite of venlafaxine. Overdose experience reported with venlafaxine (the parent drug of Pristiq) is presented below; the identical information can be found in the *Overdosage* section of the venlafaxine package insert. In postmarketing experience, overdose with venlafaxine (the parent drug of Pristiq) has occurred predominantly in combination with alcohol and/or other drugs. The most commonly reported events in overdose include tachycardia, changes in level of consciousness (ranging from somnolence to coma), mydriasis, seizures, and vomiting. Electrocardiogram changes (e.g., prolongation of QT interval, bundle branch block, QRS prolongation), sinus and ventricular tachycardia, bradycardia, hypotension, rhabdomyolysis, vertigo, liver necrosis, serotonin syndrome, and death have been reported. Published retrospective studies report that venlafaxine overdose may be associated with an increased risk of fatal outcomes compared to that observed with SSRI antidepressant products, but lower than that for tricyclic antidepressants. Epidemiological studies have shown that venlafaxine-treated patients have a higher pre-existing burden of suicide risk factors than SSRI-treated patients. The extent to which the finding of an increased risk of fatal outcomes can be attributed to the toxicity of venlafaxine in overdose, as opposed to some characteristic(s) of venlafaxine-treated patients, is not clear. Prescriptions for Pristiq should be written for the smallest quantity of capsules consistent with good patient management, in order to reduce the risk of overdose. **Management of Overdosage-** Treatment should consist of those general measures employed in the management of overdose with any SSRI/SNRI. Ensure an adequate airway, oxygenation, and ventilation. Monitor cardiac rhythm and vital signs. General supportive and symptomatic measures are also recommended. Gastric lavage with a large-bore orogastric tube with appropriate airway protection, if needed, may be indicated if performed soon after ingestion or in symptomatic patients. Activated charcoal should be administered. Induction of emesis is not recommended. Because of the moderate volume of distribution of this drug, forced diuresis, dialysis, hemoperfusion, and exchange transfusion are unlikely to be of benefit. No specific antidotes for desvenlafaxine are known. In managing an overdose, consider the possibility of multiple drug involvement. The physician should consider contacting a poison control center for additional information on the treatment of any overdose. Telephone numbers for certified poison control centers are listed in the Physicians Desk Reference (PDR®).

This brief summary is based on Pristiq Prescribing Information W10529C002, revised April 2008.

**Osler Institute 132<sup>nd</sup> to 137<sup>th</sup>**  
**Psychiatry Review Courses**  
*approved for AMA/PRA category 1 credit*  
**for Written Exams**  
March 30-April 3, 2009 – Boston  
**for Oral Boards**  
Optional didactic day & 3-day mock orals  
September 15 & 16-18 – St. Louis  
January 12 & 13-15 – San Antonio  
March 30 & Mar 31-Apr 2 – Boston  
**for Child and Adolescent**  
Nov 10-13, 2008 – Philadelphia  
April 1-4, 2009 – Boston  
**New – Best of Psych Audio**  
**Call Today: (800) 356-7537**  
**[www.osler.org/y87a](http://www.osler.org/y87a)**

JERALD KAY • ALLAN TASMAN • AARON T. BECK • JAMES F.T. BUGENTAL • GLEN O. GABBARD • JAY HALEY • OTTO KERNBERG • PETER D. KRAMER • TRACEY ELLS • ROBERT D. STOLOROW • GEORGE E. VAILLANT • IRVIN YALOM • E. JAMES ANTHONY • RICHARD D. CHESSICK • ROBERT COLES • HOWARD C. CUTLER • HABIB DAVANLOO • PAUL A. DEWALD • JOHN MARKOWITZ • HABIB DAVANLOO • WILLIAM N. GOLDSTEIN • PAUL A. DEWALD • JAMES HAVENS • ROBERT LANG • ANTHONY • ROBERTSKY • ALBERT MENNINGER • JOEL YAGER • JAMES • ETHEL SPECTOR PERSON • JAY HALEY • AARON T. BECK • JAMES HALEY • JAY HALEY • OTTO MOORE • ROBERT D. IRVIN YALOM • RICHARD D. CHESSICK • HABIB DAVANLOO • WILLIAM N. GOLDSTEIN • ROBERT LANGS • WILLIAM LAZARUS • JAMES HALEY • WRIGHT JUDD • IRVIN YALOM • JOHN C. NEMIAH • ANNA • SPECTOR PERSON • FRED PINE • JAY HALEY • F.T. BUGENTAL • GLEN O. MOORE • ROBERT D. STOLOROW • JOHN NORCROSS • IRVIN YALOM • E. JAMES ANTHONY • RICHARD D. CHESSICK • ROBERT COLES • HOWARD C. CUTLER • HABIB DAVANLOO • PAUL A. DEWALD • ROBERT LANGS • PAUL CRITS-CHRISTOPH • TRACY

Volume 56  
**American Journal of Psychotherapy**  
T. Byram Karasu, Editor-in-Chief  
*Highlights:*  
Therapist Interventions in the Interpersonal and Cognitive Therapy Sessions of the Treatment of Depression Collaborative Program  
M.B. Connolly Gibbons, Ph.D.,  
P. Crits-Christoph, Ph.D., et al  
Reflections on Gifts in the Therapeutic Setting: The Gift from the Patient to the Therapist  
Andrew I. Smolar, M.D.  
Dedicated to the  
Trans-theoretical Research & Practice of Psychotherapy  
Official Journal of the AAP Founded in 1939

Incorporating the *Journal of Psychotherapy Practice and Research*  
Published four times per annum: *American Journal of Psychotherapy*  
Belfer Center, Room 405 • 1300 Morris Park Avenue • Bronx, NY 10461  
Telephone: (718) 430-3503, FAX: (718) 430-8907  
E-mail: [info@ajp.org](mailto:info@ajp.org); Web site: [www.ajp.org](http://www.ajp.org)

# SEROQUEL stabilizes mood in bipolar disorder and is the only atypical proven effective in both acute mania AND bipolar depression<sup>1,2</sup>



## Important Safety Information

- SEROQUEL is indicated for the treatment of depressive episodes in bipolar disorder; acute manic episodes in bipolar I disorder, as either monotherapy or adjunct therapy to lithium or divalproex; and schizophrenia. Patients should be periodically reassessed to determine the need for treatment beyond the acute response
- **Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk (1.6 to 1.7 times) of death, compared to placebo (4.5% vs 2.6%, respectively). SEROQUEL is not approved for the treatment of patients with dementia-related psychosis (see Boxed Warning)**
- **Antidepressants increased the risk of suicidal thinking and behavior in children, adolescents, and young adults in short-term studies of major depressive disorder and other psychiatric disorders. Patients of all ages started on therapy should be observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. SEROQUEL is not approved for use in patients under the age of 18 years (see Boxed Warning)**

Please see additional Important Safety Information on following pages, and Brief Summary of Prescribing Information, including Boxed Warnings, at the end of this ad.

 **Seroquel**<sup>®</sup>  
quetiapine fumarate  
25 mg, 50 mg, 100 mg, 200 mg, 300 mg & 400 mg tablets

# Help your patients with bipolar disorder

## SEROQUEL has

- Mood-stabilizing properties<sup>2</sup>
- Proven efficacy to treat both bipolar depression and acute mania<sup>\*†‡3-7</sup>
- A target dose of 300 mg/day by Day 4 for bipolar depression with **once-daily dosing at bedtime**, and a target dose of 600 mg/day<sup>†</sup> by Day 5 in bipolar mania with **BID<sup>§</sup> dosing**<sup>2,6</sup>

## Important Safety Information (continued)

- A potentially fatal symptom complex, sometimes referred to as Neuroleptic Malignant Syndrome (NMS), has been reported in association with administration of antipsychotic drugs, including SEROQUEL. Rare cases of NMS have been reported with SEROQUEL. Clinical manifestations of NMS are hyperpyrexia, muscle rigidity, altered mental status, and evidence of autonomic instability (irregular pulse or blood pressure, tachycardia, diaphoresis, and cardiac dysrhythmia). Additional signs may include elevated creatine phosphokinase, myoglobinuria (rhabdomyolysis), and acute renal failure. The management of NMS should include immediate discontinuation of antipsychotic drugs
- Tardive dyskinesia (TD), a potentially irreversible syndrome of involuntary dyskinetic movements, may develop in patients treated with antipsychotic drugs. The risk of developing TD and the likelihood that it will become irreversible are believed to increase as the duration of treatment and total cumulative dose of antipsychotic drugs administered to the patient increase. TD may remit, partially or completely, if antipsychotic treatment is withdrawn. SEROQUEL should be prescribed in a manner that is most likely to minimize the occurrence of TD
- Hyperglycemia, in some cases extreme and associated with ketoacidosis, hyperosmolar coma, or death, has been reported in patients treated with atypical antipsychotics, including SEROQUEL. The relationship of atypical use and glucose abnormalities is complicated by the possibility of increased risk of diabetes in the schizophrenic population and the increasing incidence of diabetes in the general population. However, epidemiological studies suggest an increased risk of treatment-emergent, hyperglycemia-related adverse events in patients treated with atypical antipsychotics. Patients starting treatment with atypical antipsychotics who have or are at risk for diabetes should undergo fasting blood glucose testing at the beginning of and periodically during treatment. Patients who develop symptoms of hyperglycemia should also undergo fasting blood glucose testing
- Leukopenia, neutropenia, and agranulocytosis (including fatal cases), have been reported temporally related to atypical antipsychotics, including SEROQUEL. Patients with a pre-existing low white blood cell (WBC) count or a history of drug induced leukopenia/neutropenia should have their complete blood count monitored frequently during the first few months of therapy. In these patients, SEROQUEL should be discontinued at the first sign of a decline in WBC absent other causative factors. Patients with neutropenia should be carefully monitored, and SEROQUEL should be discontinued in any patient if the absolute neutrophil count is  $< 1000/\text{mm}^3$
- Precautions include the risk of seizures, orthostatic hypotension, and cataracts. Examination of the lens by methods adequate to detect cataract formation, such as slit lamp exam or other appropriately sensitive methods, is recommended at initiation of treatment, or shortly thereafter, and at 6-month intervals during chronic treatment

**Please see additional Important Safety Information on adjacent pages, and Brief Summary of Prescribing Information, including Boxed Warnings, at the end of this ad.**



### Important Safety Information (continued)

- The most commonly observed adverse events associated with the use of SEROQUEL monotherapy versus placebo in clinical trials for schizophrenia and bipolar disorder were dry mouth (9%-44% vs 3%-13%), sedation (30% vs 8%), somnolence (18%-28% vs 7%-8%), dizziness (11%-18% vs 5%-7%), constipation (8%-10% vs 3%-4%), SGPT increase (5% vs 1%), dyspepsia (5%-7% vs 1%-4%), lethargy (5% vs 2%), and weight gain (5% vs 1%). The most commonly observed adverse events associated with the use of SEROQUEL versus placebo in clinical trials as adjunct therapy with lithium or divalproex in bipolar mania were somnolence (34% vs 9%), dry mouth (19% vs 3%), asthenia (10% vs 4%), constipation (10% vs 5%), abdominal pain (7% vs 3%), postural hypotension (7% vs 2%), pharyngitis (6% vs 3%), and weight gain (6% vs 3%)
- In long-term clinical trials of quetiapine, hyperglycemia (fasting glucose  $\geq 126$  mg/dL) was observed in 10.7% of patients receiving quetiapine (mean exposure 213 days) vs 4.6% in patients receiving placebo (mean exposure 152 days)

\* Data combined from two 8-week, multicenter, randomized, double-blind, placebo-controlled, monotherapy bipolar depression trials. SEROQUEL (300 mg/day; n=327) showed significant improvement from baseline in Montgomery-Asberg Depression Rating Scale total score at Week 1 continuing through Week 8 vs placebo (n=330; P values  $\leq 0.0001$ );<sup>2</sup>

<sup>†</sup> Data combined from two 12-week, multicenter, randomized, double-blind, placebo-controlled, monotherapy mania trials. SEROQUEL (n=208) showed significant improvement from baseline in Young Mania Rating Scale (YMRS) total score at Day 4 continuing through Day 84 vs placebo (n=195; P values  $\leq 0.05$ ).<sup>5</sup>

<sup>††</sup> In pivotal mania trials, the average dose in responders (patients with  $\geq 50\%$  improvement in YMRS total score) was 600 mg/day.

