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In This Issue

A36

Perspectives

Editorials

- 1301 **Approaching the Challenge of Bipolar Depression: Results From STEP-BD**
Stephen M. Strakowski
- 1304 **A Developmental Perspective on the Controversy Surrounding the Use of SSRIs to Treat Pediatric Depression**
James F. Leckman and Robert A. King **Audio**
- 1307 **Depression and Coronary Heart Disease: More Pieces of the Puzzle**
Robert M. Carney and Kenneth E. Freedland **Audio**
- 1310 **Aripiprazole: What Is the Role of Dopamine D₂ Receptor Partial Agonism?**
Robert M. Kessler
- 1313 **Issues for DSM-V: How Should Obsessive-Compulsive and Related Disorders Be Classified?**
David Mataix-Cols, Alberto Pertusa, and James F. Leckman

Commentary

- 1315 **Psychiatrists, Mental Illness, and Violence**
Robert Freedman, Randal Ross, Robert Michels, Paul Appelbaum, Larry Siever, Renee Binder, William Carpenter, Susan Hatters Friedman, Phillip Resnick, and Jerrold Rosenbaum

Images in Neuroscience

- 1318 **Huntington's Disease: Getting Closer**
J. Timothy Greenamyre

Reviews and Overviews

- 1319 **Delayed-Onset Posttraumatic Stress Disorder: A Systematic Review of the Evidence**
Bernice Andrews, Chris R. Brewin, Rosanna Philpott, and Lorna Stewart

Introspections

- 1327 **The Pencil Is Mightier Than the Sword**
Samuel G. Siris

Treatment in Psychiatry

- 1329 **Antidepressant Use in the Postpartum Period: Practical Considerations**
Jennifer L. Payne **CME**

Clinical Case Conference

- 1333 **Alternative Perspectives on Psychodynamic Psychotherapy of Borderline Personality Disorder: The Case of "Ellen"**
John G. Gunderson, with Anthony Bateman and Otto Kernberg

New Research

Articles

- 1340 **Intensive Psychosocial Intervention Enhances Functioning in Patients With Bipolar Depression: Results From a 9-Month Randomized Controlled Trial**
David J. Miklowitz, Michael W. Otto, Ellen Frank, Noreen A. Reilly-Harrington, Jane N. Kogan, Gary S. Sachs, Michael E. Thase, Joseph R. Calabrese, Lauren B. Marangell, Michael J. Ostacher, Jayendra Patel, Marshall R. Thomas, Mako Araga, Jodi M. Gonzalez, and Stephen R. Wisniewski **Audio**
- 1348 **Adjunctive Antidepressant Use and Symptomatic Recovery Among Bipolar Depressed Patients With Concomitant Manic Symptoms: Findings From the STEP-BD**
Joseph F. Goldberg, Roy H. Perlis, S. Nassir Ghaemi, Joseph R. Calabrese, Charles L. Bowden, Stephen Wisniewski, David J. Miklowitz, Gary S. Sachs, and Michael E. Thase **CME Audio**
- 1356 **Early Evidence on the Effects of Regulators' Suicidality Warnings on SSRI Prescriptions and Suicide in Children and Adolescents**
Robert D. Gibbons, C. Hendricks Brown, Kwan Hur, Sue M. Marcus, Dulal K. Bhaumik, Joëlle A. Erkens, Ron M.C. Herings, and J. John Mann **Audio**
- 1364 **Familial Pathways to Early-Onset Suicidal Behavior: Familial and Individual Antecedents of Suicidal Behavior**
Nadine M. Melhem, David A. Brent, Melissa Ziegler, Satish Iyengar, David Kolko, Maria Oquendo, Boris Birmaher, Ainsley Burke, Jamie Zelazny, Barbara Stanley, and J. John Mann **Audio**

Volume 164

Number 9

September 2007

1371 Nonresponse to Treatment for Depression Following Myocardial Infarction: Association With Subsequent Cardiac Events

Peter de Jonge, Adriaan Honig, Joost P. van Melle, Aart H. Schene, Astrid M.G. Kuyper, Dorien Tulner, Annique Schins, Johan Ormel, and The MIND-IT Investigators **CME Audio**

