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Official Journal of the American Psychiatric Association

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Clinical Guidance: Results of currently available pharmacogenomic tests for mental disorders lack robust, controlled data to support their purported therapeutic recommendations. Results from these tests may be sometimes misleading or even harmful.

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925 A Muslim Graduate Student From Sudan Trapped by the Travel Ban

Rania Awaad, M.D.

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Stefan Leucht, M.D., et al.

Clinical Guidance: Drug trials over six decades confirm the efficacy of antipsychotics, but only about one-fourth of patients have a “good” response to them. Differences between active drug and placebo have grown smaller over time, but the change is due to increasing placebo response; drug response has remained stable.

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Christiane Steinert, Ph.D., et al. EDITORIAL • CME • AUDIO • VIDEO

Clinical Guidance: The effects of psychodynamic therapy on target symptoms are equivalent to those of cognitive-behavioral therapy in depression and several other psychiatric disorders. Psychodynamic therapy provides an evidence-supported alternative when other treatment is inadequate.

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954 The Protective Effect of Pregnancy on Risk for Drug Abuse: A Population, Co-Relative, Co-Spouse, and Within-Individual Analysis

Kenneth S. Kendler, M.D., et al. EDITORIAL • AUDIO

Clinical Guidance: Drug abuse substantially declines in many pregnant women, and the association appears to be causal. Similar protective effects are present in the immediate postpartum period.

963 Genetic Heterogeneity in Depressive Symptoms Following the Death of a Spouse: Polygenic Score Analysis of the U.S. Health and Retirement Study

Benjamin W. Domingue, Ph.D., et al. VIDEO

Clinical Guidance: Genetic predisposition can buffer against depressive symptoms following death of a spouse. Older adults with a higher genetic propensity for subjective well-being, or a lower genetic propensity for depression, have fewer depressive symptoms after their spouse's death.

971 State-Independent and Dependent Neural Responses to Psychosocial Stress in Current and Remitted Depression

Qingsen Ming, M.D., Ph.D., et al.

Clinical Guidance: Stress in patients with remitted depression induces some of the same brain dysfunctions that occur in patients with current depression. State-dependent compensatory mechanisms are suggested by dorsolateral prefrontal cortex and bilateral striatum hyperactivation in remitted, but not current, depression.

980 Premenstrual Dysphoric Disorder Symptoms Following Ovarian Suppression: Triggered by Change in Ovarian Steroid Levels But Not Continuous Stable Levels

Peter J. Schmidt, M.D., et al. EDITORIAL • AUDIO

Clinical Guidance: Symptoms of premenstrual dysphoric disorder (PMDD) occur when estradiol and progesterone levels change from low to high, but not with continuously high levels. Thus, PMDD symptoms may respond to treatment strategies that attenuate changes in ovarian steroid levels, such as continuous oral contraceptive or dutasteride.

990 Mortality and Self-Harm in Association With Clozapine in Treatment-Resistant Schizophrenia

Theresa Wimberley, Ph.D., et al. EDITORIAL • CME • AUDIO

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Article content that addresses **Core Competencies**, defined by the Accreditation Council of Graduate Medical Education and the American Board of Medical Specialties, is indicated by the following symbols:

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*(This issue's Table of Contents are available in Spanish)
(Abstracts are also available in Spanish)*

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AUDIO Highlighted in AJP Audio, a downloadable .mp3 file available at ajp.psychiatryonline.org

CME A course covering the content of this article is available online for paid subscribers to the AJP CME Course program

EDITORIAL Discussed in one of the issue's editorials

VIDEO Highlighted online by Deputy Editor Daniel S. Pine, M.D.

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AJP in Advance

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The 20-Year Longitudinal Trajectories of Social Functioning in Individuals With Psychotic Disorders

Poorer social functioning across the 20 years after first admission for a psychotic disorder was associated with other unfavorable real-world outcomes. Psychotic mood disorders had better social functioning overall than schizophrenia spectrum disorders. Differences in social functioning were similar in childhood.

Rare Genome-Wide Copy Number Variation and Expression of Schizophrenia in 22q11.2 Deletion Syndrome

Schizophrenia risk in 22q11.2 deletion syndrome is associated with additional rare copy number variations outside the 22q11.2 deletion region, supporting a multigenic hypothesis for schizophrenia.



AJP CME

Earn CME credit: 3 courses per issue

This month's courses appear on pages 1023–1026. Each short course is based on one article in this issue and can earn up to 1 *AMA PRA Category 1 Credit*[™]. CME credit is issued only **online**, and a paid subscription to AJP's CME course program is required.

Visit psychiatryonline.org/cme and click on the "American Journal of Psychiatry" tab.



AJP Multimedia

Access Audio or Video for highlights of each issue

In AJP Audio this month, Deputy Editor Susan K. Schultz, M.D., discusses the efficacy of psychodynamic therapy, the protective effect of pregnancy on the risk for drug abuse, the relation of ovarian hormone levels to symptoms in premenstrual dysphoric disorder, rates of mortality and self-harm in patients taking clozapine, and pharmacogenomic testing in psychiatry.

In this month's video, Deputy Editor Daniel S. Pine, M.D., discusses the articles "Psychodynamic Therapy: As Efficacious as Other Empirically Supported Treatments? A Meta-Analysis Testing Equivalence of Outcomes" and "Genetic Heterogeneity in Depressive Symptoms Following the Death of a Spouse: Polygenic Score Analysis of the U.S. Health and Retirement Study."