<sup>§</sup> Twice daily.

**References:** 1. Data on file, AstraZeneca Pharmaceuticals LP, DA-SER-51. 2. Prescribing Information for SEROQUEL. 3. Calabrese JR, Keck PE, Macfadden W, et al. *Am J Psychiatry*. 2005;162:1351-1360. 4. Thase ME, Macfadden W, Weisler RH, et al, for the BOLDER II Study Group. *J Clin Psychopharmacol*. 2006;26:600-609. 5. Endicott J, Rajagopalan K, Minkwitz M, et al, for the BOLDER Study Group. *Int Clin Psychopharmacol*. 2007;22:29-37. 6. Vieta E, Mullen J, Brecher M, et al. *Curr Med Res Opin*. 2005;21:923-934. 7. Sachs G, Chengappa KNR, Suppes T, et al. *Bipolar Disord*. 2004;6:213-223. 8. Data on file, AstraZeneca Pharmaceuticals LP, DA-SER-45.

© 2007 AstraZeneca Pharmaceuticals LP. All rights reserved.  
SEROQUEL is a registered trademark of the AstraZeneca group of companies.  
257947 12/07 [www.SEROQUEL.com](http://www.SEROQUEL.com)

 **Seroquel**<sup>®</sup>  
quetiapine fumarate  
25 mg, 50 mg, 100 mg, 200 mg, 300 mg & 400 mg tablets

# SEROQUEL (quetiapine fumarate) TABLETS

RX ONLY

**BRIEF SUMMARY:** For full Prescribing Information, see package insert.

<b>Increased Mortality in Elderly Patients with Dementia-Related Psychosis</b> Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. Analyses of seven event placebo-controlled trials (modal duration of 10 weeks) in these patients revealed a risk of death in the drug-treated patients of between 1.6 to 1.7 times that seen in placebo-treated patients. Over the course of a typical 10 week controlled trial, the rate of death in drug-treated patients was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (eg, heart failure, sudden death) or infectious (eg, pneumonia) in nature. SEROQUEL (quetiapine) is not approved for the treatment of patients with Dementia-Related Psychosis.
<b>Suicidality and Antidepressant Drugs</b> Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of SEROQUEL or any other antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction in risk with antidepressants compared to placebo in adults aged 65 and older. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. SEROQUEL is not approved for use in pediatric patients. (See Warnings: Clinical Worsening and Suicide Risk, Precautions: Information for Patients, and Precautions: Pediatric Use)

**INDICATIONS AND USAGE**  
**Bipolar Disorder** SEROQUEL is indicated for the treatment of both: • depressive episodes associated with bipolar disorder; • acute manic episodes associated with bipolar I disorder as either monotherapy or adjunct therapy to lithium or divalproex. Depression The efficacy of SEROQUEL was established in two identical 8-week randomized, placebo-controlled double-blind clinical studies that included either bipolar I or II patients (see **CLINICAL PHARMACOLOGY** in full Prescribing Information). Effectiveness has not been systematically evaluated in clinical trials for more than 8 weeks. Mania The efficacy of SEROQUEL in acute bipolar mania was established in two 12-week monotherapy trials and one 3-week adjunct therapy trial of bipolar I patients initially hospitalized for up to 7 days for acute mania (see **CLINICAL PHARMACOLOGY** in full Prescribing Information). Effectiveness has not been systematically evaluated in clinical trials for more than 12 weeks in monotherapy and 3 weeks in adjunct therapy. The physician who elects to use SEROQUEL for extended periods in bipolar disorder should periodically re-evaluate the long-term risks and benefits of the drug for the individual patient (see **DOSE AND ADMINISTRATION**).  
**Schizophrenia** SEROQUEL is indicated for the treatment of schizophrenia. The efficacy of SEROQUEL in schizophrenia was established in short-term (6-week) controlled trials of schizophrenic inpatients (see **CLINICAL PHARMACOLOGY** in full Prescribing Information). The effectiveness of SEROQUEL in long-term use, that is, for more than 6 weeks, has not been systematically evaluated in controlled trials. Therefore, the physician who elects to use SEROQUEL for extended periods should periodically re-evaluate the long-term usefulness of the drug for the individual patient (see **DOSE AND ADMINISTRATION**).

**CONTRAINDICATIONS** SEROQUEL is contraindicated in individuals with a known hypersensitivity to this medication or any of its ingredients.

**WARNINGS**  
**Increased Mortality in Elderly Patients with Dementia-Related Psychosis** Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. SEROQUEL (quetiapine) is not approved for the treatment of patients with dementia-related psychosis (see **Boxed Warning**).  
**Clinical Worsening and Suicide Risk** Patients with major depressive disorder (MDD), both adult and pediatric, may experience worsening of their depression and/or the emergence of suicidal ideation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. Suicide is a known risk of depression and certain other psychiatric disorders, and these disorders themselves are the strongest predictors of suicide. There has been a long-standing concern, however, that antidepressants may have a role in inducing worsening of depression and the emergence of suicidality in certain patients during the early phases of treatment. Pooled analyses of short-term placebo-controlled trials of antidepressant drugs (SSRIs and others) showed that these drugs increase the risk of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults (ages 18-24) with major depressive disorder (MDD) and other psychiatric disorders. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction with antidepressants compared to placebo in adults aged 65 and older. The pooled analyses of placebo-controlled trials in children and adolescents with MDD, obsessive compulsive disorder (OCD), or other psychiatric disorders included a total of 24 short-term trials of 9 antidepressant drugs in over 4400 patients. The pooled analyses of placebo-controlled trials in adults with MDD or other psychiatric disorders included a total of 295 short-term trials (median duration of 2 months) of 11 antidepressant drugs in over 77,000 patients. There was considerable variation in risk of suicidality among drugs, but a tendency toward an increase in the younger patients for almost all drugs studied. There were differences in absolute risk of suicidality across the different indications, with the highest incidence in MDD. The risk differences (drug vs placebo), however, were relatively stable within age strata and across indications. These risk differences (drug-placebo difference in the number of cases of suicidality per 1000 patients treated) are provided in Table 1.

Table 1

Age Range	Drug-Placebo Difference in Number of Cases of Suicidality per 1000 Patients Treated
	<b>Increases Compared to Placebo</b>
<18	14 additional cases
18-24	5 additional cases
	<b>Decreases Compared to Placebo</b>
25-64	1 fewer case
≥65	6 fewer cases

No suicides occurred in any of the pediatric trials. There were suicides in the adult trials, but the number was not sufficient to reach any conclusion about drug effect on suicide. It is unknown whether the suicidality risk extends to longer-term use, i.e., beyond several months. However, there is substantial evidence from placebo-controlled maintenance trials in adults with depression that the use of antidepressants can delay the recurrence of depression. **All patients being treated with antidepressants for any indication should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases.** The following symptoms, anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotor restlessness), hypomania, and mania, have been reported in adult and pediatric patients being treated with antidepressants for major depressive disorder as well as for other indications, both psychiatric and non-psychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depression and/or the emergence of suicidal impulses has not been established, there is concern that such symptoms may represent precursors to emerging suicidality. Consideration should be given to changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms. **Families and caregivers of patients being treated with antidepressants for major depressive disorder or other indications, both psychiatric and non-psychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to health care providers. Such monitoring should include daily observation by families and caregivers.** Prescriptions for SEROQUEL should be written for the smallest quantity of tablets consistent with good patient management, in order to reduce the risk of overdose.  
**Screening Patients for Bipolar Disorder:** A major depressive episode may be the initial presentation of bipolar disorder. It is generally believed (though not established in controlled trials) that treating such an episode with an antidepressant alone may increase the likelihood of precipitation of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a conversion is unknown. However, prior to initiating treatment with an antidepressant, patients with depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide, bipolar disorder, and depression. It should be noted that SEROQUEL is approved for use in treating adult bipolar depression.  
**Neuroleptic Malignant Syndrome (NMS)** A potentially fatal symptom complex sometimes referred to as Neuroleptic Malignant Syndrome (NMS) has been reported in association with administration of antipsychotic drugs, including SEROQUEL. Rare cases of NMS have been reported with SEROQUEL. Clinical manifestations of NMS are hyperreflexia, muscle rigidity, altered mental status, and evidence of autonomic instability (irregular pulse or blood pressure, tachycardia, diaphoresis, and cardiac dysrhythmia). Additional signs may include elevated creatine phosphokinase, myoglobinuria (rhabdomyolysis) and acute renal failure. The diagnostic evaluation of patients with this syndrome is complicated. In arriving at a diagnosis, it is important to exclude causes where the clinical presentation includes both serious medical illness (e.g., pneumonia, systemic infection, etc.) and untreated or inadequately treated extrapyramidal signs and symptoms (EPS). Other important considerations in the differential diagnosis include central anticholinergic toxicity, heat stroke, drug fever and primary central nervous system (CNS) pathology. The

SEROQUEL® (quetiapine fumarate) Tablets

management of NMS should include: 1) immediate discontinuation of antipsychotic drugs and other drugs not essential to concurrent therapy; 2) intensive symptomatic treatment and medical monitoring; and 3) treatment of any concomitant serious medical problems for which specific treatments are available. There is no general agreement about specific pharmacological treatment regimens for NMS. If a patient requires antipsychotic drug treatment after recovery from NMS, the potential reintroduction of drug therapy should be carefully considered. The patient should be carefully monitored since recurrences of NMS have been reported. **Tardive Dyskinesia** A syndrome of potentially irreversible, involuntary, dyskinetic movements may develop in patients treated with antipsychotic drugs. Although the prevalence of the syndrome appears to be highest among the elderly, especially elderly women, it is impossible to rely upon prevalence estimates to predict, at the inception of antipsychotic treatment, which patients are likely to develop the syndrome. Whether antipsychotic drug products differ in their potential to cause tardive dyskinesia is unknown. The risk of developing tardive dyskinesia and the likelihood that it will become irreversible are believed to increase as the duration of treatment and the total cumulative dose of antipsychotic drugs administered to the patient increase. However, the syndrome can develop, although much less commonly, after relatively brief treatment periods at low doses. There is no known treatment for established cases of tardive dyskinesia, although the syndrome may remit, partially or completely, if antipsychotic treatment is withdrawn. Antipsychotic treatment, itself, however, may suppress (or partially suppress) the signs and symptoms of the syndrome and thereby may possibly mask the underlying process. The effect that symptomatic suppression has upon the long-term course of the syndrome is unknown. Given these considerations, SEROQUEL should be prescribed in a manner that is most likely to minimize the occurrence of tardive dyskinesia. Chronic antipsychotic treatment should generally be reserved for patients who appear to suffer from a chronic illness that (1) is known to respond to antipsychotic drugs, and (2) for whom alternative, equally effective, but potentially less harmful treatments are not available or appropriate. In patients who do require chronic treatment, the smallest dose and the shortest duration of treatment producing a satisfactory clinical response should be sought. The need for continued treatment should be reassessed periodically. If signs and symptoms of tardive dyskinesia appear in a patient on SEROQUEL, drug discontinuation should be considered. However, some patients may require treatment with SEROQUEL despite the presence of the syndrome.

