# The American Journal of Psychiatry Residents' Journal: How to Get Involved

Residents, fellows, and students are invited to attend the **2015 American Journal of Psychiatry Residents' Journal** workshop, to take place at the American Psychiatric Association Annual Meeting in Toronto. Canada.

- Bring your thoughts and ideas about the *Residents' Journal*
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- Meet the *American Journal of Psychiatry* Editor-in-Chief Robert Freedman, M.D.

Sunday, May 17, 2015 12:30 p.m. to 2:00 p.m. Toronto Convention Centre–North Level 200, Rooms 202 C/D



For further information please contact ajp@psych.org.

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# AJP to Debut Breaking New Research on Adolescent Drinking at APA Annual Meeting



Adolescent drinking, its causes and consequences, will be a focus of a Monday morning forum featuring the authors of two new research studies that *The American Journal of Psychiatry* will release earlier that morning.

George Koob, Ph.D., Director of the National Institute of Alcohol Abuse and Alcoholism (NIAAA),

will also be a discussant to place these findings in clinical context.

AJP Editor-in-Chief Robert Freedman, M.D., will host the presentation.

Monday May 18, 9:00 AM Convention Center South, Level 800, Room 801B

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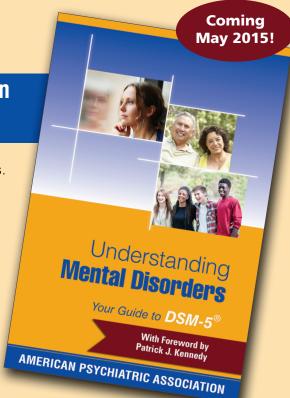
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The candidate should be an academic addiction psychiatrist or another physician or doctoral-level health professional with exceptional leadership skills and an extensive academic record in the field of addictions. He or she would be expected to be eligible for an appointment at the rank of Associate Professor or Full Professor at the University of Toronto.

Interested applicants should submit a letter of interest and curriculum vitae to: Benoit H. Mulsant, MD, MS, FRCPC Physician in Chief, CAMH benoit.mulsant@camh.ca



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BRIEF SUMMARY. See package insert for full Prescribing Information. For further product information and current package insert, please visit www.pristiqhcp.com or call Pfizer US Medical Information toll-free at (800) 438-1985.

#### WARNING: SUICIDAL THOUGHTS AND BEHAVIORS

Antidepressants increased the risk of suicidal thoughts and behavior in children, adolescents, and young adults in short-term studies. These studies did not show an increase in the risk of suicidal thoughts and behaviorwith antidepressantuse in patients over age 24; there was a reduction in risk with antidepressant use in patients aged 65 and older [see Warnings and Precautions (5.1) in the full prescribing information

In patients of all ages who are started on antidepressant therapy, monitor closely for worsening, and for emergence of suicidal thoughts and behaviors. Advise families and caregivers of the need for close observation and communication with the prescriber [see Warnings and Precautions (5.1) in the full prescribing information).

PRISTIQ is not approved for use in pediatric patients [see Use in Specific Populations (8.4) in the full prescribing information).

INDICATIONS AND USAGE: PRISTIQ, a serotonin and norepinephrine reuptake inhibitor (SNRI), is indicated for the treatment of major depressive disorder (MDD) [see Clinical Studies (14) and Dosage and Administration (2.1) in the full prescribing information]. The efficacy of PRISTIQ has been established in four short-term (8-week, placebo-controlled studies) and two maintenance studies in adult outpatients who met DSM-IV criteria for major depressive

CONTRAINDICATIONS: Hypersensitivity to desvenidarione succinate, venidazine hydrochloride or to any excipients in the PRISTIO formulation. Angioedem has been reported in patients treated with PRISTIO (see Adverse Reactions (6.1) in the full prescribing information). The use of monoamine oxidase inhibitors (MADIs) intended to treat psychiatric disorders with PRISTIO or within 7 days of stopping treatment with PRISTIO is contraindicated because of an increased risk of serotonin syndrome. The use of PRISTIO within 14 days of stopping an IMAD intended to treat psychiatric disorders is also contraindicated (see Dosage and Administration (2.6) and Warnings and Precautions (5.2) in the full prescribing information). Starting PRISTIO in a patient who is being treated with MAOIs such as inecolated intravenous methylene blue is also contraindicated because of an increased risk of serotonin syndrome [see Dosage and Administration (2.6) and Warnings and Precautions (5.2) in the full prescribing information]. CONTRAINDICATIONS: Hypersensitivity to desvenlafaxine succinate, venlafaxine hydrochloride or to any excipients

