

Books Received

The following books are presented here as a service to our readership to alert them of new titles and as a courtesy to those who have sent copies of these books to the Journal office.

- The American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia**, by the American Psychiatric Association. American Psychiatric Association Publishing, 2016, 218 pp., \$65.00 (paper).
- A Spectrum Approach to Mood Disorders: Not Fully Bipolar But Not Unipolar—Practical Management**, by James Phelps. W.W. Norton and Company, 272 pp., \$24.08 (hardback).
- Be Your Own Brand of Sexy: A New Sexual Revolution for Women**, by Susan L. Edelman, M.D. Options Press, 2016, 264 pp., \$22.95 (paper).
- Treatment Plans and Interventions for Obsessive-Compulsive Disorder**, by Simon A. Rego. Guilford Press, 2016, 222 pp., \$35.00 (paper).
- Acute Stress Disorder: What It Is and How to Treat It**, by Richard A. Bryant. Guilford Press, 2016, 338 pp., \$45.00 (hardback).
- Spirituality and Narrative in Psychiatric Practice: Stories of Mind and Soul**, Christopher C.H. Cook, Andrew Powell, and Andrew Sims, eds. RCPsych Publications, 2016, 204 pp., \$60.00 (paper).
- Behaving: What's Genetic, What's Not, and Why Should We Care?** by Kenneth F. Schaffner. Oxford University Press, 2016, 304 pp., \$74.00 (hardback).
- Rumination-Focused Cognitive-Behavioral Therapy for Depression**, by Edward R. Watkins. Guilford Press, 2016, 360 pp., \$45.00 (hardback).
- Tareen's Understanding Psychiatry, 3rd ed.**, Tanvir Ahmad Rana, ed. Paramount Books (PVT) Ltd., 2016, 364 pp., \$6.63 USD (paper).
- Ordinarily Well: The Case for Antidepressants**, by Peter D. Kramer. Farrar, Straus, and Giroux, 2016, 336 pp., \$27.00 (hardback).
- Mind: A Journey to the Heart of Being Human**, by Daniel J. Siegel, M.D. W.W. Norton and Company, 2016, 288 pp., \$26.99 (hardback).
- The Agony and Ecstasy of the Bipolar Mind: Old and New Healing Methods That Give Hope to All Humanity**, by Joy A. Paz. West Bow Press, 2013, 150 pp., \$13.95 (paper).