**Hyperglycemia and Diabetes Mellitus** Hyperglycemia, in some cases extreme and associated with ketoacidosis or hyperosmolar coma or death, has been reported in patients treated with atypical antipsychotics, including Serquel (see **ADVERSE REACTIONS, Hyperglycemia**). Assessment of the relationship between atypical antipsychotic use and glucose abnormalities is complicated by the possibility of an increased background risk of diabetes mellitus in patients with schizophrenia and the increasing incidence of diabetes mellitus in the general population. Given these confounders, the relationship between atypical antipsychotic use and hyperglycemia-related adverse events is not completely understood. However, epidemiological studies suggest an increased risk of treatment-emergent hyperglycemia-related adverse events in patients treated with the atypical antipsychotics. Precise risk estimates for hyperglycemia-related adverse events in patients treated with atypical antipsychotics are not available. Patients with an established diagnosis of diabetes mellitus who are started on atypical antipsychotics should be monitored regularly for worsening of glucose control. Patients with risk factors for diabetes mellitus (eg, obesity, family history of diabetes) who are starting treatment with atypical antipsychotics should undergo fasting blood glucose testing at the beginning of treatment and periodically during treatment. Any patient treated with atypical antipsychotics should be monitored for symptoms of hyperglycemia including polydipsia, polyuria, polyphagia, and weakness. Patients who develop symptoms of hyperglycemia during treatment with atypical antipsychotics should undergo fasting blood glucose testing. In some cases, hyperglycemia has resolved when the atypical antipsychotic was discontinued; however, some patients required continuation of antidiabetic treatment despite discontinuation of the suspect drug.

**PRECAUTIONS**  
**General:** **Orthostatic Hypotension:** SEROQUEL may induce orthostatic hypotension associated with dizziness, tachycardia and, in some patients, syncope, especially during the initial dose-titration period, probably reflecting its  $\alpha_1$ -adrenergic antagonist properties. Syncope was reported in 1% (28/3265) of the patients treated with SEROQUEL, compared with 0.2% (2/954) on placebo and about 0.4% (2/527) on active control drugs. SEROQUEL should be used with particular caution in patients with known cardiovascular disease (history of myocardial infarction or ischemic heart disease, heart failure or conduction abnormalities), cerebrovascular disease or conditions which would predispose patients to hypotension (dehydration, hypovolemia and treatment with antihypertensive medications). The risk of orthostatic hypotension and syncope may be minimized by limiting the initial dose to 25 mg bid (see **DOSE AND ADMINISTRATION**). If hypotension occurs during titration to the target dose, a return to the previous dose in the titration schedule is appropriate. **Leukopenia, Neutropenia and Agranulocytosis:** In clinical trial and postmarketing experience, events of leukopenia/neutropenia have been reported temporally related to atypical antipsychotic agents, including SEROQUEL. Agranulocytosis (including fatal cases) has also been reported. Possible risk factors for leukopenia/neutropenia include pre-existing low white cell count (WBC) and history of drug induced leukopenia/neutropenia. Patients with a pre-existing low WBC or a history of drug induced leukopenia/neutropenia should have their complete blood count (CBC) monitored frequently during the first few months of therapy and should discontinue SEROQUEL at the first sign of a decline in WBC in absence of other causative factors. Patients with neutropenia should be carefully monitored for fever or other symptoms or signs of infection and treated promptly if such symptoms or signs occur. Patients with severe neutropenia (absolute neutrophil count <1000/mm<sup>3</sup>) should discontinue SEROQUEL and have their WBC followed until recovery (see **ADVERSE REACTIONS**). **Cataracts:** The development of cataracts was observed in association with quetiapine treatment in chronic dog studies (see **Animal Toxicology**). Lens changes have also been observed in patients during long-term SEROQUEL treatment, but a causal relationship to SEROQUEL use has not been established. Nevertheless, the possibility of lenticular changes cannot be excluded at this time. Therefore, examination of the lens by methods adequate to detect cataract formation, such as slit lamp exam or other appropriately sensitive methods, is recommended at initiation of treatment or shortly thereafter, and at 6 month intervals during chronic treatment. **Seizures:** During clinical trials, seizures occurred in 0.5% (20/3490) of patients treated with SEROQUEL compared to 0.2% (2/954) on placebo and 0.7% (4/527) on active control drugs. As with other antipsychotics SEROQUEL should be used cautiously in patients with a history of seizures or with conditions that potentially lower the seizure threshold, eg, Alzheimer's dementia. Conditions that lower the seizure threshold may be more prevalent in a population of 65 years or older. **Hypothyroidism:** Clinical trials with SEROQUEL demonstrated a dose-related decrease in total and free thyroxine (T4) of approximately 20% at the higher end of the therapeutic dose range and was maximal in the first two to four weeks of treatment and maintained without adaptation or progression during more chronic therapy. Generally, these changes were of no clinical significance and TSH was unchanged in most patients and levels of TBG were unchanged. In nearly all cases, cessation of SEROQUEL treatment was associated with a reversal of the effects on total and free T4, irrespective of the duration of treatment. About 0.7% (26/3489) of SEROQUEL patients did experience TSH increases in monotherapy studies. Six of the patients with TSH increases needed replacement thyroid treatment. In the mania adjunct studies, where SEROQUEL was added to lithium or divalproate, 12% (24/196) of SEROQUEL treated patients compared to 7% (15/203) of placebo treated patients had elevated TSH levels. Of the SEROQUEL treated patients with elevated TSH levels, 3 had simultaneous low free T4 levels. **Cholesterol and Triglyceride Elevations:** In schizophrenia trials, the proportions of patients with elevations to levels of cholesterol  $\geq$ 240 mg/dL and triglycerides  $\geq$ 200 mg/dL were 16% and 23% for SEROQUEL treated patients respectively compared to 7% and 16% for placebo patients respectively. In bipolar depression trials, the proportion of patients with cholesterol and triglycerides elevations to these levels were 9% and 14% for SEROQUEL treated patients respectively, compared to 6% and 9% for placebo patients respectively. **Hyperprolactinemia:** Although an elevation of prolactin levels was not demonstrated in clinical trials with SEROQUEL, increased prolactin levels were observed in rat studies with this compound, and were associated with an increase in mammary gland neoplasia in rats (see **Carcinogenesis**). Tissue culture experiments indicate that approximately one-third of human breast cancers are prolactin dependent *in vitro*, a factor of potential importance if the prescription of these drugs is contemplated in a patient with previously detected breast cancer. Although disturbances such as galactorrhea, amenorrhea, gynecomastia, and impotence have been reported with prolactin-elevating compounds, the clinical significance of elevated serum prolactin levels is unknown for most patients. Neither clinical studies nor epidemiologic studies conducted to date have shown an association between chronic administration of this class of drugs and tumorigenesis in humans; the available evidence is considered too limited to be conclusive at this time. **Transaminase Elevations:** Asymptomatic, transient and reversible elevations in serum transaminases (primarily ALT) have been reported. In schizophrenia trials, the proportions of patients with transaminase elevations of >3 times the upper limits of the normal reference range in a pool of 3- to 6-week placebo-controlled trials were approximately 6% for SEROQUEL compared to 1% for placebo. In acute bipolar mania trials, the proportions of patients with transaminase elevations of >3 times the upper limits of the normal reference range in a pool of 3- to 12-week placebo-controlled trials were approximately 1% for both SEROQUEL and placebo. These hepatic enzyme elevations usually occurred within the first 3 weeks of drug treatment and promptly returned to pre-study levels with ongoing treatment with SEROQUEL. In bipolar depression trials, the proportions of patients with transaminase elevations of >3 times the upper limits of the normal reference range in two 8-week placebo-controlled trials was 1% for SEROQUEL and 2% for placebo.  
**Potential for Cognitive and Motor Impairment:** Somnolence was a commonly reported adverse event reported in patients treated with SEROQUEL especially during the 3-5 day period of initial dose-titration. In schizophrenia trials, somnolence was reported in 18% of patients on SEROQUEL compared to 11% of placebo patients. In acute bipolar mania trials using SEROQUEL as monotherapy, somnolence was reported in 16% of patients on SEROQUEL compared to 4% of placebo patients. In acute bipolar mania trials using SEROQUEL as adjunct therapy, somnolence was reported in 34% of patients on SEROQUEL compared to 9% of placebo patients. In bipolar depression trials, somnolence was reported in 28% of patients on SEROQUEL compared to 7% of placebo patients. In these trials, sedation was reported in 30% of patients on SEROQUEL compared to 8% of placebo patients. Since SEROQUEL has the potential to impair judgment, thinking, or motor skills, patients should be cautioned about performing activities requiring mental alertness, such as operating a motor vehicle (including automobiles) or operating hazardous machinery until they are reasonably certain that SEROQUEL therapy does not affect them adversely. **Priapism:** One case of priapism in a patient receiving SEROQUEL has been reported prior to market introduction. While a causal relationship to use of SEROQUEL has not been established, other drugs with alpha-adrenergic blocking effects have been reported to induce priapism, and it is possible that SEROQUEL may share this capacity. Severe priapism may require surgical intervention. **Body Temperature Regulation:** Although not reported with SEROQUEL, disruption of the body's ability to reduce core body temperature has been attributed to antipsychotic agents. Appropriate care is advised when prescribing SEROQUEL for patients who will be experiencing conditions which may contribute to an elevation in core body temperature, e.g., exercising strenuously, exposure to extreme heat, receiving concomitant medication with anticholinergic activity, or being subject to dehydration. **Dysphagia:** Esophageal dysmotility and aspiration have been associated with antipsychotic drug use. Aspiration pneumonia is a common cause of morbidity and mortality in elderly patients, in particular those with advanced Alzheimer's dementia. SEROQUEL and other antipsychotic drugs





The first medication indicated for  
adjunctive treatment in adults with

Major Depressive Disorder

ABILIFY<sup>®</sup> (aripiprazole) is indicated as an adjunctive treatment  
to antidepressants for Major Depressive Disorder in adults.

Please see IMPORTANT SAFETY INFORMATION, including **Boxed WARNING** regarding  
suicidality in children, adolescents, and young adults taking antidepressants, on next page.

**HELP ILLUMINATE THE PERSON WITHIN**



**ABILIFY<sup>®</sup>**  
(aripiprazole)  
TABLETS and ORAL SOLUTION 1mg/mL



## IMPORTANT SAFETY INFORMATION and INDICATION for ABILIFY® (aripiprazole)

### INDICATION:

- ABILIFY is indicated for use as an adjunctive treatment to antidepressants for major depressive disorder in adults

### IMPORTANT SAFETY INFORMATION:

**Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk (1.6 to 1.7 times) of death compared to placebo (4.5% vs 2.6%, respectively). ABILIFY is not approved for the treatment of patients with dementia-related psychosis (see Boxed WARNING).**

**Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of adjunctive ABILIFY or another antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increased risk of suicidality in adults beyond age 24. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. ABILIFY is not approved for use in pediatric patients with depression (See Boxed WARNING).**

**CONTRAINDICATIONS:** Known hypersensitivity reaction to ABILIFY. Reactions have ranged from pruritus/urticaria to anaphylaxis.

**Cerebrovascular adverse events** (eg, stroke, transient ischemic attack), including fatalities, have been reported at an increased incidence in clinical trials of elderly patients with dementia-related psychosis treated with ABILIFY.

**Neuroleptic malignant syndrome (NMS)**—As with all antipsychotic medications, a rare and potentially fatal condition known as NMS has been reported with ABILIFY. NMS can cause hyperpyrexia, muscle rigidity, diaphoresis, tachycardia, irregular pulse or blood pressure, cardiac dysrhythmia, and altered mental status. If signs and symptoms appear, immediate discontinuation is recommended.

**Tardive dyskinesia (TD)**—The risk of developing TD and the potential for it to become irreversible may increase as the duration of treatment and the total cumulative dose increase. Prescribing should be consistent with the need to minimize TD. If signs and symptoms appear, discontinuation should be considered since TD may remit, partially or completely.