WARNINGS AND PRECAUTIONS: Suicidal Thoughts and Behaviors in Children, Adolescents and Young Adults— Patients with major depressive disorder (MDD), both adult and pediatric, may experience worsening of their depression and/or the emergence of suicidal ideation and behavior (suicidality) or unusual changes in behavior, whether or not they are taking antidepressant medications, and this risk may persist until significant remission occurs. Suicide is a known risk of depression and certain other psychiatric disorders, and these disorders themselves are the strongest predictors of suicide. There has been a long-standing concern, however, that antidepressants may have a role in inducing worsening of depression and the emergence of suicidality in certain patients during the early phases of treatment. Pooled analyses of short-term placebo-controlled studies of antidepressant drugs (SSRIs and others) showed that these drugs increase the risk of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults (ages 18 to 24) with major depressive disorder (MDD) and other psychiatric disorders. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction with antidepressants compared to placebo in adults aged 65 and older. The pooled analyses of placebo-controlled studies in children and adolescents with MDD, obsessive compulsive The pooled analyses of placebo-controlled studies in children and adolescents with MDD, obsessive compulsive disorder (DCD), or other psychiatric disorders included a total of 24 short-term studies of 9 antidepressant drugs in over 4,400 patients. The pooled analyses of placebo-controlled studies in adults with MDD or other psychiatric disorders included a total of 295 short-term studies (median duration of 2 months) of 11 antidepressant drugs in over 77,000 patients. There was considerable variation in risk of suicidality among drugs, but a tendency toward an increase in the younger patients for almost all drugs studied. There were differences in absolute risk of suicidality across the different indications, with the highest incidence in MDD. The risk differences (drug vs. placebol), however, were pelatively stable within an extrata and excess indications. These risk differences (drug vs. placebol), however, were relatively stable within age strata and across indications. These risk differences (drug-placebo difference in the number of cases of suicidality per 1,000 patients treated) included 14 additional cases of increases among those aged <18,5 additional cases of increases among those aged 25 to 64, and 6 fewer cases of decrease among those aged ≥65.

No suicides occurred in any of the pediatric studies. There were suicides in the adult studies, but the number was not No suicides occurred in any of the pediatric studies. There were suicides in the adult studies, but the number was not sufficient to reach any conclusion about drug effect on suicide. It is unknown whether the suicidality risk extends to longer-term use, i.e., beyond several months. However, there is substantial evidence from placebo-controlled maintenance studies in adults with depression that the use of antidepressants can delay the recurrence of depression. All patients being treated with antidepressants or any indication should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the initial few months of a course of drug therapy, or at times of dose changes, either increases or decreases. The following symptoms, anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia (psychomotro restlessness), hypomania, and mania, have been reported in adult and pediatric patients being treated with antidepressants for major depressive disorder as well as for other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptoms and either the worsening of depressive disorder as well as for other indications, both psychiatric and nonpsychiatric. Although a causal link between the emergence of such symptoms may represent precursors to emerging suicidality. Consideration should be given to changing the therapeutur regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening changing the triet adjusted regiment, including possingly discontinuing the relocation, in placeties misses expression in persistently worse, or who are experiencing emergent suicidality or symptoms that might be precursors to worsening depression or suicidality, especially if these symptoms are severe, abrupt in onset, or were not part of the patient's presenting symptoms. If the decision has been made to discontinue treatment, medication should be tapered, as presenting symptoms. If the decision has been made to discontinue treatment, medication should be tapered, as rapidly as is feasible, but with recognition that abrupt discontinuation can be associated with certain symptoms [see Dosage and Administration (2.4) and Warnings and Precautions (5.7) in the full prescribing information for a description of the nisks of discontinuation of PRISTIQ. Families and caregivers of patients being treated with antidepressants for major depressive disorder or other indications, both psychiatric and nonpsychiatric, should be alerted about the need to monitor patients for the emergence of agitation, irritability, unusual changes in behavior, and the other symptoms described above, as well as the emergence of suicidality, and to report such symptoms immediately to healthcare providers. Such monitoring should include daily observation by families and caregivers. Prescriptions for PRISTIQ should be written for the smallest quantity of tablets consistent with good patient management, in order to reduce the risk of overdose. <u>Screening patients for bipolar disorder</u>—A major depressive episode may be the initial presentation of bipolar disorder. It is generally believed (though not established in controlled studies) that treating such an episode with an antidepressant alone may increase the initial presentation of precipitation of precipitation of a mixed/manic episode in malters at risk for bipolar disorder. Whether any of the likelihood of precipitation of a mixed/manic episode in patients at risk for bipolar disorder. Whether any of the symptoms described above represent such a conversion is unknown. However, prior to initiating treatment with an antidepressant, patients with depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder; such screening should include a detailed psychiatric history, including a family history of suicide, bipolar disorder, and depression. It should be noted that PRISTIQ is not approved for use in treating bipolar depression. Serotonin Syndrome: The development of a potentially life-threatening serotonin syndrome has been reported with SkRIs and SSRIs, including PRISTIQ, alone but particularly with concomitant use of other serotonergic drugs (including triptans, tricyclic antidepressants, fentanyl, lithium, tramadol, tryptophan, buspirone, and St. John's Wort), and with drugs that impair metabolism of serotonin (in particular, MAOIs, both those intended to treat psychiatric disorders and also others, such as linezolid and intravenous methylene blue). Serotonin syndrome symptoms may include mental status changes (e.g., agitation, hallucinations, delirium, and coma), autonomic installity (e.g., tachycardia, labile blood pressure, dizziness, diaphoresis, flushing, hyperthermia), neuromuscular symptoms (e.g., tremor, rigidity, myoclonus, hyperreflexia, incoordination), seizures, and/or gastrointestinal symptoms (e.g., nausea, vomiting, diarrhea). Patients should be monitored for the emergence of serotonin syndrome. The concomitant use of PRISTIQ with MAOIs intended to treat psychiatric disorders is contraindicated. PRISTIQ should also not be started in a patient who is being treated with MAOIs such as linezolid or intravenous methylene blue. All reports with methylene blue that provided information on the route of administration involved intravenous administration in the dose range of Ing/kg to 8 mg/kg. No reports involved the administration of methylene blue by other routes (such as oral tablets or local tissue injection) or at lower doses. There may be circumstances when it is necessary to initiate treatment with a MAOI such as linezolid or intravenous methylene blue in a patient taking PRISTIQ. PRISTIQ should be discontinued a MAOI such as linezolid or intravenous methylene blue in a patient taking PRISTIO. PRISTIO should be discontinued before initiating treatment with the MAOI (see Contraindications (4.2) and Dosage and Administration (2.6) in the full prescribing information). If concomitant use of PRISTIO with other serotonergic drugs, including triptans, tricyclic antidepressants, fentany, lithium, tramadol, buspirone, tryptophan, and St. John's Wort is clinically warranted, patients should be made aware of a potential increased risk for serotonin syndrome, particularly during treatment initiation and dose increases. Treatment with PRISTIO and any concomitant serotonergic agents should be discontinued immediately if the above events occur and supportive symptomatic treatment should be initiated. Elevated Blood Pressure: Patients receiving PRISTIO should have regular monitoring of blood pressure since increases in blood pressure were observed in clinical studies [see Adverse Reactions (6.1) in the full prescribing information]. Pre-existing hypertension should be controlled before initiating treatment with PRISTIO. Caution should