History of Psychiatry

Revisit the field's rich history through the pages of AJP

100 years ago this month: "A Wider Field of Activity for the Association"

In the October 1917 issue, Dr. James V. May and others discuss an expanding role for APA. Among other things, Dr. May argues that "the Association should be the most powerful factor in the country in obtaining state recognition of the needs of the insane, in fostering legislation which will prevent political interference with the hospitals, and in bringing the standards of care up to the high plane represented by ideals kept constantly before the public by this organization since its foundation in 1844."



The Residents' JOURNAL

The American Journal of Psychiatry Residents' Journal

September 2017

Volume 12

Issue 9

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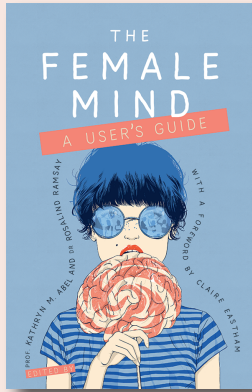
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Quality Books from RCPsych Publications

The Female Mind: A User's Guide

Edited by Kathryn M. Abel and Rosalind Ramsay



What does it mean to be a woman in the modern world? How does our understanding of the different roles and expectations placed on women affect us in our day-to-day life and interactions? And what to do if it all becomes just a bit too much...?

The editors of *The Female Mind: A User's Guide* have asked their colleagues, women and men, from various healthcare professions and women with lived experience of mental illness to attempt to answer those questions. What emerged is a guide of 35 chapters that empowers women in navigating the different states, emotions and conversations around their mental health, and enables men to understand what life might

be like for their sisters, partners and friends. The book's diverse range of topics spans anxiety, motherhood, eating disorders, what it means to grow up as a woman, and living positively with mental illness. It gives helpful tips and lists useful resources, and draws on a wide number of incredible stories from women's lives, from teenagers to mature women, and includes inspirational accounts from women who lead satisfying lives despite sometimes struggling with mental illness.

In her foreword to the book, Claire Eastham, the popular mental health blogger behind *We're All Mad Here*, calls it 'a friendly guided tour of a woman's brain'. We hope it will become just that to all who read it.

Relevant for: anyone interested in women's mental health.

Sep 2017, paperback, 260 pages, ISBN 978-1-909726-80-2, price \$27.98

Where There Is No Psychiatrist A Mental Health Care Manual (2nd edn)

Vikram Patel and Charlotte Hanlon

Mental health problems profoundly affect the quality of life, physical health and livelihoods of people all around the world. This is the second edition of one of the most widely used practical manuals of mental health care for general health workers, particularly those in low- and middle-income countries and low-resource settings of high-income countries.

Following an introduction to mental ill health, the book describes over 30 clinical problems and uses a problem-solving approach to guide readers through their assessment and management. It examines the mental health issues associated with particular settings and how to integrate mental health care with other activities in these settings, such as in refugee camps and schools.

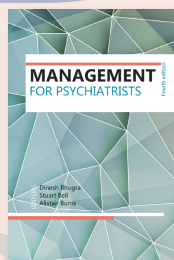
Some chapters in the manual can be personalised for the reader's own location and situation. The book contains many illustrations, case studies and other helpful resources.

Relevant for: anyone who works in a healthcare environment, but who does not have specialist training in mental health problems.

Oct 2017, paperback, 282 pages, ISBN 978-1-909726-83-3, price \$20

Management for Psychiatrists (4th edn)

Edited by Dinesh Bhugra, Stuart Bell and Alistair Burns



This is a practical guide to the complex world of management in psychiatric practice and covers the various skills necessary for running services, plus personal development skills.

Relevant for: advanced trainees and new consultants.

Sep 2016, paperback, 544 pages, ISBN 978-1-909726-65-9, price \$90

The Drug Conversation How to Talk to Your Child About Drugs

Owen Bowden-Jones



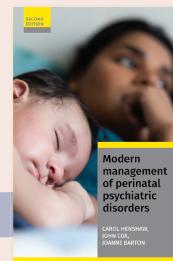
An essential guide for parents about how to raise the thorny issue of drugs with their children. It will help you begin a useful conversation about drugs with your child.

Relevant for: all parents will need this book at some stage.

May 2016, paperback, 180 pages, ISBN 978-1-909726-57-4, price \$25.98

Modern Management of Perinatal Psychiatric Disorders (2nd edn)

Carol Henshaw, John Cox and Joanne Barton



This is a comprehensive overview of mental health problems associated with pregnancy and the year after delivery. The second edition has been updated to reflect current practice, recent evidence and new clinical guidelines.

Relevant for: all psychiatrists and other healthcare professionals who work with pregnant women or new mothers.

April 2017, paperback, 320 pages, ISBN 978-1-909726-77-2, price \$70

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APA Seeks Editor-in-Chief for The American Journal of Psychiatry

The American Psychiatric Association (APA) is seeking applicants for the position of Editor of its official journal, *The American Journal of Psychiatry*. The current Editor concludes his final term on December 31, 2018.

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Applicants must be APA members with significant publishing and editorial experience.

Applications are due to the Search Committee by **November 1, 2017**. Candidates should submit their curriculum vitae and a cover letter outlining their vision for *The American Journal of Psychiatry* and their qualifications to realize this vision. Application materials should be sent by e-mail to the Search Committee c/o the journal's Executive Editor, Michael Roy (mroy@psych.org).

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