**Hyperglycemia and diabetes mellitus**—Hyperglycemia, in some cases associated with ketoacidosis, coma, or death, has been reported in patients treated with atypical antipsychotics including ABILIFY. Patients with diabetes should be monitored for worsening of glucose control; those with risk factors for diabetes should undergo baseline and periodic fasting blood glucose testing. Patients who develop symptoms of hyperglycemia should also undergo fasting blood glucose testing. There have been few reports of hyperglycemia with ABILIFY.

ABILIFY may be associated with orthostatic hypotension and should be used with caution in patients with known cardiovascular disease, cerebrovascular disease, or conditions which would predispose them to hypotension.

As with other antipsychotic drugs, ABILIFY should be used with caution in patients with a history of seizures or with conditions that lower the seizure threshold.

Like other antipsychotics, ABILIFY may have the potential to impair judgment, thinking, or motor skills. Patients should not drive or operate hazardous machinery until they are certain ABILIFY does not affect them adversely.

Disruption of the body's ability to reduce core body temperature has been attributed to antipsychotics. Appropriate care is advised for patients who may exercise strenuously, be exposed to extreme heat, receive concomitant medication with anticholinergic activity, or be subject to dehydration.

The possibility of a suicide attempt is inherent in psychotic illnesses, bipolar disorder, and major depressive disorder, and close supervision of high-risk patients should accompany drug therapy.

Esophageal dysmotility and aspiration have been associated with antipsychotic drug use, including ABILIFY; use caution in patients at risk for aspiration pneumonia.

Physicians should advise patients to avoid alcohol while taking ABILIFY.

Strong CYP3A4 (eg, ketoconazole) or CYP2D6 (eg, fluoxetine) inhibitors will increase ABILIFY drug concentrations; reduce ABILIFY dose by one-half when used concomitantly, except when used as adjunctive treatment with antidepressants.

CYP3A4 inducers (eg, carbamazepine) will decrease ABILIFY drug concentrations; double ABILIFY dose when used concomitantly.

**Commonly observed adverse reactions** ( $\geq 5$  percent incidence and at least twice the rate of placebo for adjunctive ABILIFY vs adjunctive placebo, respectively):

- Adult patients (with major depressive disorder): akathisia (25% vs 4%), restlessness (12% vs 2%), insomnia (8% vs 2%), constipation (5% vs 2%), fatigue (8% vs 4%), and blurred vision (6% vs 1%)

Dystonia is a class effect of antipsychotic drugs. Symptoms of dystonia may occur in susceptible individuals during the first days of treatment and at low doses.

Please see brief summary of FULL PRESCRIBING INFORMATION, including **Boxed WARNINGS**, for ABILIFY on adjacent pages.







# *We can't wait.*

*Because I don't want to lose  
my son to the voices again.*

The voices in his head are back.  
I can't bear to see him like this.

He was doing so well on his own.  
This will ruin everything.  
It could send him back to the hospital.

We're fighting to get  
things back under control.  
But we need help now.

**ZYPREXA**<sup>®</sup>  
Olanzapine

For resources to help you help your patients with  
schizophrenia, visit [www.ToolsForTheFight.com](http://www.ToolsForTheFight.com)





The labeling for ZYPREXA includes a boxed warning:

- Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo.
- ZYPREXA is not approved for the treatment of elderly patients with dementia-related psychosis.

ZYPREXA is approved for the treatment of schizophrenia, acute bipolar mania, and for maintenance treatment in bipolar disorder.

For Important Safety Information, including boxed warning, see adjacent page and accompanying Brief Summary of Prescribing Information.

*Lilly*

## Important Safety Information for ZYPREXA® (Olanzapine)

### Increased Mortality in Elderly Patients with Dementia-Related Psychosis

**Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. Analyses of seventeen placebo-controlled trials (modal duration of 10 weeks) in these patients revealed a risk of death in the drug-treated patients of between 1.6 to 1.7 times that seen in placebo-treated patients. Over the course of a typical 10-week controlled trial, the rate of death in drug-treated patients was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (eg, heart failure, sudden death) or infectious (eg, pneumonia) in nature. ZYPREXA is not approved for the treatment of elderly patients with dementia-related psychosis.**

### Cerebrovascular adverse events (CVAE), including stroke, in elderly patients with dementia

—Cerebrovascular adverse events (eg, stroke, transient ischemic attack), including fatalities, were reported in patients in trials of ZYPREXA in elderly patients with dementia-related psychosis. In placebo-controlled trials, there was a significantly higher incidence of CVAE in patients treated with ZYPREXA compared to patients treated with placebo. ZYPREXA is not approved for the treatment of patients with dementia-related psychosis.

**Hyperglycemia**—Hyperglycemia, in some cases associated with ketoacidosis, coma, or death, has been reported in patients treated with atypical antipsychotics including olanzapine. While relative risk estimates are inconsistent, the association between atypical antipsychotics and increases in glucose levels appears to fall on a continuum and olanzapine appears to have a greater association than some other atypical antipsychotics. Physicians should consider the risks and benefits when prescribing olanzapine to patients with an established diagnosis of diabetes mellitus, or having borderline increased blood glucose level. Patients taking olanzapine should be monitored regularly for worsening of glucose control. Persons with risk factors for diabetes who are starting on atypical antipsychotics should undergo baseline and periodic fasting blood glucose testing. Patients who develop symptoms of hyperglycemia during treatment should undergo fasting blood glucose testing.

**Hyperlipidemia**—Undesirable alterations in lipids have been observed with olanzapine use. Clinical monitoring, including baseline and follow-up lipid evaluations in patients using olanzapine, is advised. Significant, and sometimes very high, elevations in triglyceride levels have been observed with olanzapine use. Modest mean increases in total cholesterol have also been seen with olanzapine use.

**Weight gain**—Potential consequences of weight gain should be considered prior to starting olanzapine. Patients receiving olanzapine should receive regular monitoring of weight.

**Neuroleptic malignant syndrome (NMS)**—As with all antipsychotic medications, a rare and potentially fatal condition known as NMS has been reported with olanzapine. If signs and symptoms appear, immediate discontinuation is recommended. Clinical manifestations of NMS are hyperpyrexia, muscle rigidity, altered mental status and evidence of autonomic instability (irregular pulse or blood pressure, tachycardia, diaphoresis and cardiac dysrhythmia). Additional signs may include elevated creatinine phosphokinase, myoglobinuria (rhabdomyolysis), and acute renal failure.

**Tardive dyskinesia (TD)**—As with all antipsychotic medications, prescribing should be consistent with the need to minimize the risk of TD. The risk of developing TD and the likelihood that it will become irreversible are believed to increase as the duration of treatment and the total cumulative dose of antipsychotic increase. The syndrome may remit, partially or completely, if antipsychotic treatment is withdrawn.

**Other potentially serious adverse events** include orthostatic hypotension, seizures, hyperprolactinemia, transaminase elevations, and dysphagia.

**The safety and efficacy** of ZYPREXA have not been established in patients under the age of 18 years.

**Medication dispensing and prescribing errors** have occurred between ZYPREXA® (olanzapine) and Zyrtec® (cetirizine HCl). These errors could result in unnecessary adverse events or potential relapse in patients suffering from schizophrenia or bipolar disorder. To reduce the potential for dispensing errors, please write ZYPREXA clearly.

**The most common treatment-emergent adverse event** associated with ZYPREXA (vs placebo) in 6-week acute-phase schizophrenia trials was somnolence (26% vs 15%). Other common events were dizziness (11% vs 4%), weight gain (6% vs 1%), personality disorder (COSTART term for nonaggressive objectionable behavior; 8% vs 4%), constipation (9% vs 3%), akathisia (5% vs 1%), and postural hypotension (5% vs 2%).

**The most common treatment-emergent adverse event** associated with ZYPREXA (vs placebo) in 3- and 4-week bipolar mania trials was somnolence (35% vs 13%). Other common events were dry mouth (22% vs 7%), dizziness (18% vs 6%), asthenia (15% vs 6%), constipation (11% vs 5%), dyspepsia (11% vs 5%), increased appetite (6% vs 3%), and tremor (6% vs 3%).

**For complete safety profile, see the full Prescribing Information.**

ZYPREXA is a registered trademark of Eli Lilly and Company.  
Zyrtec is a registered trademark of UCB, SA.



## NATIONAL SYMPOSIUM ON STATISTICAL STRATEGIES IN BIPOLAR RESEARCH

*Bipolar Statistical Summit: Methodologies to Advance Long Term Intervention Trials*

Speakers include Andrew

Nierenberg, M.D., Charles L. Bowden, M.D., Richard Gelber, Ph.D., Don Hedeker, Ph.D., Helena Kraemer, Ph.D., Andrew Leon, Ph.D., Sharon-Lise Normand, Ph.D. and Trisha Suppes, M.D., Ph.D.

Charles L. Bowden, M.D., Director

On October 29, 2008 at the National Library of Medicine campus at the National Institutes of Health in Bethesda, Maryland, a full-day symposium on statistical strategies in bipolar disorder research will be presented.

Leading scientists will address statistical and design strategies to strengthen the results in bipolar clinical trials with an emphasis on practical techniques useful to clinical investigators.

Funding for this conference was made possible by Grant # 1R13MH083443-01 from the National Institute of Mental Health. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention by trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

SPACE IS LIMITED FOR THIS UNIQUE SYMPOSIUM

Contact Nancy Peters, [petersn@uthscsa.edu](mailto:petersn@uthscsa.edu) for registration information.



**Adverse Events with an Incidence  $\geq 1\%$  in Intramuscular Trials**—The following treatment-emergent adverse events were reported at an incidence of  $\geq 1\%$  with intramuscular olanzapine for injection (2.5-10 mg/injection) and at incidence greater than placebo in short-term, placebo-controlled trials in agitated patients with schizophrenia or bipolar mania: **Body as a Whole**—asthenia; **Cardiovascular**—hypotension, postural hypotension; **Nervous System**—somnolence, dizziness, tremor.

**Dose Dependency of Adverse Events in Short-Term, Placebo-Controlled Trials**—Extrapyramidal Symptoms—In an acute-phase controlled clinical trial in schizophrenia, there was no significant difference in ratings scales incidence between any dose of oral olanzapine (5 $\pm$ 2.5, 10 $\pm$ 2.5, or 15 $\pm$ 2.5 mg/d) and placebo for parkinsonism (Simpson-Angus Scale total score  $>3$ ) or akathisia (Barnes Akathisia global score  $\geq 2$ ). In the same trial, only akathisia events (spontaneously reported COSTART terms akathisia and hyperkinesia) showed a statistically significantly greater adverse events incidence with the 2 higher doses of olanzapine than with placebo. The incidence of patients reporting any extrapyramidal event was significantly greater than placebo only with the highest dose of oral olanzapine (15 $\pm$ 2.5 mg/d). In controlled clinical trials of intramuscular olanzapine for injection, there were no statistically significant differences from placebo in occurrence of any treatment-emergent extrapyramidal symptoms, assessed by either rating scales incidence or spontaneously reported adverse events.

**Dystonia. Class Effect**—Dystonia symptoms (prolonged abnormal contractions of muscle groups) may occur in susceptible individuals during the first few days of treatment. While these symptoms can occur at low doses, the frequency and severity are greater with high potency and at higher doses of first-generation antipsychotics. In general, an elevated risk of acute dystonia may be observed in males and younger age groups receiving antipsychotics; however, dystonic events have been reported infrequently ( $<1\%$ ) with olanzapine.

**Other Adverse Events**—Dose-relatedness of adverse events was assessed using data from this same clinical trial involving 3 fixed oral dosage ranges (5 $\pm$ 2.5, 10 $\pm$ 2.5, or 15 $\pm$ 2.5 mg/d) compared with placebo. The following treatment-emergent events showed a statistically significant trend: asthenia, dry mouth, nausea, somnolence, tremor.