be exercised in treating patients with pre-existing hypertension, cardiovascular, or cerebrovascular conditions that might be compromised by increases in blood pressure. Cases of elevated blood pressure requiring immediate treatment have been reported with PRISTIO. Sustained blood pressure increases could have adverse consequences For patients who experience a sustained increase in blood pressure while receiving PRISTIQ, either dose reduction rol patients with experience a sustained inclease in indust pressore within executing First Tild, enter duse reduction or discontinuation should be considered [see Adverse Reactions (6.1) in the full prescribing information]. Abnormal Bleeding: SSRIs and SNRIs, including PRISTIQ, may increase the risk of bleeding events. Concomitant use of aspirin, nonsteroidal anti-inflammatory drugs, warfarin, and other anticoagulants may add to this risk. Case reports and epidemiological studies (case-control and cohort design) have demonstrated an association between use of drugs that interfere with serobnin reutpake and the occurrence of gastrointestinal bleeding. Bleeding events related to SSRIs and SNRIs have ranged from ecclymosis, hematoma, epistaxis, and petechiae to life-threatening hemorrhages. Patients should be cautioned about the risk of bleeding associated with the concomitant use of PRISCITIO acts NS NIDs have the other device that officer concollations before a NIDs (Center Clauser). hemorrhages. Patients should be cautioned about the risk of bleeding associated with the concomitant use of PRISTIQ and NSAIDs, aspirin, or other drugs that affect coaquiation or bleeding. Angle Closure Glaucoma: The pupillary dilation that occurs following the use of many antidepressant drugs including PRISTIQ may trigger an angle closure attack in a patient with anatomically narrow angles who does not have a patent indectomy. Activation of Mania/Hypomania: During all MDD phase 2 and phase 3 studies, mania was reported for approximately 0.02% of patients treated with PRISTIQ. Activation of mania/hypomania has also been reported in a small proportion of patients with major affective disorder who were treated with other marketed antidepressants. As with all antidepressants, PRISTIQ should be used cautiously in patients with a history or family history of mania or hypomania. Discontinuation Syndrome: Discontinuation symptoms have been systematically and prospectively evaluated in patients treated with PRISTIQ during clinical studies in Major Depressive Disorder. Abrupt discontinuation or dose reduction has been associated with the appearance of new symptoms that include dizziness, nausea, headade, irritability, insommia, diarrhea, anxiety. Fatigue. abnormal dreams, and hyperhidrosis, in onerral, one practice of the proper of the properties of nausea, headache, riritability, insomnia, diarrhea, anxiety, fatigue, abnormal dreams, and hyperhidrosis. In general, discontinuation events occurred more frequently with longer duration of therapy. During marketing of SNRIs (Serotonin and Norepinephrine Reuptake Inhibitors), and SSRIs (Selective Serotonin Reuptake Inhibitors), there have Geroum and voverpenner neuropean innovary, and some scenario sections detective servoim reciprace limitarity, neter large been spontaneous reports of adverse events occurring upon discontinuation of these drugs, particularly when abrupt, including the following: dysphoric mood, irritability, agitation, dizziness, sensory disturbances (e.g., paresthesia, such as electric shock sensations), anxiety, confusion, headache, lettargy, emotional lability, insomnia, hypomania, tinnitus, and seizures. While these events are generally self-limiting, there have been reports of serious discontinuation symptoms. Patients should be monitored for these symptoms when discontinuing treatment with PRISTIO. A gradual reduction in the dose rather than abrupt cessation is recommended whenever possible. If intolerable symptoms occur following a decrease in the dose or upon discontinuation of treatment, then resuming the previously prescribed dose may be considered. Subsequently, the physician may continue decreasing the dose, but at a more gradual rate [see Dosage and Administration (2.4) and Adverse Reactions (6.1) in the full prescribing information). Seizure: Cases of seizure have been reported in pre-marketing clinical studies with PRISTIO. PRISTIO has not been systematically evaluated in patients with a seizure disorder. Patients with a history of seizures were has not been systematically evaluated in patients with a seizure disorder. Patients with a history of seizures were excluded from pre-marketing clinical studies. PRISTIQ should be prescribed with caution in patients with a seizure disorder. Hyponatremia: Hyponatremia: Hyponatremia and socur as a result of treatment with SSRIs and SNRIs, including PRISTIQ. In many cases, this hyponatremia appears to be the result of the syndrome of inappropriate antidiuretic hormone secretion (SIADH). Cases with serum socilum lower than 110 mmol/L have been reported. Elderly patients may be at greater risk of developing hyponatremia with SSRIs and SNRIs. Also, patients taking diuretics or who are otherwise volume depleted can be at greater risk see Use in Specific Populations (8.5) and Clinical Pharmacology (12.6) in the full prescribing information). Discontinuation of PRISTIQ should be considered in patients with symptomatic hyponatremia and appropriate medical intervention should be instituted. Signs and symptoms of hyponatremia include headache, difficulty concentrating, memory impairment, confusion, weakness, and unsteadiness, which can lead to falls. Signs and symptoms associated with more severe and/or acute cases have included hallucination, syncope, seizure, coma, respiratory arrest, and death. Interstitial Lung Disease and Eosinophilic Pneumonia: Interstitial lung disease and eosinophilic pneumonia associated with venlataxine (the parent drug of PRISTIQ) therapy have been rarely reported. The possibility of these adverse events should be considered in patients reated with PRISTIQ who present with progressive dyspnea, cough, or chest discomfered. ADVERSE REACTIONS: The following adverse reactions are discussed in greater detail in other sections of the label:

