

Table S1.

Raw Mean and Standard Deviation Estimates of Objective Binge Days

	Baseline		4-Week		8-Week		12 Week		26-Week		52-Week	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
Standard Care	10.5	6.64	7.09	5.88	6.55	6.56	6.39	6.85	4.38	6.06	4.41	5.87
CBT-GSH + Noom Monitor	8.69	5.85	6.52	5.60	3.85	4.84	2.40	3.64	2.24	4.36	1.88	3.63

Note. CBT-GSH = cognitive behavioral therapy guided self-help. SD = standard deviation.

Table S2.

Latent Variable Loadings for Composite Moderator (M*) Analyses

Moderator	β (loading)	Standard Error
Education	.829	.163
Body Mass Index	-.299	.327
Sex	.022	.033
Race (White)	-.041	.030
Ethnicity (Hispanic)	-.011	.021
Marital Status	-.188	.042