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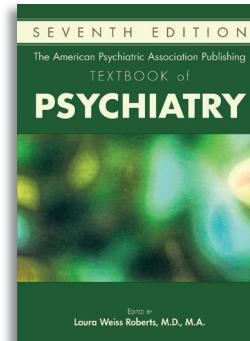
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Edited by
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Foreword by *David J. Kupfer, M.D.*

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Department of Psychiatry

With the continued growth of our Department of Psychiatry and our New General Psychiatry Residency Programs at Ocean Medical Center and Jersey Shore University Medical Center our vision for Behavioral Health is Bright.

Hackensack Meridian Health is a leading not-for-profit health care network in New Jersey offering a complete range of medical services, innovative research, and life enhancing care aiming to serve as a national model for changing and simplifying health care delivery through partnerships with innovative companies and focusing on quality and safety.

Through a partnership between Hackensack Meridian Health and Seton Hall University, the School of Medicine will re-define graduate medical education, research, and clinical practice; reverse the critical physician shortage in both the New York/New Jersey metropolitan area and the nation; and stimulate economic development in northern New Jersey.

The School of Medicine will be the anchor in the development of a comprehensive health sciences campus that will also include research facilities and biotechnology endeavors – all in service of educating tomorrow's doctors, discovering novel therapies, and facilitating compassionate and effective healthcare that will meet the ever-changing needs of tomorrow's patients.

The School of Medicine will be the cornerstone of a dynamic venue for the exchange of ideas, the development of healthcare and research thought leaders and practitioners, and the discovery of novel therapies to meet the medical challenges of the future.

"Ocean Medical Center's psychiatry program will be a community-based program," said Ramon Solkhah, M.D., program director for psychiatry as well as founding Chair of Psychiatry & Behavioral Health at the Hackensack Meridian School of Medicine at Seton Hall University. "Our new psychiatry residency program will improve clinical care and ultimately encourage future health care leaders to build practices in the Jersey Shore area."

As the area's premier provider of psychiatric services, **Hackensack Meridian Behavioral Health Services** has provided comprehensive mental health and substance abuse services to the residents of Monmouth, Ocean, Middlesex, and Bergen Counties for over forty years. Due to continued growth and expansion, we are currently accepting applications for Psychiatrists to join our Mental Health and Addiction Interdisciplinary Teams in the following positions:

- Medical Director/Section Chief, Child & Adolescent Psychiatry: Jersey Shore University Medical Center (Neptune, NJ)
- Outpatient Child & Adolescent Psychiatrist: Jersey Shore University Medical Center (Neptune, NJ) and Hackensack University Medical Center (Hackensack, NJ)
- Consultation Liaison Psychiatrists: Jersey Shore University Medical Center (Neptune, NJ) and Riverview Medical Center (Red Bank, NJ) and Hackensack University Medical Center (Hackensack, NJ)
- Staff Psychiatrist for Adult Inpatient Unit: Jersey Shore University Medical Center (Neptune, NJ) and Riverview Medical Center (Red Bank, NJ) and Hackensack University Medical Center (Hackensack, NJ)
- Outpatient General Psychiatrist: Jersey Shore University Medical Center (Neptune, NJ), Riverview Medical Center (Red Bank, NJ), and Raritan Bay Medical Center (Perth Amboy, NJ)
- Medical Director of Adult Inpatient Unit Riverview (Red Bank, NJ)
- Emergency Psychiatry: Raritan Bay Medical Center (Perth Amboy, NJ)
- Geriatric Psychiatry – Hackensack University Medical Center (Hackensack, NJ)

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The American Journal of Psychiatry

Residents' Journal

ajp.psychiatryonline.org/loi/ajp-rj

March 2019

2 Psychiatry in the United States Army

Aaron Wolfgang, M.D., and Sean Wilkes, M.D., M.Sc.
Assessing clinical, operational, and academic domains

5 The Value of an Integrated Psychiatrist on an Epilepsy Unit in the Management of Nonepileptic Seizures

Khushminder Chahal, M.D.
Addressing existing gaps in psychiatric treatment

6 An Interview With Dr. Joel Fuhrman on the Importance of Diet

Oliver M. Glass, M.D.
Emphasizing the impact of nutrition on mental and physiological health

8 Empathy in Psychiatry: Reflection on a Patient Interview

Ronald Laracuente, A.B.
Contemplating cultural understanding of mental illness

11 Residents' Resources

12 Information for Authors and Upcoming Themes

The Residents' Journal is an e-publication that serves as a forum for sharing ideas and experiences in training, clinical practice, research, and careers.

The Residents' Journal considers manuscripts authored by medical students, resident physicians, and fellows. For information about submitting manuscripts, visit the **Author Resources** page online: https://ajp.psychiatryonline.org/residents_journal/rj_ifora.

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Role of Neuronal VEGF Signaling in the Prefrontal Cortex in the Rapid Antidepressant Effects of Ketamine

Vascular endothelial growth factor (VEGF) activity in the medial prefrontal cortex (mPFC) mediates the behavioral and neurotrophic actions of ketamine. Intra-mPFC infusions of VEGF can produce rapid ketamine-like behavioral effects, which are blocked by deletion of the Flk-1 receptor.

Trajectories of Response to Dorsolateral Prefrontal rTMS in Major Depression: A THREE-D Study

Repetitive transcranial magnetic stimulation (rTMS) has promise as a treatment but different patients exhibit particularly strong or weak responses. The authors examine the relationship between baseline clinical features and clinical response to rTMS. Their findings suggest that baseline characteristics predict outcome more powerfully than the form of rTMS.

AJP CME

Earn CME credit: 3 courses per issue

This month's courses appear on pages 325–328.

Each short course is based on one article in this issue and can earn up to 1 AMA PRA Category 1 Credit™. CME credit is issued only **online**, and a paid subscription to AJP's CME course program is required.

Visit psychiatryonline.org/cme and click on the "American Journal of Psychiatry" tab.

AJP Multimedia

Access Audio or Video for highlights of each issue

In AJP Audio this month, Executive Editor Michael Roy speaks with Lori A. Zoellner, Ph.D., about her research on how patient treatment preference affects outcomes in the treatment of posttraumatic stress disorder.

In this month's video, Deputy Editor Daniel S. Pine, M.D., discusses the articles "Doubly Randomized Preference Trial of Prolonged Exposure Versus Sertraline for Treatment of PTSD" and "Guanfacine Augmentation of a Combined Intervention of Computerized Cognitive Remediation Therapy and Social Skills Training for Schizotypal Personality Disorder."

History of Psychiatry

Revisit the field's rich history through the AJP Archive

75 Years Ago: Celebrating the First 100 Years

The April 1944 issue features articles on the first 100 years of the *Journal* and of psychiatry, including the rise of psychiatric hospitals and education, the use of psychiatrists in personnel and legal matters, changes in societal attitudes about the mentally ill, and biographies of Dorothea Dix, Clifford Beers, Silas Weir Mitchell, and the first four editors of the *Journal*.



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Consultant Child & Adolescent Psychiatrist

- Laois/Offaly/Longford/Westmeath Mental Health Service
- Longford/Westmeath Mental Health Service

Closing date for receipt of completed applications is 3pm Thursday 30th May.

For further information on the Mental Health Services in Ireland please go to http://www.hse.ie/portal/eng/services/list/4/Mental_Health_Services/



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