ADVERSE REACTIONS: The following adverse reactions are discussed in greater detail in other sections of the label: Hypersensitivity [see Contraindications (4)], Suicidal Thoughts and Behaviors in Adolescents and Young Adults [see rypersensitivity gee contrainticants (4), during large Warnings and Precautions (5.1), Everated Blood Pressure [see Warnings and Precautions (5.3), Serotonin Syndrome [see Warnings and Precautions (5.4), Angle Closure [see Warnings and Precautions (5.4), Angle Closure Glaucoma [see Warnings and Precautions (5.5), Activation of Mania/Hypomania [see Warnings and Precautions (5.6), Discontinuation Syndrome [see Warnings and Precautions (5.7)], Seizure [see Warnings and Precautions (5.8)], Hyponatremia [see Warnings and Precautions (5.8)], Interestital Lung Disease and Eosinophilic Pneumonia [see Warnings and Precautions (5.7)], Seizure [see Warnings and Precautions (5.8)], Proportional Precautions (5.8)], Proportional Precautions (5.8), Proportional Precautio to rates in the clinical studies of another drug and may not reflect the rates observed in clinical practice. Patient exposure—PRISTIQ was evaluated for safety in 8,394 patients diagnosed with major depressive disorder who participated in multiple-dose pre-marketing studies, representing 2,784 patient-years of exposure. Of the total 8,394 patients exposed to at least one dose of PRISTIQ; 2,116 were exposed to PRISTIQ for 6 months, representing 1,658 patient-years of exposure, and 421 were exposed for one year, representing 416 patient-years of exposure.

Adverse reactions reported as reasons for discontinuation of treatment—In the pre-marketing pooled 8-week placebo-controlled studies in patients with MDD, 1,834 patients were exposed to PRISTIQ (50 to 400 mg). Of the 1,834 patients, 12% discontinued treatment due to an adverse reaction, compared with 3% of the 1,116 placebo-treated patients. At the recommended dose of 50 mg, the discontinuation rate due to an adverse reaction for PRISTIQ (4.1%) was similar to the rate for placebo (3.8%). For the 100 mg dose of PRISTIQ the discontinuation of the 1,834 patients, 12% discontinued treatment due to an adverse reaction, compared with 3% of the 1,116 placebo-treated patients. At the recommended dose of 50 mg, the discontinuation rate due to an adverse reaction was 8.7%. The most common adverse reactions leading to discontinuation rate due to an adverse reaction was 8.7%. The most common adverse reactions leading to discontinuation rate due to an adverse reaction was 8.7%. The most common adverse reactions leading to discontinuation in rate due to an adverse reaction was 8.7%. The most common was vomiting (2%) **common adverse** reactions in placebo of the PRISTIQ treated patients in the short-term study, up to 9 months, the most common was vomiting (2%) **common adverse** reactions in placebo -controlled flow brutiles. The most commonly observed adverse reactions in PRISTIQ treated MDD patients in pre-marketing pooled 8-week, placebo-controlled fixed-dose studies (incidence ≥5% and at least twice the rate of placebo in the 50 or 100 mg dose groups) were nausea, dizziness, insominal, hyperhidrosis, constipation, somnolence, decreased appetite, anxiety, and specific male sexual function disorders. The incidence of common adverse reactions that occurred in ≥2% of PRISTIQ treated MDD patients and twice the rate of placebo at any dose in the pre-marketing pooled 8-week, placebo-controlled, fixed dose clinical studies (placebo, n=636; PRISTIQ 50 mg, n=317; PRISTIQ 100 mg, n=424; PRISTIQ 200 mg, n=307; PRISTIQ 400 mg, n=317; PRISTIQ 100 mg, n=377; PRISTIQ 100 mg, n=379; PRISTIQ 100 mg, n=379; PRISTIQ 100 mg, n=379; PRISTIQ 100 mg, 200 mg, 100 mg