In an 8-week, randomized, double-blind study in patients with schizophrenia, schizophreniform disorder, or schizoaffective disorder comparing fixed doses of 10, 20, and 40 mg/d, statistically significant differences were seen between doses for the following: baseline to endpoint weight gain, 10 vs 40 mg/d; incidence of treatment-emergent prolactin elevations  $>24.2$  ng/mL (female) or  $>18.77$  ng/mL (male), 10 vs 40 mg/d and 20 vs 40 mg/d; fatigue, 10 vs 40 mg/d and 20 vs 40 mg/d; and dizziness, 20 vs 40 mg/d.

**Vital Sign Changes**—Oral olanzapine was associated with orthostatic hypotension and tachycardia in clinical trials. Intramuscular olanzapine for injection was associated with bradycardia, hypotension, and tachycardia in clinical trials (see PRECAUTIONS).

**Laboratory Changes**—Olanzapine is associated with asymptomatic increases in SGPT, SGOT, and GGT and with increases in serum prolactin and CPK (see PRECAUTIONS). Asymptomatic elevation of eosinophils was reported in 0.3% of olanzapine patients in premarketing trials. There was no indication of a risk of clinically significant neutropenia associated with olanzapine in the premarketing database.


**ECG Changes**—Analyses of pooled placebo-controlled trials revealed no statistically significant olanzapine/placebo differences in incidence of potentially important changes in ECG parameters, including QTc, QTc, and PR intervals. Olanzapine was associated with a mean increase in heart rate of 2.4 BPM compared to no change among placebo patients.

**Other Adverse Events Observed During Clinical Trials**—The following treatment-emergent events were reported with oral olanzapine at multiple doses  $\geq 1$  mg/d in clinical trials (8661 patients, 4165 patient-years of exposure). This list may not include events previously listed elsewhere in labeling, those events for which a drug cause was remote, those terms which were so general as to be uninformative, and those events reported only once or twice which did not have a substantial probability of being acutely life-threatening. Frequent events occurred in  $\geq 1/100$  patients; infrequent events occurred in 1/100 to 1/1000 patients; rare events occurred in  $<1/1000$  patients. **Body as a Whole**—Frequent: dental pain, flu syndrome; Infrequent: abdomen enlarged, chills, face edema, intentional injury, malaise, moniliasis, neck pain, neck rigidity, pelvic pain, photosensitivity reaction, suicide attempt; Rare: chills and fever, hangover effect, sudden death. **Cardiovascular**—Frequent: hypotension; Infrequent: atrial fibrillation, bradycardia, cerebrovascular accident, congestive heart failure, heart arrest, hemorrhage, migraine, pallor, palpitation, vasodilatation, ventricular extrasystoles; Rare: arteritis, heart failure, pulmonary embolus. **Digestive**—Frequent: flatulence, increased salivation, thirst; Infrequent: dysphagia, esophagitis, fecal impaction, fecal incontinence, gastritis, gastroenteritis, gingivitis, hepatitis, melena, mouth ulceration, nausea and vomiting, oral moniliasis, peridontal abscess, rectal hemorrhage, stomatitis, tongue edema, tooth caries; Rare: aphthous stomatitis, enteritis, eruption, esophageal ulcer, glossitis, ileus, intestinal obstruction, liver fatty deposit, tongue discoloration. **Endocrine**—Infrequent: diabetes mellitus; Rare: diabetic acidosis, goiter. **Hemic and Lymphatic**—Infrequent: anemia, cyanosis, leukocytosis, leukopenia, lymphadenopathy, thrombocytopenia; Rare: normocytic anemia, thrombocythemia. **Metabolic and Nutritional**—Infrequent: acidosis, alkaline phosphatase increased, bilirubinemia, dehydration, hypercholesterolemia, hyperglycemia, hyperlipidemia, hyperuricemia, hypoglycemia, hypokalemia, hyponatremia, lower extremity edema, upper extremity edema; Rare: gout, hyperkalemia, hypernatremia, hypoproteinemia, ketosis, water intoxication.

**Musculoskeletal**—Frequent: joint stiffness, twitching; Infrequent: arthritis, arthrosis, leg cramps, myasthenia; Rare: bone pain, bursitis, myopathy, osteoporosis, rheumatoid arthritis. **Nervous System**—Frequent: abnormal dreams, amnesia, delusions, emotional lability, euphoria, manic reaction, paresthesia, schizophrenic reaction; Infrequent: akinesia, alcohol misuse, antisocial reaction, ataxia, CNS stimulation, cogwheel rigidity, delirium, dementia, depersonalization, dysarthria, facial paralysis, hypesthesia, hypokinesia, hypotonia, incoordination, libido decreased, libido increased, obsessive compulsive symptoms, phobias, somatization, stimulant misuse, stupor, stuttering, tardive dyskinesia, vertigo, withdrawal syndrome; Rare: circumoral paresthesia, coma, encephalopathy, neuralgia, neuropathy, nystagmus, paralysis, subarachnoid hemorrhage, tobacco misuse. **Respiratory**—Frequent: dyspnea; Infrequent: apnea, asthma, epistaxis, hemoptysis, hyperventilation, hypoxia, laryngitis, voice alteration; Rare: atelectasis, hiccup, hypoventilation, lung edema, stridor. **Skin and Appendages**—Frequent: sweating; Infrequent: alopecia, contact dermatitis, dry skin, eczema, maculopapular rash, pruritus, seborrhea, skin discoloration, skin ulcer, urticaria, vesiculobullous rash; Rare: hirsutism, pustular rash. **Special Senses**—Frequent: conjunctivitis; Infrequent: abnormality of accommodation, blepharitis, cataract, deafness, diplopia, dry eyes, ear pain, eye hemorrhage, eye inflammation, eye pain, ocular muscle abnormality, taste perversion, tinnitus; Rare: corneal lesion, glaucoma, keratoconjunctivitis, macular hypopigmentation, miosis, mydriasis, pigment deposits lens. **Urogenital**—Frequent: vaginitis; Infrequent: abnormal ejaculation, amenorrhea, breast pain, cystitis, decreased menstruation, dysuria, female lactation, glycosuria, gynecomastia, hematuria, impotence, increased menstruation, menorrhagia, metrorrhagia, polyuria, premenstrual syndrome, pyuria, urinary frequency, urinary retention, urinary urgency, urination impaired, uterine fibroids enlarged, vaginal hemorrhage; Rare: albuminuria, breast enlargement, mastitis, oliguria. (\*Adjusted for gender.)

The following treatment-emergent events were reported with intramuscular olanzapine for injection at one or more doses  $\geq 2.5$  mg/injection in clinical trials (722 patients). This list may not include events previously listed elsewhere in labeling, those events for which a drug cause was remote, those terms which were so general as to be uninformative, and those events reported only once or twice which did not have a substantial probability of being acutely life-threatening. **Body as a Whole**—Frequent: injection site pain; Infrequent: abdominal pain, fever. **Cardiovascular**—Infrequent: AV block, heart block, syncope. **Digestive**—Infrequent: diarrhea, nausea. **Hemic and Lymphatic**—Infrequent: anemia. **Metabolic and Nutritional**—Infrequent: creatine phosphokinase increased, dehydration, hyperkalemia. **Musculoskeletal**—Infrequent: twitching. **Nervous System**—Infrequent: abnormal gait, akathisia, articulation impairment, confusion, emotional lability. **Skin and Appendages**—Infrequent: sweating. **Postintroduction Reports**—Reported since market introduction and temporally (not necessarily causally) related to olanzapine therapy: allergic reaction (e.g., anaphylactoid reaction, angioedema, pruritus or urticaria), diabetic coma, jaundice, neutropenia, pancreatitis, priapism, rhabdomyolysis, and venous thromboembolic events (including pulmonary embolism and deep venous thrombosis). Random cholesterol levels of  $\geq 240$  mg/dL and random triglyceride levels of  $\geq 1000$  mg/dL have been reported.

**DRUG ABUSE AND DEPENDENCE:** Olanzapine is not a controlled substance. ZYPREXA is a registered trademark of Eli Lilly and Company. ZYDIS is a registered trademark of Catalent Pharma Solutions. Literature revised March 10, 2008  
PV 6240 AMP PRINTED IN USA

 Eli Lilly and Company  
Indianapolis, IN 46285, USA

[www.ZYPREXA.com](http://www.ZYPREXA.com)

Copyright © 1997, 2008, Eli Lilly and Company. All rights reserved.

ZYPREXA® (Olanzapine Tablets)  
ZYPREXA® ZYDIS® (Olanzapine Orally Disintegrating Tablets)  
ZYPREXA® Intramuscular (Olanzapine for Injection)

PV 6240 AMP

A40

## The American Psychiatric Publishing Textbook of Psychiatry, Fifth Edition

NEW!

Edited by Robert E. Hales, M.D., M.B.A.,  
Stuart C. Yudofsky, M.D., and  
Glen O. Gabbard, M.D.

With Foreword by Alan F. Schatzberg, M.D.

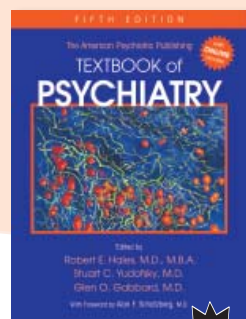
An indispensable resource for clinical psychiatrists studying for Part I of the American Board of Psychiatry and Neurology exam, *The American Psychiatric Publishing Textbook of Psychiatry* is a proven teaching tool and an essential component of every practitioner's library.

April 2008 • 1,904 pages • ISBN 978-1-58562-257-3  
Hardcover • \$285.00 • Item #62257

Order Online: [www.appi.org](http://www.appi.org)  
Toll Free: 1-800-368-5777 • Fax: 703-907-1091  
Email: [appi@psych.org](mailto:appi@psych.org) Priority Code AH830

American  
Psychiatric  
Publishing, Inc.

The First and Last Word in Psychiatry  
1000 Wilson Boulevard, Suite 1825, Arlington, VA 22209-3901



With  
Online  
Access!



NOW APPROVED FOR

Pediatric Bipolar I Disorder  
in patients aged 10 to 17



ABILIFY is indicated for the acute treatment of manic and mixed episodes associated with Bipolar I Disorder with or without psychotic features in pediatric patients 10 to 17 years of age.

ABILIFY is contraindicated in patients with a known hypersensitivity reaction to ABILIFY. Reactions have ranged from pruritus/urticaria to anaphylaxis.

Please see IMPORTANT SAFETY INFORMATION, including **Boxed WARNINGS**, on following page.

**HELP ILLUMINATE THE PERSON WITHIN**



**ABILIFY**<sup>®</sup>  
**(aripiprazole)**

TABLETS and ORAL SOLUTION 1 mg/mL

## IMPORTANT SAFETY INFORMATION

Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk (1.6 to 1.7 times) of death compared to placebo (4.5% vs 2.6%, respectively). ABILIFY is not approved for the treatment of patients with dementia-related psychosis (see Boxed WARNING).

Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of adjunctive ABILIFY or another antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increased risk of suicidality in adults beyond age 24. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on antidepressant therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need of close observation and communication with the prescriber. ABILIFY is not approved for use in pediatric patients with depression (see Boxed WARNING).

**CONTRAINDICATION:** Known hypersensitivity reaction to ABILIFY. Reactions have ranged from pruritus/urticaria to anaphylaxis.

**Cerebrovascular adverse events** (eg, stroke, transient ischemic attack), including fatalities, have been reported at an increased incidence in clinical trials of elderly patients with dementia-related psychosis treated with ABILIFY.

**Neuroleptic malignant syndrome (NMS)**—As with all antipsychotic medications, a rare and potentially fatal condition known as NMS has been reported with ABILIFY. NMS can cause hyperpyrexia, muscle rigidity, diaphoresis, tachycardia, irregular pulse or blood pressure, cardiac dysrhythmia, and altered mental status. If signs and symptoms appear, immediate discontinuation is recommended.