1379 Association of a Serotonin Transporter Polymorphism (5-HTTLPR) With Depression, Perceived Stress, and Norepinephrine in Patients With Coronary Disease: The Heart and Soul Study

Christian Otte, Jeanne McCaffery, Sadia Ali, and Mary A. Whooley **Audio**

1385 Differences in PTSD Prevalence and Associated Risk Factors Among World Trade Center Disaster Rescue and Recovery Workers

Megan A. Perrin, Laura DiGrande, Katherine Wheeler, Lorna Thorpe, Mark Farfel, and Robert Brackbill **Audio**

1395 Effectiveness of a Mental Health Court in Reducing Criminal Recidivism and Violence

Dale E. McNiel and Renée L. Binder

1404 Adjunctive Treatment With a Dopamine Partial Agonist, Aripiprazole, for Antipsychotic-Induced Hyperprolactinemia: A Placebo-Controlled Trial

Joo-Cheol Shim, Jae-Goo K. Shin, Deanna L. Kelly, Do-Un Jung, Young-Soo Seo, Kwang-Hyeon Liu, Ji-Hong Shon, and Robert R. Conley **Audio**

1411 Differential Effects of Aripiprazole on D₂, 5-HT₂, and 5-HT_{1A} Receptor Occupancy in Patients With Schizophrenia: A Triple Tracer PET Study

David Mamo, Ariel Graff, Romina Mizrahi, C.M. Shammi, Françoise Romeyer, and Shitij Kapur **Audio**

1418 Regional Cortical Thinning in Subjects With Violent Antisocial Personality Disorder or Schizophrenia

Veena M. Narayan, Katherine L. Narr, Veena Kumari, Roger P. Woods, Paul M. Thompson, Arthur W. Toga, and Tonmoy Sharma

1428 Morphology of the Cerebral Cortex in Preclinical Huntington's Disease

Peg Nopoulos, Vincent A. Magnotta, Ania Mikos, Henry Paulson, Nancy C. Andreasen, and Jane S. Paulsen

Initiation of Methamphetamine Abuse During Interferon Treatment

Isolated Adrenocorticotropic Hormone Deficiency Presenting With Delirium

Brugada Syndrome in a Patient Treated With Lithium

Book Forum

1442 *Essentials of Psychosomatic Medicine*, reviewed by Cynthia M.A. Geppert

Psychiatric Disorders and Diabetes Mellitus, reviewed by Dan Haupt

Monkeyluv: And Other Essays on Our Lives as Animals, reviewed by Mark F. Lenzenweger

The Brain and Behavior: An Introduction to Behavioral Neuroanatomy, Second Edition, reviewed by Bruce Turetsky

Recovery From Schizophrenia: An International Perspective. A Report of the WHO Collaborative Project, the International Study of Schizophrenia, reviewed by Richard Warner

1446 Books Received

APA Official Actions

1447 Reports to the Membership

Other Items of Interest

1454 Continuing Medical Education

A6 How to Activate Your Online Subscription

A7 *The British Journal of Psychiatry* contents (August 2007)

A8 Calendar

A25 Officers of the American Psychiatric Association

A27 Residents' Journal

A28 *Psychological Medicine* contents (August 2007)

A54 Index to Advertisers

Cover

Bipolar Depression and Family Support, by Mary Yaeger. Yaeger is an artist and illustrator who combines elements from medieval illuminated manuscripts with contemporary imagery and themes. For more of her work visit www.maryyaeger.com. This issue features findings from the Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD). Miklowitz et al. (p. 1340) found that intensive family or individual psychosocial interventions improve functioning in patients with bipolar depression. Goldberg et al (p. 1348) report that adjunctive antidepressant treatment does not improve the likelihood or speed of recovery among patients with bipolar depression and concomitant manic symptoms.



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Communications and Updates

Letters to the Editor

1435 Compulsive Hoarding and OCD: Two Distinct Disorders?

Aripiprazole-Induced Tardive Dyskinesia: The Role of Tamoxifen

Paradoxical Motor Syndrome Following a Switch From Atypical Neuroleptics to Aripiprazole

Understanding Schizophrenia

Restarting Clozapine Treatment During Ablation Chemotherapy and Stem Cell Transplant for Hodgkin's Lymphoma

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