Sexual function adverse reactions—The incidence of sexual function adverse reactions that occurred in ≥2% of PRISTIQ treated MDD patients in any fixed-dose group (pre-marketing pooled 8-week, placebo-controlled, fixed-dose, clinical studies) included Men only (placebo, n= 239; PRISTIQ 50 mg, n=108; PRISTIQ 100 mg, n=157; PRISTIQ 200 mg, n=151; PRISTIQ 40 mg, n=154; PRISTIQ 50 mg, n=150; PRISTIQ 40 mg, n=150; PRISTIQ 50 mg, n=150; PRISTIQ 50 mg, n=150; PRISTIQ 40 mg, n=150; PRISTIQ 50 mg, n=150; PRISTIQ 40 mg, n=150; PRISTIQ 50 mg, n=150; PRIST PRISTIQ 200 mg, 3% PRISTIQ 400 mg), Orgasm abnormal (0% placebo, 0% PRISTIQ 50 mg, 1% PRISTIQ 100 mg, 2% PRISTIQ 200 mg, 3% PRISTIQ 400 mg), Ejaculation delayed (<1% placebo, 1% PRISTIQ 50 mg, 5% PRISTIQ 100

mg, 7% PRISTIQ 200 mg, 6% PRISTIQ 400 mg), Erectile dysfunction (1% placebo, 3% PRISTIQ 50 mg, 6% PRISTIQ 100 mg, 8% PRISTIQ 200 mg, 11% PRISTIQ 400 mg), Ejaculation disorder (0% placebo, 0% PRISTIQ 50 mg, 1% PRISTIQ 100 mg, 2% PRISTIQ 200 mg, 5% PRISTIQ 400 mg), Ejaculation failure (0% placebo, 1% PRISTIQ 50 mg, 0% PRISTIQ 100 mg, 2% PRISTIQ 400 mg), Escual dysfunction (0% placebo, 1% PRISTIQ 50 mg, 0% PRISTIQ 100 mg, 2% PRISTIQ 400 mg), Sexual dysfunction (0% placebo, 1% PRISTIQ 50 mg, 0% PRISTIQ 50 mg, 1267, PRISTIQ 200 mg, 1276, PRISTIQ 400 mg), Women only (placebo, 1832). Anorgasmia (0% placebo, 1% PRISTIQ 50 mg, 1367, PRISTIQ 200 mg, 1276, PRISTIQ 400 mg), 1267, PRISTIQ 50 mg, 1276, PRISTIQ 400 mg).

Other adverse reactions observed in pre-marketing and post-marketing clinical studies: Other infrequent adverse reactions, not described elsewhere in the label, occurring at an incidence of <2% in MDD patients treated with PRISTIQ were: Cardiac disorders—Tachycardia; General disorders and administration site conditions—Asthenia; Investigations—Weight increased, invertinations—Weight increased, invertinations—Weight increased, invertinations—Weight increased increased in Musculoskeletal and connective tissue disorders—Musculoskeletal stiffness; Nervous system disorders—Osnocope, convulsion, dystonia; Psychiatric disorders—Depersonalization, bruxism; Renal and urinary disorders—Urinary retention; Skin and subcutaneous tissue disorders—Rash, alopecia, photosensitivity reaction, angioedema. In clinical studies, there were uncommon reports of ischemic cardiac adverse reactions, including myocardial ischemia, myocardial infarction, and coronary occulsion requiring revascularization; these patients had multiple underlying cardiac risk factors. More patients experienced these events during PRISTIQ treatment as compared to placebo.

Laboratory, ECG and vital sign changes observed in MDD clinical studies—The following changes were observed in pre-marketing placebo-controlled, short-lerm MDD studies with PRISTIO. Lipids—Elevations in fasting serum total cholesterol, LDI (low density lipoproteins) cholesterol, and triglycerides occurred in the controlled studies. Some of these abnormalities were considered potentially clinically significant. The percentage of patients who exceeded a predetermined threshold value included: Total Cholesterol increase of ≥50 mg/dl and an absolute value of ≥261 mg/dl (2% placebo, 3% PRISTIO 50 mg, 4% PRISTIO 100 mg, 4% PRISTIO 200 mg, 10% PRISTIO 400 mg). LDL Cholesterol increase 50 mg/dl and an absolute value of 190 mg/dl (0% placebo, 1% PRISTIO 50 mg, 0% PRISTIO 100 mg, 1% PRISTIO 200 mg, 2% PRISTIO 400 mg). Triglycerides, fasting, ≥327 mg/dl (3% placebo, 2% PRISTIO 50 mg, 1% PRISTIO 100 mg, 4% PRISTIO 200 mg, 6% PRISTIO 400 mg).