**Tardive dyskinesia (TD)**—The risk of developing TD and the potential for it to become irreversible may increase as the duration of treatment and the total cumulative dose increase. Prescribing should be consistent with the need to minimize TD. If signs and symptoms appear, discontinuation should be considered since TD may remit, partially or completely.

**Hyperglycemia and diabetes mellitus**—Hyperglycemia, in some cases associated with ketoacidosis, coma, or death, has been reported in patients treated with atypical antipsychotics including ABILIFY. Patients with diabetes should be monitored for worsening of glucose control; those with risk factors for diabetes should undergo baseline and periodic fasting blood glucose testing. Patients who develop symptoms of hyperglycemia should also undergo fasting blood glucose testing. There have been few reports of hyperglycemia with ABILIFY.

## NOW APPROVED FOR Pediatric Bipolar I Disorder

ABILIFY is indicated for the acute treatment of manic and mixed episodes associated with Bipolar I Disorder with or without psychotic features in pediatric patients 10 to 17 years of age.

Please see BRIEF SUMMARY of FULL PRESCRIBING INFORMATION, including **Boxed WARNINGS**, on adjacent pages.

**HELP ILLUMINATE THE PERSON WITHIN**

570US08AB07801 May 2008 0308A-0839



**ABILIFY**  
(aripiprazole)  
TABLETS and ORAL SOLUTION 1 mg/mL





**Save  
The Date**

**Tuesday,  
July 22, 2008**

**The California Endowment**  
1000 N. Alameda Street  
Los Angeles, CA 90012  
8 a.m. to 4 p.m.

**Co-occurring Disorders,  
No Longer Double Jeopardy**  
**A Call to Action for  
Prevention and Recovery in  
Diverse Populations in Los Angeles**

This informative day-long program will explore co-occurring disorders of mental illness and substance abuse. When these conditions occur at the same time, there are serious consequences - yet possibility for hope, recovery and strategies for prevention. We will focus on the mental health and substance abuse challenges of the Los Angeles area, as well as offer solutions that can be implemented there.

**Morning Program: The Scope of Co-occurring Disorders**

**Moderated by Nancy Carter, Executive Director, National Alliance on Mental Illness of Urban Los Angeles and Los Angeles psychiatrist Michelle Clark, MD**

The morning program will feature keynote speakers who will offer insights about the prevalence, impact and prevention of co-occurring disorders for the practitioner as well as the consumer advocate or community activist. Their presentations will be followed by thought-provoking reaction from members of the Los Angeles community. Careful attention has been paid to create panels that are racially, ethnically and culturally diverse.

**Keynote Speakers**

**Carl C. Bell, MD**  
President & CEO,  
Community Mental Health Council & Foundation, Inc.  
Chicago, Illinois

**Donald R. Vereen, MD, MPH**  
Director, Community-Based Public Health,  
University of Michigan, School of Public Health  
Ann Arbor, Michigan

**Presenters from Los Angeles Area**

**Marcia Goin, MD**  
Keck School of Medicine of USC

**Roderick Shaner, MD**  
Los Angeles County Department of Mental Health

**Keris Myrick, MBA, PhD**  
NAMI California

**Rev. Ronald L. Wright**  
New Vision Church of Jesus Christ

**Dan Dickerson, DO**  
UCLA Integrated Substance Abuse Programs

**Sanjeet Sihota, MSW**  
PeerCoach

**Alex Kopelowicz, MD**  
David Geffen School of Medicine, UCLA

**Enrique Lopez, PsyD**  
David Geffen School of Medicine, UCLA

**Leslie Horton, MD, PhD**  
Keck School of Medicine of USC

**Emcee**

**Altha Stewart, MD**  
Executive Director, National Leadership Council on African-American Behavioral Health, Memphis, Tennessee

**Program Director**

Annell B. Primm, MD, MPH  
Director, Minority and National Affairs, American Psychiatric Association, Arlington, Virginia

**Afternoon Program: What's Working**

**Moderated by Patricia Ordorica, MD, Roskamp Institute, Sarasota, Florida**

The afternoon program will be an informative session that will encourage input and active participation from attendees. Representatives from four different model programs for co-occurring disorders will make presentations, sharing their program's challenges and successes. The four featured programs are culturally competent, reflecting a variety of racial and ethnic groups.

**Model Program Presenters**

**David Mineta**  
Asian American Recovery Services  
San Francisco, California

**Joe Powell**  
Executive Director, Association of Persons Affected by Addictions  
Dallas, Texas

**Eddy Borrayo, MSW, CADC, MISA II**  
Pilsen Wellness Center  
Chicago, Illinois

**TBA-Invited**  
Native American Rehabilitation Association of the Northwest  
Portland, Oregon

Sign-in and continental breakfast begin at 8 a.m. Program will begin at 9 a.m. Lunch will be served. There is no cost to attend. For more information, contact Cynthia Leslie at 703-907-8579.  
**To register go to [www.psych.org/resources/omna/omnaontour.aspx](http://www.psych.org/resources/omna/omnaontour.aspx)**



EBERHARD KARLS  
UNIVERSITÄT  
TÜBINGEN



The Medical Faculty of the Eberhard Karls Universität Tübingen invites applications for the position of a

## Full Professorship in General Psychiatry and Psychotherapy

to be filled April 1, 2009.

The holder of the position will be responsible for research, teaching and patient care in Psychiatry and Psychotherapy and be appointed head of the Department of General Psychiatry and Psychotherapy. The department includes a substantial in-patient hospital, two day hospitals, out-patient clinics, as well as psychophysiological and psychoimmunological laboratories.

Candidates for the professorship should have a proven track record of international excellence in her/his research area. The research environment in Tübingen provides excellent cooperation partners e. g. in the Hertie-Institute for Clinical Brain Research and the Werner Reichardt Centre for Integrative Neurosciences (CIN). Commitment to collaborations in local research networks is expected.

The candidate should be dedicated to teaching and be experienced in the general and financial management of a hospital department.

Prerequisites for the application are a record of excellent research activities equivalent to the German Habilitation and demonstrated teaching skills.

The University of Tübingen strives to increase the number of female faculty members. Therefore, applications from qualified female candidates are explicitly encouraged. According to German law, disabled persons with equal occupational aptitude will be given preferred consideration.

A separate salary agreement will be negotiated with the university medical centre.

Applications including curriculum vitae, copies of relevant documents, a structured list of publications, a detailed list of teaching experience, results of teaching evaluations, a list of research grants received, a list of research collaborations, detailed future research concepts should be submitted no later than **July 2, 2008** to: **Dekan der Medizinischen Fakultät der Eberhard Karls Universität Tübingen, Herrn Professor Dr. med. Ingo. B. Autenrieth, Geissweg 5, D-72076 Tübingen, Germany.**  
Please indicate code number **Zx40**



The Best Care -  
The Best Careers



## CLINICAL PSYCHOLOGISTS (2 POSITIONS)

California - Dept of Veterans Affairs Central CA Health Care System, Fresno, affiliated w/UCSF School of Medicine, is actively recruiting for two Clinical Psychologist positions to work in either our Outpatient Mental Health Clinic at our main facility in Fresno or a Community Based Outpatient Clinic (CBOC) in North Valley, Atwater, CA. Responsible for providing a full range of assessment, treatment and consultation to veterans and other health care providers. The positions are focused on out-patient clinical work with veterans that have a wide range of psychiatric disorders. Use of evidence based individual and group therapies and psychological testing skills are expected. Experience with Post Traumatic Stress Disorders (PTSD) and Substance Abuse Disorders is desirable. VACCHCS is located in the heart of CA adjacent to Yosemite and Kings Canyon/Sequoia Parks, several lakes and year-round recreation. The Bay Area is a mere 2.5 hrs away and Los Angeles is just 3. Requires PhD in Clinical Psychology and any state licensure is acceptable. Two years postdoctoral experience is preferred. Successful candidate has completed an APA approved graduate program and an APA approved internship.

Excellent salary/benefits, including generous leave and unlimited sick leave accrual; 10 paid holidays; health/life insurance, retirement and educational opportunities. Contact Eva Gosselin, HR Specialist, (559) 241-6454, VACCHCS (05), 2615 E. Clinton Ave., Fresno, CA 93703 or e-mail her at [eva.gosselin@va.gov](mailto:eva.gosselin@va.gov). EOE

## Adult Psychiatrist

### Southern New Hampshire

Elliot Health System has a fantastic opportunity available for an Adult Psychiatrist to join Elliot Behavioral Health Services located in Manchester, New Hampshire. Staffed by a team of psychiatrists, psychologist, neuropsychologist, nurse practitioners and mental health professionals, they provide evaluations and treatment services to patients in both inpatient and outpatient settings. Admissions are done at the Elliot Hospital which is less than 15 minutes away from the office. Also, the hospital is a designated receiving facility which will be a great benefit when looking for that perfect balance for an enhanced quality of life. Excellent compensation and benefits package. Four-season attractions of (tax-free) New Hampshire. Ranked annually by *Money Magazine* as one of the nation's "best places to live."

Please contact:

**Sara Andrews**

800-678-7858 x63317

[sandrews@cejkasearch.com](mailto:sandrews@cejkasearch.com)

ID#29564P9

[cejkasearch.com](http://cejkasearch.com)

## PSYCHIATRIST WANTED

Firelands Regional Medical Center invites you to become a member of one of the most progressive healthcare teams in the Heart of Vacationland.

Firelands Regional Medical Center is a 440 licensed-bed hospital in the final stage of a \$146.9 million expansion and renovation project. The medical center serves a population of over 250,000 in a six county area.

Sandusky, located on the southern shore of Lake Erie, is one hour west of Cleveland, and one hour east of Toledo. The area is famous for its recreational facilities, which include beautiful city and state parks, fishing piers, beaches, Cedar Point Amusement Park and boating facilities. Our North Coast region is also rich in both cultural activities and educational opportunities.

For more information, call Dru Meredith, Physician Recruiter, at 419-557-7885, or e-mail resume to [meredid@firelands.com](mailto:meredid@firelands.com), fax 419-557-7886.

**Ozark Center  
Freeman Health System  
Joplin, Missouri**



- Join 8 Psychiatrists
- Group Practice of Adult, Gero and Child/Adolescent Psychiatry
- BC/BE in Psychiatry
- 12,000 patients per year
- Medical Director, Inpatient, Outpatient and Residential opportunities available
- Excellent salary and fringe benefits with sign-on bonus and relocation expenses
- New graduates welcome

*Joplin, Missouri* – Service Area 450,000+

Great place to call home: low cost of living, excellent public and private schools including State University.

Cultural activities: Symphony, Ballet, International Piano Competition, Spiva Art Center, Joplin Little Theatre; Millennium Tennis Center, lakes, fishing, hunting; Larger metro areas nearby, Kansas City & Tulsa.

**Don't miss this opportunity,  
it is made for you!**

Call Lana 1-800-353-6812 or fax CV 417-347-9972  
Email: lrhines@freemanhealth.com  
www.freemanhealth.com

**PSYCHIATRISTS**

*The VA Needs You*

Shreveport, LA  
Alexandria, LA  
Biloxi, MS

Pensacola, FA  
Mt. Vernon, MO  
Muskogee, OK

Fayetteville, AR  
Fort Smith, AR  
Mobile, AL

Psychiatrist positions require: BE/BC Psychiatrists, current, full, unrestricted licensure (any state), U.S. citizen Great Benefits, Excellent Pay, Rewarding Work. See announcements on [www.vacareers.va.gov](http://www.vacareers.va.gov). Recruitment/Relocation incentives may be authorized, ask contact individual for details.

