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**Calendar, American Journal of Psychiatry, 1000 Wilson Boulevard, Suite 1825, Arlington, VA 22209-3901, [swestrate@psych.org](mailto:swestrate@psych.org) (e-mail).**

Because of space limitations, only listings of meetings of the greatest interest to Journal readers may be included.

## OCTOBER

**October 11–12**, 15th Joint Meeting, American Academy of Psychoanalysis and Dynamic Psychiatry (AAPDP) with Organizzazione di Psicoanalisti Italiani Federazione e Registro (OPI-FER), Pisa, Italy. Contact: [info@AAPDP.org](mailto:info@AAPDP.org) (e-mail), [www.AAPDP.org](http://www.AAPDP.org) (web site).

**October 16–18**, Third International Congress on Borderline Personality Disorder and Allied Disorders (Tailoring treatments to different developmental pathways and phenomenologies), European Society for the Study of Personality Disorders

(ESSPD) with International Society for the Study of Personality Disorder (ISSPD), Rome, Italy. Contact: [borderline2014@cpo-hanser.de](mailto:borderline2014@cpo-hanser.de) (e-mail), [www.esspd.eu](http://www.esspd.eu) (web site), [www.borderline-congress.org](http://www.borderline-congress.org) (conference information).

**October 30–November 2**, 66th Institute on Psychiatric Services, San Francisco, CA. [www.psychiatry.org/ips](http://www.psychiatry.org/ips) (web site).

## FEBRUARY 2015

**February 11–15**, 20th Annual Psychopharmacology Update from.

Paris Hotel, Las Vegas, Nevada. Sponsored by The Nevada Psychiatric Association. Contact: (877) 493-0007 (phone); [www.nvpsychiatry.org](http://www.nvpsychiatry.org) (web site).

**February 16–19**, Update on Psychiatry: Continuing a Proud 23 Year Tradition. JW Marriott Starr Pass Resort, Tucson, Arizona. Sponsored by: Univ. of Arizona College of Medicine, Department of Psychiatry; Arizona Psychiatric Society; Arizona Psychological Association. Contact: [uapsycon@email.arizona.edu](mailto:uapsycon@email.arizona.edu) (e-mail); (520) 626-1392 (phone); [www.psychopharm.arizona.edu](http://www.psychopharm.arizona.edu) (web site).

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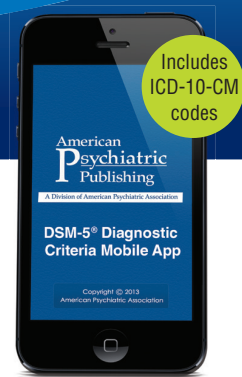
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## AJP in Advance

**The very latest research advances!**

At **AJP in Advance**, you can discover the following before their appearance in print:

### Long-Term Effectiveness of Supported Employment

Broad and sustained long-term benefits for supported employment intervention were demonstrated in severely mentally ill adults in Switzerland who were randomly assigned to either a supported employment intervention or a traditional vocational rehabilitation program, highlighting the potential utility of similar approaches for clinicians.

### Low, Moderate Dosages of Extended-Release Quetiapine in Borderline Personality Disorder

Both low-dosage and high-dosage extended-release quetiapine reduced the overall severity of borderline personality disorder symptoms when compared with placebo, but adverse events were more likely in the high-dosage group.



## AJP CME

Three articles in this issue form the basis of a short course with questions that can be answered for up to 1 *AMA PRA Category 1 Credit™* each by visiting <http://psychiatryonline.org/cme.aspx> and clicking on the "American Journal of Psychiatry" tab.

CME credit is issued only online, and a paid subscription to AJP CME course program is required. This month's courses appear on pages 1135–1138.



Audio and Video

## Have You Heard?

With AJP Audio you can listen to highlights of this issue. This month, Executive Editor Michael Roy discusses relapse prevention in pediatric depression with sequential fluoxetine and CBT, the risk of a mania switch in bipolar depression treated with antidepressant monotherapy versus an antidepressant plus mood stabilizer, adverse neuropsychiatric effects of glucocorticoid medications, the patient-therapist relationship in psychotherapy, long-term outcomes of psychodynamic therapy and CBT in social anxiety disorder, and the case of a man in Cambodia with seizures, anorexia, and depression. Also, visit the online edition of this month's Journal and click "In This Issue" to view a video of Deputy Editor Daniel S. Pine, M.D., presenting highlights from the issue.



## Revisit the field's rich history!

### 50 years ago this month: Alaska Earthquake

A first-hand account of the aftermath of the Great Alaskan Earthquake, from the Alaska Psychiatric Institute in Anchorage. The well-built hospital structure suffered power and water outages, but no major damage. "Our nurses promptly put the patients to work, which as everyone knows is the best way of preventing panic and fear." Aftershocks, some of them severe, continued for weeks.

### 125 years ago this month: Cerebral Localization

"It is well in our specialty, from time to time to review the immediate past history of each of its branches, so constant is the progress in the study of mental diseases." The author reviews the state of knowledge about cerebral localization, as gleaned from anatomical study, animal studies, autopsies, clinical correlation, and brain surgery.

# The Residents' JOURNAL

## THE AMERICAN JOURNAL OF PSYCHIATRY RESIDENTS' JOURNAL

August 2014

Volume 9

Issue 8

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### In This Issue



In this issue of the *Residents' Journal*, Nathan Bruce, D.O., and Rohit Madan, M.D., discuss the clinical features of REM sleep behavior disorder, how it is diagnosed, and treatment options. In a treatment in psychiatry article, Arundhati Undurti, M.D., Ph.D., provides data on the evaluation and management of agitation and aggression in patients with traumatic brain injury. In a case report, Kristin V. Escamilla, M.D., and Isela A. Werchan, M.D., discuss the benefits of a preoperative dose of olanzapine administered to a patient with a history of postoperative delirium. Maria J. Julius Costa, M.D., reports on a case of successful continuation of an ECT course following tardive spontaneous seizure in a patient with major depressive disorder. Suni Jani, M.D., M.P.H., comments on her experience as a psychiatry resident visiting families with children with developmental disabilities in India, the cumulative global impact of mental disorders, and the state of global psychiatry. In a film review, Natasha D. Smith, M.D., M.P.H., discusses *The Perks of Being a Wallflower* and how such movies can help reduce the stigma of adolescent mental illness.

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## Cover picture

*Good Grief* (2008, acrylic on board).  
Neil Shah (b. 1985)

Dr Neil Shah is a psychiatry trainee working in East London. He has won awards for his artwork. He writes of this painting: 'Grief should be experienced naturally and should not be medicalised. It is a natural process; thus it is 'good' to grieve. The bold colours in the picture serve to challenge the negative stigma associated with grief. I wanted the piece to be attractive and to demonstrate that grieving people should not be ostracised. The two faces with contrasting colours represent the different aspects of grief. The distorted shapes are meant to illustrate that grief does not always follow a set course. Ultimately, I think that patients experiencing grief should do so naturally and be allowed to recover without the need for medication'.



We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).