Proteinuria—Proteinuria, greater than or equal to trace, was observed in the pre-marketing fixed-dose controlled studies. This proteinuria was not associated with increases in BUN or creatinine and was generally transient. The percentages of patients with proteinuria in the fixed-dose clinical studies were: 4% placebo, 6% PRISTIQ 50 mg, 8% PRISTIQ 100 mg, 5% PRISTIQ 200 mg, 7% PRISTIQ 400 mg.

one main in 30 mg, one this in 100 mg, 5% PHISTIQ 200 mg, 7% PHISTIQ 400 mg.

\*\*Vital sign changes—Mean changes observed in placebo-controlled, short-term, fixed-dose, pre-marketing, controlled studies with PRISTIQ in patients with MDD included **Blood pressure**: Supine systolic bp (-1.4 mm Hg placebo, 1.2 mm Hg PRISTIQ 200 mg, 2.1 mm Hg PRISTIQ 100 mg); Supine diastolic bp (-0.6 mm Hg placebo, 0.7 mm Hg PRISTIQ 200 mg, 0.8 mm Hg PRISTIQ 100 mg, 1.8 mm Hg PRISTIQ 200 mg, 2.3 mm Hg PRISTIQ 400 mg); \*\*Pulse rate\*: Supine pulse (-0.3 bpm placebo, 1.3 bpm PRISTIQ 50 mg, 1.3 bpm PRISTIQ 100 mg, 0.9 bpm PRISTIQ 200 mg, 4.1 bpm PRISTIQ 400 mg); \*\*Weightt\*: (0.0 kg placebo, -0.4 kg PRISTIQ 50 mg, -0.6 kg PRISTIQ 100 mg, -0.9 kg PRISTIQ 200 mg, -1.1 kg PRISTIQ 400 mg).

Treatment with PRISTIQ at all doses from 50 mg/day to 400 mg/day in controlled studies was associated with sustained hypertension, defined as treatment-emergent supine diastolic blood pressure (SDBP) ≥90 mm Hg and ≥10 mm Hg above baseline for 3 consecutive on-therapy visits. The proportion of patients with sustained elevation of supine diastolic blood pressure included 0.5% placebo, 1.3% PRISTIQ 50 mg, 0.7% PRISTIQ 100 mg, 1.1% PRISTIQ 200 mg, 2.3% PRISTIQ 400 mg, Analyses of patients in PRISTIQ pre-marketing short-term controlled studies who met criteria for sustained hypertension revealed a consistent increase in the proportion of patients who developed sustained hypertension. This was seen at all doses with a suggestion of a higher rate at 400 mg/day.

Orthostatic hypotension—In the pre-marketing short-term, placebo-controlled clinical studies with doses of 50 to 400 mg, systolic orthostatic hypotension (decrease ≥30 mm If from supine to standing position) occurred more frequently in patients ≥65 years of age receiving PRISTIQ (8.9%, 787) versus placebo (2.5%, 140), compared to patients <65 years of age receiving PRISTIQ (8.9%, 1871, 937) versus placebo (0.7%, 871,218). Post-marketing Experience—The following adverse reaction has been identified during post-approval use of PRISTIQ. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure: Skin and subcutaneous tissue disorders—Stevens-Johnson syndrome. DRUG INTERACTIONS: Monoamine Oxidase Inhibitors (MAOI)—[see Dosage and Administration (2.6), Contraindications (4) and Warnings and Precautions (5.2) in the full prescribing information). Pser Osage and Administration (2.6), Contraindications (4) and Warnings and Precautions (5.2) in the full prescribing information). Drugs that Interfere with Hemostasis. Epidemiological studies of case-control and cohort design that have demonstrated an association between use of psychotropic drugs that interfere with serotonin reuptake and the occurrence of upper gastrointestinal bleeding. These studies have also shown that concurrent use of an NSAID or aspirin may potentiate this risk of bleeding. Altered anticoagulant effects, including increased bleeding, have been reported when SSRIs and SNRIs are condeministered with varfaria. Patients receiving warfarin therapy should be carefully monitored when PRISTIQ is initiated or discontinued. [see Warnings and Precautions (5.4) in the full prescribing information]. Potential for Other Drugs to Affect Desvenlafaxine—Saved on in vitro data, no dose adjustment is required for PRISTIQ when used concomitantly with inhibitors of CYP3A4 and CYP1A1, 1A2, 2A6, 2D6, 2C8, 2C9, 2C9, a C219, eZ19, eZ1

USE IN SPECIFIC POPULATIONS: Pregnancy — Pregnancy Category C: Risk summary—There are no adequate and well-controlled studies of PRISTIO in pregnant women. In reproductive developmental studies in rats and rabbits with desvenlafaxine succinate, evidence of teratogenicity was not observed at doses up to 30 times a human dose of 100 mg/day (on a mg/m² basis) in rabbts. An increase in rat pup deaths was seen during the first 4 days of lactation when dosing occurred during gestation and lactation, at doses greater than 10 times a human dose of 100 mg/day (on a mg/m² basis). PRISTIO should be used during pregnancy only if the potential benefit is justify the potential risks to the fetus. Clinical considerations—A prospective longitudinal study of 201 women with history of major depression who were euthymic at the beginning of pregnancy, showed women who discontinued antidepressant medication. Human data—Neonaties exposed to SNRIs (Serotonin and Norepinephrine Reuptake Inhibitors), or SSRIs (Selective Serotonin Reuptake Inhibitors), late in the third trimester have developed complications requiring prolonged hospitalization, respiratory support, and tube feeding. Such complications can arise immediately upon delivery. Reported clinical findings have included respiratory distress, cyanosis, apnea, seizures, temperature instability, deeding difficulty voniting, hypoglogemia, hypotonia, hyperreflexia, tremor, litteriness, irritability, and constant crying. These features are consistent with either a direct toxic effect of SSRIs and SNRIs or, possibly, a drug discontinuation syndrome. It should be noted that, in some cases, the clinical picture is consistent with serotonin syndrome fee Wamings and Precautions (5.2) in the full prescribing information]. Animal data—When desvenlafaxine succinate was

