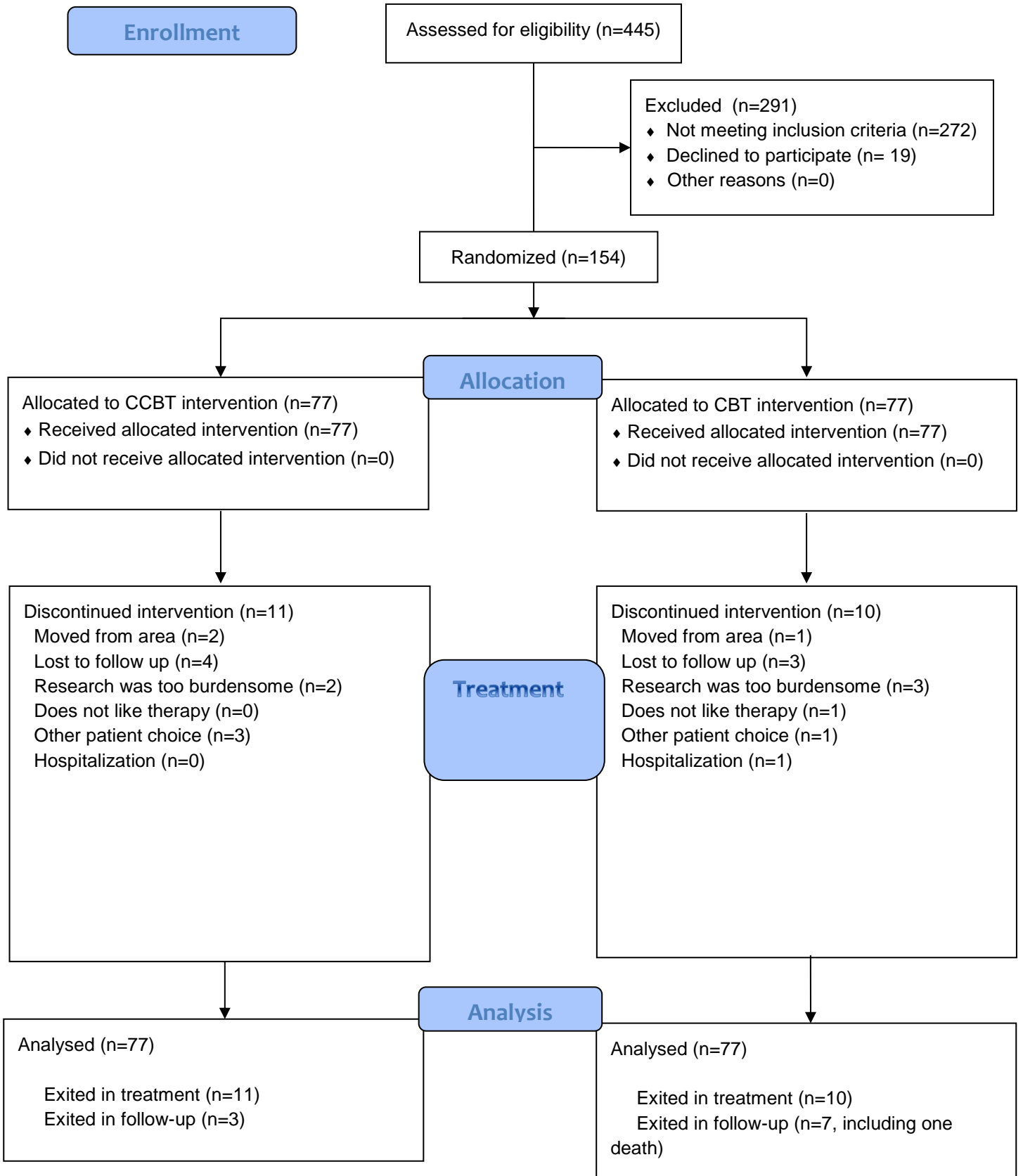


Data Supplement for Thase et al., Improving the Efficiency of Psychotherapy for Depression: Computer-Assisted Versus Standard CBT. Am J Psychiatry (doi: 10.1176/appi.ajp.2017.17010089)

Contents

1. CONSORT Flow Diagram
2. Mean (SD) Service Costs and Baseline an Follow-Up (2013 US Dollars)

CONSORT Flow Diagram



Mean (SD) Service Costs at Baseline and Follow-Up (2013 US Dollars)

Service	Baseline		3-month follow-up	
	CBT	CCBT	CBT	CCBT
Therapy	0 (0)	0 (0)	1232 (203)	555 (39)
GP	105 (125)	175 (394)	94 (114)	73 (85)
Psychiatrist	41 (123)	30 (130)	20 (76)	23 (90)
Other doctor	267 (590)	430 (1111)	114 (167)	170 (316)
Emergency room	102 (252)	130 (301)	86 (270)	125 (306)
Nurse	23 (57)	18 (44)	76 (512)	17 (87)
Psychologist	62 (360)	40 (223)	25 (95)	9 (50)
Counselor	42 (171)	38 (132)	14 (60)	3 (23)
Other therapist	20 (118)	28 (103)	44 (260)	21 (155)
Alternative medicine	63 (231)	45 (202)	36 (180)	8 (45)
Occupational therapist	24 (132)	0 (0)	2 (13)	0 (0)
Social worker	4 (18)	5 (20)	3 (15)	3 (15)
Homecare worker	0 (0)	0 (0)	28 (215)	6 (43)
House work	0 (0)	0 (0)	0 (0)	0 (0)
Volunteer	1 (3)	2 (14)	<1 (1)	26 (196)
Inpatient	49 (307)	16 (107)	394 (2356)	208 (908)
Total cost	802 (976)	957 (1332)	2166 (3465)	1247 (1423)

CCBT has follow-up costs that are on average \$928 lower than for CBT adjusting for baseline (bootstrapped 95% CI, \$200 to \$1925).