**BILOXI/PENSACOLA** Outpatient and Inpatient Psychiatry positions. Expertise in substance abuse, geropsychiatry and PTSD preferred. BE/BC psychiatrist, state license (any state), U.S. citizen or permanent resident. Send applications to Jean Williams, HRMS (05A), 400 Veterans Avenue, Biloxi, MS or contact at [jean.williams@med.va.gov](mailto:jean.williams@med.va.gov) or (228) 523-5633.

**ALEXANDRIA** Strong clinical skills. Prefer experience in Geropsychiatry, Substance Abuse and/or PTSD. CV/Application to [tammie.arnold@va.gov](mailto:tammie.arnold@va.gov) or Tammie Arnold, Psychiatry Service (116), P.O. Box 69004, Alexandria, LA 71306-9004. (318) 473-0010 ext 2696.

**SHREVEPORT** Prefer experience in Substance Abuse, PTSD. Contact Kay Cox at (318) 221-8411, ext 6772 or [kay.cox@va.gov](mailto:kay.cox@va.gov). Email or mail your CV to VAMC, HRMS (05) KC, 510 E. Stoner Ave, Shreveport, LA 71101.

**FAYETTEVILLE, MT. VERNON, FORT SMITH** Contact Laura Berg, HRMS, at [laura.berg2@va.gov](mailto:laura.berg2@va.gov) or (479) 443-4301, ext 5191.

**MUSKOGEE, OK** Contact Jason Cleveland, HRMS at 918-577-3800.

**PARTNER WITH A MAGNET HOSPITAL**

BC/BE Psychiatrist needed to serve as Medical Director of an 11-bed Inpatient Behavioral Health Services Unit and to add capacity for our Outpatient Program.

Call is shared with 5 local psychiatrists. Practice is located at Aspirus Wausau Hospital, named in the top 100 hospitals in the USA by *US News and World Report*. Work with a great team of young, vibrant psychiatrists. There is great potential for program growth and development with a focus on expanded community action. Excellent compensation and benefit package included.

As you work within the open and inviting architecture of Aspirus, you will be part of our outstanding award-winning facility. We invite you to join a first-rate medical community and a family-friendly quality of life in north central Wisconsin.

Please contact Jamie Sitko today at 800-792-8728 or fax CV to 715-847-2742.  
Email: [jamiesi@aspirus.org](mailto:jamiesi@aspirus.org)  
[www.aspirus.org](http://www.aspirus.org)



**NIMH/Yale Jointly Mentored Clinical Fellowship  
in Molecular Imaging**



Robert Innis (National Institute of Mental Health) and John Krystal (Yale University) will jointly mentor a clinical fellow (psychiatry or neurology), who will spend the majority of 2-3 years at NIMH, beginning July 1, 2009. The fellow will receive intensive research-dedicated training in molecular imaging with PET (positron emission tomography). Didactic training will include general and specialized courses offered at NIMH, including Principles and Practice of Clinical Research, Advanced Clinical Pharmacology, Neurobiology of Mental Illness, and Pharmacokinetic Modeling. The research can include animal in addition to human research. Multiple projects are available and would be formulated by the fellow and his/her two mentors. Examples of on-going projects are provided at: <http://intramural.nimh.nih.gov/mood/proginfo/mib/>

This special program is designed to provide the fellow with access to the unique research opportunities within the NIMH Intramural Program via an enriched training experience that enables him/her to pursue research in both intramural and extramural research environments. Joint mentorship is provided by several mechanisms, including regular web conferences among the three participants – i.e., Drs. Krystal and Innis and the fellow. Dr. Krystal will provide guidance with a clinical and pathophysiological orientation; Dr. Innis will oversee technical aspects of PET. Trips between institutions will allow face-to-face exchange and review of data. The projects will be collaborative, and the fellow will have the opportunity to extend them to Yale after the fellowship.

Fellows will take a course on grant writing, the product of which is an application for a transition career award (K99). Fellows can also apply for repayment of student loans that can provide up to \$35,000 tax free supplement per year.

The fellow must have a US medical license and, with one exception, have completed either psychiatry or neurology residency. The one exception is that the fellow can do his PGY4 psychiatry year at NIMH and receive accreditation. Interested applicants should send CV and names of three potential references to: [robert.innis@nih.gov](mailto:robert.innis@nih.gov) and [john.krystal@yale.edu](mailto:john.krystal@yale.edu).

Women and minorities are encouraged to apply. The Department of Health and Human Services (DHHS) and the National Institutes of Health (NIH) are equal opportunity employers.



## SCENIC CALIFORNIA CENTRAL COAST ATASCADERO STATE HOSPITAL BE/BC PSYCHIATRIST

Atascadero State Hospital now pays board certified psychiatrists starting at \$209,664 and advancing stepwise to \$255,732.

Atascadero is the nation's premier center for the treatment of forensically committed mentally ill patients. Our hospital is a teaching site affiliated with the University of California, accredited by JCAHO, and recipient of the prestigious Codman Award. All of our psychiatrists are board eligible and most are board certified. Many of our psychiatrists have forensic subspecialty boards.

We are located midway between San Francisco and Los Angeles on the scenic central California Coast, south of Big Sur. We offer a spectacularly beautiful environment in San Luis Obispo County with temperate climate, beaches, world class wineries, cultural activities, golfing, sailing, riding, clean air, and excellent schools through the University level.

Our benefit package is valued at an additional 30%, which includes retirement plans (including safety retirement), health plans, professional liability coverage, paid holidays, educational leave, and generous annual leave. On-call duty is compensated hour for hour over and above the base salary. Applicants must hold a current California license, or have pending application with the Medical Board of California.

For a prompt and confidential review, send CV to Jeanne Garcia, M.D., P. O. Box 7001, Atascadero, CA 93423-7001; (805) 468-2005 or fax (805) 468-2138; or e-mail us at [jeanne.garcia@ash.dmh.ca.gov](mailto:jeanne.garcia@ash.dmh.ca.gov)

We are an equal opportunity employer.

## WORKING TOGETHER. MAKING A DIFFERENCE.

Iowa Health Physicians, the state's largest physician group, is searching for a **BE/BC Adult Psychiatrist** to join a highly respected group in Des Moines, IA.

### Practice Highlights

- Located on the campus of Iowa Lutheran Hospital, the largest private hospital-based mental health facility in the state.
- Inpatient and outpatient responsibilities.
- A growing community, in need of an additional Psychiatrist.
- Teaching opportunities available.
- Call schedule 1:4.

### Organization Description

- Iowa Health Physicians is a non-profit 250-member physician group.
- We pride ourselves on providing the highest quality patient care with innovative ways of approaching the health care delivery system.
- Highly competitive salary and compensation plan.

For more information please contact: Jessica Meisner at (888) 343-4912. To expedite consideration, please email your CV to [meisnejj@ihs.org](mailto:meisnejj@ihs.org) or fax to (319) 739-2750.



Your career means their **safe & healthy**  
**start.**

### Child and/or Adult Psychiatrists Opportunities Available in Springfield and Worcester, MA

The MSPCC is a private, non-profit society with a legacy of strengthening families and preventing child abuse through essential child welfare and mental health treatment and effective public advocacy.

We currently have full-time and part-time opportunities available for board-certified or board-eligible Child and/or Adult Psychiatrists. In this role, you will evaluate the psychological, neurological, and psycho-pharmacological status of clients; provide ongoing medication follow-up of clients; and provide direct psychotherapy when indicated.

Email CV to: [recruitment@mspcc.org](mailto:recruitment@mspcc.org), fax to 617-587-1586 OR mail to Kim Wong and Sam Kelley MD, MSPCC, HR, 99 Summer St. 6th floor, Boston, MA 02110. EEO/AA



Find your way: [www.mspcc.org](http://www.mspcc.org)

### Mental Health Care Professionals Psychiatrists/Psychologists/Social Workers Clinical Nurse Specialists/Addiction Therapists

Join VA Northern California Health Care System's (NCHCS) mental health care team and support America's heroes. NCHCS is now hiring mental health care professionals to be part of our interdisciplinary care team; you'll treat patients struggling with the full range of emotional and mental disorders, including PTSD, traumatic brain injuries, mood disorders, substance abuse disorders, and sexual trauma. You'll work in an environment where innovation is encouraged and scientific evidence directs our practice.

We are now hiring for full and part time positions in Sacramento, Fairfield, Redding and Chico. Call today and be a part of VA's Mental Health Enhancement Initiative.

- Interdisciplinary care team model of practice
- Practice model is based on care needs, not insurance company regulations
- Your out of state license allows you to practice at any of our facilities
- Diverse professional opportunities – clinical, leadership, research, education, and national policy development
- Salary is competitive and based on credentials and experience
- Exceptional paid time off package
- Excellent health and retirement benefits
- Student loan reimbursement of up to \$38,000 for psychiatrists, psychologists and psychiatric nurses

Please call or email Linda Nestor, Human Resources Specialist at (925) 372-2212 or [linda.nestor@va.gov](mailto:linda.nestor@va.gov).

DEPARTMENT OF VETERANS AFFAIRS IS AN EQUAL OPPORTUNITY EMPLOYER



## San Francisco Bay Area

Santa Clara Valley Health and Hospital Systems is looking for full and part-time salaried and benefitted, BC/BE psychiatrists to staff ambulatory psychiatric services, inpatient psychiatric units, custody psychiatric services, urgent care clinics, and psychiatric consultation/liason service. Contract physician positions available, also. All positions available immediately. Very competitive compensation package. Current California licensure is mandatory.

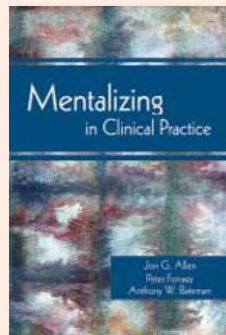
Letter of inquiry and C.V. to:

Michael Meade, MD, Chairman  
Department of Psychiatry, SCVMC  
871 Enborg Court  
San Jose, California 95128  
Phone: 408.885.6122  
FAX: 408.885.6126

SCVHHS is a full service training campus,  
affiliated with Stanford University.

## Mentalizing in Clinical Practice

Jon G. Allen, Ph.D., Peter Fonagy, Ph.D., and  
Anthony W. Bateman, M.A., FRCPsych



Mentalizing—the fundamental human capacity to understand behavior in relation to mental states such as thoughts and feelings—is the basis of healthy relationships and self-awareness. *Mentalizing in Clinical Practice* distills the burgeoning literature on mentalizing for clinicians of diverse professional backgrounds. As growing evidence supports the effectiveness of mentalizing-focused interventions in the treatment of borderline personality disorder, this volume seeks to explore even wider applications in trauma treatment, parent-child therapy, psychoeducation, and violence prevention in social systems.

2008 • 433 pages • ISBN 978-1-58562-306-8  
paperback • \$55.00 • Item #62306

Order Online: [www.appi.org](http://www.appi.org)  
Toll Free: 1-800-368-5777 • Fax: 703-907-1091  
Email: [appi@psych.org](mailto:appi@psych.org) Priority Code AH843



The First and Last Word in Psychiatry  
1000 Wilson Boulevard, Suite 1825, Arlington, VA 22209-3901

## ADULT PSYCHIATRIST

**Bluegrass Regional Psychiatric Service, Inc. (Eastern State Hospital)** is an adult psychiatric hospital and has an immediate opening for a Psychiatrist. The hospital is a 180 bed facility and is located in Lexington, Kentucky. The hospital has award winning programming, including a treatment mall and a recovery based approach to treatment. The hospital provides inpatient services to over 50 counties in the central Kentucky area. Psychiatrists will lead a multidisciplinary treatment team for patient care with a caseload of up to 15 inpatients. Hours are flexible but generally M-F 8:00 am – 4:30 pm. Competitive salary plus outstanding fringe benefit package, including generous vacation, retirement, health/dental insurance, malpractice insurance and sign-on bonus.