administered orally to pregnant rats and rabbits during the period of organogenesis at doses up to 300 mg/kg/ day and 75 mg/kg/day, respectively, no teratogenic effects were observed. These doses are 30 times a human dose of 100 mg/day (on a mg/m² basis) in rabits. However, fetal weights were decreased and skeletal ossification was delayed in rats in association with maternal toxicity at the highest dose, with a no-effect dose 10 times a human dose of 100 mg/day (on a mg/m² basis). When desvenlataxine succinate was administered orally to pregnant rats throughout gestation and lactation, there was a decrease in pup weights and an increase in pup deaths during the first four days of lactation at the highest dose of 300 mg/kg/day. The cause of these deaths is not known. The no-effect dose for rat pup mortality was 10 times a human dose of 100 mg/day (on a mg/m² basis). Post-weaning growth and reproductive performance of the progeny were not affected by maternal treatment with desvenlafaxine succinate at a dose 30 times a human dose of 100 mg/day (on a mg/m² basis). Nursing Mothers—Desvenlafaxine (0-desmethylvenlafaxine) is excreted in human milk. Because of the potential for serious adverse reactions in nursing infants from PRISTIQ, a decision should be made whether to discontinue unrising or to discontinue unrising or to discontinue rusing or to disco

DRUG ABUSE AND DEPENDENCE: Controlled Substance—PRISTIQ is not a controlled substance

OVERDOSAGE: Human Experience with Overdosage—There is limited clinical trial experience with desvenlafaxine succinate overdosage in humans. However, desvenlafaxine (PRISTIQ) is the major active metabolite of venlafaxine. Overdose experience reported with venlafaxine (the parent drug of PRISTIQ) is presented below; the identical information can be found in the Overdosage section of the venlafaxine package insert. In post-marketing experience, overdose with venlafaxine (the parent drug of PRISTIQ) is presented below; the identical information can be found in the Overdosage section of the venlafaxine package insert. In post-marketing experience, overdose with venlafaxine (the parent drug of PRISTIQ) mydriasis, seizures, and vomiting. Electrocardiogram changes (e.g., prolongation of OT interval, bundle branch block, ORS prolongation), sinus and ventricular tachycardia, bradycardia, hypotension, rhabdomyolysis, vertigo, liver necrosis, serotonin syndrome, and death have been reported. Published retrospective studies report that venlafaxine overdosage may be associated with an increased risk of fatal outcomes compared to that observed with SSRI antidepressant products, but lower than that for tricyclic antidepressants. Epidemiological studies have shown that venlafaxine riverdosage, as opposed to some characteristics) of venla

This brief summary is based on PRISTIQ Prescribing Information LAB-0452-11.0, revised June 2014.

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# for your adult MDD patients

An SNRI with a starting dose that is the proven effective dose\* and a low discontinuation rate due to adverse reactions<sup>1</sup>

- Discontinuation rate due to adverse reactions comparable to placebo (4.1% vs 3.8%)<sup>2</sup>
- Most commonly observed adverse reactions vs placebo include nausea (22% vs 10%), dizziness (13% vs 5%), hyperhidrosis (10% vs 4%), constipation (9% vs 4%), and decreased appetite (5% vs 2%)

\*50 mg per day is the recommended dose for most patients. The maximum recommended dose in patients with severe renal impairment (24-hr CrCl less than 30 mL/min, C-G) or end-stage renal disease (ESRD) is 50 mg every other day. Supplemental doses should not be given to patients after dialysis.



For more information about a great copay savings offer for your adult MDD patients, **call your PRISTIQ rep or visit Pristighcp.com.** 

#### Important Safety Information for PRISTIQ

WARNING: SUICIDAL THOUGHTS AND BEHAVIORS

Antidepressants increased the risk of suicidal thoughts and behavior in children, adolescents, and young adults in short-term studies. These studies did not show an increase in the risk of suicidal thoughts and behavior with antidepressant use in patients over age 24; there was a reduction in risk with antidepressant use in patients aged 65 and older.

In patients of all ages who are started on antidepressant therapy, monitor closely for worsening, and for emergence of suicidal thoughts and behaviors. Advise families and caregivers of the need for close observation and communication with the prescriber. PRISTIQ is not approved for use in pediatric patients.

