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Hosts: Lisa Dixon, M.D., M.P.H., Editor, *Psychiatric Services*, and Josh Berezin, M.D., M.S.

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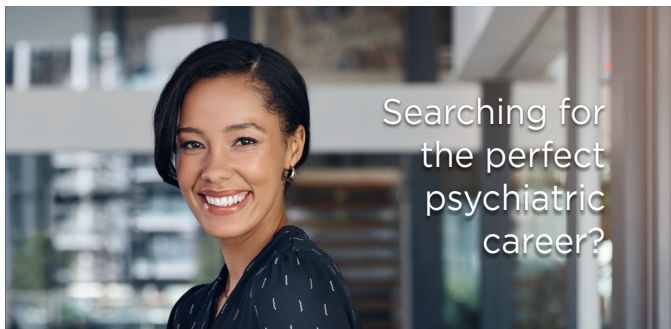
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## AJP in Advance

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### **Double-Blind Placebo-Controlled Study of Memantine in Trichotillomania and Skin-Picking Disorder**

Trichotillomania and skin-picking disorder are common psychiatric disorders that lack clearly effective treatments. This study examined memantine, a generic medication that may modulate glutamate in the brain, compared to placebo. The findings suggest that memantine may be an effective treatment for reducing both hair-pulling and skin-picking behavior.

## AJP Audio and Video

In the April 2023 episode of our AJP Audio podcast, David G. Amaral, Ph.D., discusses the use of animal models and other forms of translational neuroscience in the investigation of autism spectrum disorder (Veenstra-VanderWeele et al., p. 265).

In an issue highlights video, AJP Deputy Editor Danny Pine discusses the articles "Lower Availability of Mitochondrial Complex I in Anterior Cingulate Cortex in Autism: A Positron Emission Tomography Study" (Kato et al., p. 277) and "Polygenic Scores and Onset of Major Mood or Psychotic Disorders Among Offspring of Affected Parents" (Zwicker et al., p. 285).

## AJP CME

You can earn CME credits by reading articles in *The American Journal of Psychiatry*. Three articles in this issue form a short course that consists of reading the article and answering three multiple-choice questions with a single correct answer for up to 1 AMA PRA Category 1 Credit™ each. Credit is issued only to subscribers of the online AJP CME Course Program.

See the list below for articles in this month's issue that are the subject of a CME quiz.

### **In this issue**

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Polygenic Scores and Onset of Major Mood or Psychotic Disorders Among Offspring of Affected Parents (Zwicker et al., p. 285)

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Genetic Associations Between Stress-Related Disorders and Autoimmune Disease (Zeng et al., p. 294)

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Anterior Insula-Associated Social Novelty Recognition: Pivotal Roles of a Local Retinoic Acid Cascade and Oxytocin Signaling (Kim et al., p. 305)

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1. S.C. Dhamne et al., *Brain Stimulation* (2014); 7(3): 432-434  
2. A.V. Peterchev et al. *Brain Stimulation* (2017); 10(1): 99-105  
3. J.J. Taylor, et al., *Brain Stimulation* 14 (2021) 965e973