Contact:

Mike Daniluk, Hospital Administrator  
Bluegrass Regional Psychiatric Services  
(Eastern State Hospital)  
627 West Fourth Street, Lexington, KY 40508  
Phone: 859-246-7258; Fax: 859-255-4866  
e-mail: [mjdaniluk@bluegrass.org](mailto:mjdaniluk@bluegrass.org)

## CHILD AND/OR ADULT PSYCHIATRIST

**Bluegrass Regional MH-MR Board** offers an excellent opportunity for Psychiatrist specializing in child/adolescent and/or adults services. Strong, growing organization that has been in operation for over 40 years. Our region offers the conveniences of large cities such as Lexington and Louisville coupled with the charm and quality of life found in rural Kentucky communities. Psychiatrists work in two to four counties and are part of a professional treatment team. Voluntary on-call. Competitive salary plus outstanding fringe package, including 4 weeks vacation, retirement, health/dental insurance, malpractice insurance and sign-on bonus.

Contact:

Stephanie Dean  
Bluegrass MH MR Board  
1351 Newtown Pike, Lexington, KY 40511  
Phone: 859-253-1686 ext 539  
Fax: 859-255-4866  
e-mail: [sddean@bluegrass.org](mailto:sddean@bluegrass.org)

**The Beautiful Bluegrass State, visit our website at [www.bluegrass.org](http://www.bluegrass.org)**

The American Psychiatric Association (APA) and the American Association of Psychiatric Administrators (AAPA) are seeking nominations for its jointly sponsored Administrative Psychiatry Award.

The recipient of the award is a psychiatrist who has demonstrated extraordinary competence in psychiatric administration over a substantial period and has achieved a national reputation in this area.

In addition, he or she must have directed a comprehensive program for the care of patients with mental illness and have contributed significantly to the field of psychiatric administration through activities such as teaching and research. Membership in APA and board certification are additional requirements.

Completed nominations must be received by September 1, 2008. Materials should be sent to:

**CHAIRPERSON**

**Committee on Psychiatric  
Administration and Management  
APA Division of Education**

**1000 Wilson Blvd., Ste. 1825 • Arlington, VA 22209-3091**

**Questions should be directed to Crystal Garner at [cpam@psych.org](mailto:cpam@psych.org)**



## Candidates and Employers Connect through the APA Job Bank

### Employers

- Post your psychiatric position with the APA Job Bank at [www.psych.org/jobbank](http://www.psych.org/jobbank) and reach qualified professionals.
- Use the many resources of the APA Job Bank to make a smart recruitment decision.
- Advertise in the *Psychiatric Services* or *Psychiatric News* classifieds and the APA Job Bank and receive a 10% discount on each.

### Candidates

- Search the most comprehensive online listing of psychiatric positions at [www.psych.org/jobbank](http://www.psych.org/jobbank).
- Register to post your resume, receive instant job alerts, use the career tools and more.
- Visit the APA Job Bank today and find the ideal position!

### Contact

Pamela Trujillo at 703.907.7330  
or [classads@psych.org](mailto:classads@psych.org)

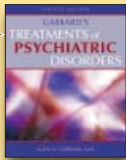


# PsychiatryOnline.com

Online access to a premier collection of psychiatric resources

## Two additional resources added to PsychiatryOnline

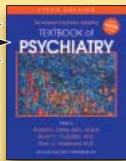
NEW!



### Gabbard's Treatments of Psychiatric Disorders, Fourth Edition

Edited by Glen O. Gabbard, M.D.

Coming May 2008!



### The American Psychiatric Publishing Textbook of Psychiatry, Fifth Edition

Edited by Robert E. Hales, M.D., M.B.A., Stuart C. Yudofsky, M.D., and Glen O. Gabbard, M.D.



**PsychiatryOnline.com** is a powerful website that features *DSM-IV-TR*<sup>®</sup> and *The American Journal of Psychiatry* as the cornerstones of an unsurpassed collection of psychiatric references, including books, journals, and self-assessment tools. Much more than simply books and journals presented online, **PsychiatryOnline.com** features sophisticated searching and indexing tools that enable you to quickly target all the information you need.

Whether your needs are clinical, learning, or research, **PsychiatryOnline.com** provides access to the information critical to your work and everyday practice with convenient features such as:

- Search and linking tools that let you find relevant book chapters and journal articles quickly.
- Unlimited downloads to PDA so you can take book sections with you wherever you go.
- Copy and paste functions for easy creation of tables and presentations.
- Citation exports to most reference manager formats.
- Printer-friendly views that mean no reformatting when you need a hard copy.
- Saved searches and bookmarked chapters to make it easy to return to topics of interest.
- Email page feature that allows you to share the information with colleagues.

### Other subscriber benefits include:

- Book of the Month—You'll get access each month to a FREE PDF version of a featured book from American Psychiatric Publishing, Inc.
- The most up-to-date versions available including NEW *American Psychiatric Association Practice Guidelines* as they are released.
- PLUS Guideline Watches and DSM-IV-TR Coding Updates, as soon as they are available.
- American Psychiatric Association Members receive **\$110 discount** off a regular priced subscription. APA Members-in-Training (MITs) can save even more!

Subscribe TODAY, visit  
[www.PsychiatryOnline.com](http://www.PsychiatryOnline.com).

Please enter priority code AH818 when completing your request.

Interested in an institutional subscription? Please contact us at [institutions@psych.org](mailto:institutions@psych.org) or call 1-800-368-5777 ext. 8538 or 703-907-8538 for more information and a subscription rate quote.

American  
**Psychiatric**  
Publishing, Inc.

The First and Last Word in Psychiatry

# Index to Advertisers

## July 2008

The publication of an advertisement in this journal does not imply endorsement of the product or service by the American Psychiatric Association.

### AstraZeneca

Seroquel .....A25-A30

### Bristol-Myers Squibb Company

Abilify.....A31-A34; A43-A46

### Eli Lilly and Company

Corporate.....C2-A1

Cymbalta.....A6-A11

Zyprexa.....A36-A40

Employment Opportunities .....A48-A52

Osler Institute .....A23

### University of Texas Health Sciences Center

.....A40

### U.S. Pharmaceuticals, Pfizer, Inc.

Aricept.....C3-C4

Geodon .....A17-A18

Geodon IM ..... A13-A14

### Wyeth Pharmaceuticals

Pristiq .....A19-A23

## Subscription and Business Information

The American Journal of Psychiatry, ISSN 0002-953X, is published monthly by the American Psychiatric Association, 1000 Wilson Blvd., Suite 1825, Arlington, VA 22209-3901. Subscriptions (per year): individual \$205.00, international \$308.00. For additional subscription options, including single issues and student rates, please contact Customer Service at 1-800-368-5777 or email [appi@psych.org](mailto:appi@psych.org). Institutional subscriptions are tier priced. For institutional site license or pricing information, contact Customer Service or visit <http://highwire.stanford.edu/tfocis/>.

Business communications, address changes, and subscription questions from APA members should be directed to the Division of Member Services: (888) 35-PSYCH (toll-free). Nonmember subscribers should call the Circulation Department (800) 368-5777. Author inquiries should be directed to the Journal editorial office: (703) 907-7885 or (703) 907-7884; fax (703) 907-1096; e-mail [ajp@psych.org](mailto:ajp@psych.org).

Business Management: Nancy Frey, Director, Publishing Services; Laura G. Abedi, Associate Director, Production; Brian Skepton, Advertising Sales and Marketing Manager, Nonpharmaceutical and Online Sales; Alison Jones, Advertising Prepress Manager; Robert Pursell, Director, Sales and Marketing.

Director, Advertising Sales: Raymond J. Purkis, Director, 2444 Morris Avenue, Union, NJ 07083; (908) 964-3100.

Pages are produced using Adobe FrameMaker+ SGML 6.0. Printed by RR Donnelley, Mendota, IL., on acid-free paper effective with Volume 164, Number 11, November 2007.

Periodicals postage paid at Arlington, VA, and additional mailing offices. POSTMASTER: Send address changes to The American Journal of Psychiatry, Circulation Department, American Psychiatric Association, 1000 Wilson Blvd., Suite 1825, Arlington, VA 22209-3901.

Indexed in Abstracts for Social Workers, Academic Abstracts, Biological Abstracts, Chemical Abstracts, Chicago Psychoanalytic Literature Index, Cumulative Index to Nursing Literature, Excerpta Medica, Hospital Literature Index, Index Medicus, International Nursing Index, Nutrition Abstracts, Psychological Abstracts, Science Citation Index, Social Science Source, and Social Sciences Index.

The American Psychiatric Association does not hold itself responsible for statements made in its publications by contributors or advertisers. Unless so stated, material in The American Journal of Psychiatry does not reflect the endorsement, official attitude, or position of the American Psychiatric Association or of the Journal's Editorial Board.

Authorization to photocopy items for internal or personal use, or the internal or personal use of specific clients, is granted by the American Psychiatric Association for libraries and other users registered with the Copyright Clearance Center (CCC) Transactional Reporting Service, provided that the base fee of \$15.00 per copy is paid directly to CCC, 222 Rosewood Drive, Danvers, MA 01923; (978) 750-8400 (tel), (978) 646-8600 (fax), [www.copyright.com](http://www.copyright.com) (web site). 0002-953X/05/\$15.00.

This consent does not extend to other kinds of copying, such as copying for general distribution, for advertising or promotional purposes, for creating new collective works, or for resale. Requests for commercial distribution should be directed to (703) 907-7894. APA does not require that permission be obtained for the photocopying of isolated articles for nonprofit classroom or library reserve use; all fees associated with such permission are waived.

Copyright © 2008 American Psychiatric Association.



# START AND STAY WITH ARICEPT®

Indicated for  
**MILD · MODERATE · SEVERE**  
Alzheimer's

## Proven Efficacy for Patients...

- Improved behavior in mild to moderate AD<sup>1\*</sup>
- Persistent treatment helped delay nursing home placement<sup>2†</sup>

## and Benefits for Caregivers

- Caregivers of ARICEPT patients with mild to moderate AD experienced significantly less distress from patient behavioral problems<sup>1\*</sup>

\*The primary end point was the Neuropsychiatric Inventory (NPI); secondary measures included the Neuropsychiatric Inventory-Distress (NPI-D).

†As with observational follow-up studies of this type, results may be attributable to various factors. ARICEPT treatment was one such factor.

### Important safety information

Cholinesterase inhibitors have the potential to increase gastric acid secretion. Patients at risk for developing ulcers, including those receiving concurrent NSAIDs, should be monitored closely for gastrointestinal bleeding.

In clinical trials, syncopal episodes have been reported (2% for ARICEPT versus 1% for placebo).

In clinical trials, the most common adverse events seen with ARICEPT were nausea, diarrhea, insomnia, vomiting, muscle cramps, fatigue, anorexia, and ecchymosis. In studies, these were usually mild and transient.

Please see brief summary of prescribing information on adjacent page.

**References:** 1. Holmes C, Wilkinson D, Dean C, et al. The efficacy of donepezil in the treatment of neuropsychiatric symptoms in Alzheimer disease. *Neurology*. 2004;63:214-219. 2. Geldmacher DS, Provenzano G, McRae T, Mastey V, Ieni JR. Donepezil is associated with delayed nursing home placement in patients with Alzheimer's disease. *J Am Geriatr Soc*. 2003;51:937-944.



ARICEPT® is a registered trademark of Eisai Co., Ltd.  
ARU00352AA © 2008 Eisai Inc. and Pfizer Inc.  
All rights reserved. May 2008

[www.managingAD.com](http://www.managingAD.com) · [www.aricept.com](http://www.aricept.com)

ONCE-A-DAY  
**ARICEPT**<sup>®</sup>  
(donepezil HCl)  
5-MG AND 10-MG TABLETS