#### Contraindications

- PRISTIQ is contraindicated in patients with a known hypersensitivity to PRISTIQ or venlafaxine.
   Angioedema has been reported in patients treated with PRISTIQ.
- Serotonin syndrome and MAOIs: Do not use MAOIs intended to treat psychiatric disorders with PRISTIQ
  or within 7 days of stopping treatment with PRISTIQ. Do not use PRISTIQ within 14 days of stopping an
  MAOI intended to treat psychiatric disorders. In addition, do not start PRISTIQ in a patient who is being
  treated with an MAOI such as linezolid or intravenous methylene blue.

#### **Selected Warnings and Precautions**

- All patients treated with antidepressants should be monitored appropriately and observed closely for clinical worsening, suicidality, and unusual changes in behavior, especially during the first few months of treatment and when changing the dose. Consider changing the therapeutic regimen, including possibly discontinuing the medication, in patients whose depression is persistently worse or includes symptoms of anxiety, agitation, panic attacks, insomnia, irritability, hostility, aggressiveness, impulsivity, akathisia, hypomania, mania, or suicidality that are severe, abrupt in onset, or were not part of the patient's presenting symptoms. Families and caregivers of patients being treated with antidepressants should be alerted about the need to monitor patients.
- The development of a potentially life-threatening serotonin syndrome has been reported with SSRIs and SNRIs, including with PRISTIQ, both when taken alone, but especially when co-administered with other serotonergic agents (including triptans, tricyclic antidepressants, fentanyl, lithium, tramadol, tryptophan, buspirone, and St. John's Wort) and with drugs that impair metabolism of serotonin (in particular, MAOIs, both those intended to treat psychiatric disorders and also others, such as linezolid and intravenous methylene blue). If such events occur, immediately discontinue PRISTIQ and any concomitant serotonergic agents, and initiate supportive treatment. If concomitant use of PRISTIQ with other serotonergic drugs is clinically warranted, patients should be made aware of a potential increased risk for serotonin syndrome, particularly during treatment initiation and dose increase.
- Patients receiving PRISTIQ should have regular monitoring of blood pressure, since increases in blood
  pressure were observed in clinical studies. Pre-existing hypertension should be controlled before starting
  PRISTIQ. Caution should be exercised in treating patients with pre-existing hypertension, cardiovascular
  or cerebrovascular conditions that might be compromised by increases in blood pressure. Cases of
  elevated blood pressure requiring immediate treatment have been reported. For patients who experience
  a sustained increase in blood pressure, either dose reduction or discontinuation should be considered.
- SSRIs and SNRIs, including PRISTIQ, may increase the risk of bleeding events. Concomitant use of aspirin, NSAIDs, warfarin, and other anticoagulants may add to this risk.

- The pupillary dilation that occurs following use of many antidepressant drugs including PRISTIQ may trigger an angle closure attack in a patient with anatomically narrow angles (Angle Closure Glaucoma) who does not have a patent iridectomy.
- PRISTIQ is not approved for use in bipolar depression. Prior to initiating treatment with an antidepressant, patients should be adequately screened to determine the risk of bipolar disorder.
- PRISTIQ should be used cautiously in patients with a history or family history of mania or hypomania or with a history of seizure disorder.
- On discontinuation, adverse events, some of which may be serious, have been reported with PRISTIQ and other SSRIs and SNRIs. Abrupt discontinuation of PRISTIQ has been associated with the appearance of new symptoms. Patients should be monitored for symptoms when discontinuing treatment. A gradual reduction in dose rather than abrupt cessation is recommended whenever possible.
- Hyponatremia may occur as a result of treatment with SSRIs and SNRIs, including PRISTIQ. Discontinuation
  of PRISTIQ should be considered in patients with symptomatic hyponatremia.
- Interstitial lung disease and eosinophilic pneumonia associated with venlafaxine (the parent drug of PRISTIQ) therapy have been rarely reported.

#### **Adverse Reactions**

 The most commonly observed adverse reactions in patients taking PRISTIQ vs placebo for MDD in shortterm fixed-dose premarketing studies (incidence >5% and at least twice the rate of placebo in the 50-mg dose group) were nausea (22% vs 10%), dizziness (13% vs 5%), hyperhidrosis (10% vs 4%), constipation (9% vs 4%), and decreased appetite (5% vs 2%).

#### ndication

PRISTIQ Extended-Release Tablets are indicated for the treatment of major depressive disorder in adults.

References: 1. Thase ME, Kornstein SG, Germain JM, Jiang Q, Guico-Pabia C, Ninan PT. An integrated analysis of the efficacy of desvenlafaxine compared with placebo in patients with major depressive disorder. CNS Spectr. 2009;14(3):144-154. 2. Clayton AH, Kornstein SG, Rosas G, Guico-Pabia C, Tourian KA. An integrated analysis of the safety and tolerability of desvenlafaxine compared with placebo in the treatment of major depressive disorder. CNS Spectr. 2009;14(4):183-195.

#### Please see brief summary of full Prescribing Information on adjacent pages.

\*Eligibility required. Terms and conditions apply. Card will be accepted only at participating pharmacies. Card is not health insurance. No membership fees. The maximum savings per month is \$60 and the maximum savings per calendar year is \$720. For more information, visit www.PRISTIQ.com, call 1-855-498-3563, or write: PRISTIQ Savings Card, 14001 Weston Parkway, Suite 103, Cary, NC 27513-9967.



To learn more about PRISTIQ, go to www.pristiqhcp.com

